

Young People and Self-harm

Date: Friday 25 April 2008

Venue: Manchester Conference Centre, University of Manchester

Brochure code:

1 2 3 4 5 6 7 8 9

Please provide this code when making your booking over the phone

How to book:

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Post this form to: FREEPOST RLuz-ATEU-RYUZ, Pavilion, Richmond House, Richmond Road, Brighton, BN2 3RL

Your details

(please complete this section for each delegate. Photocopies are acceptable)

Dr Mr Mrs Ms (Please circle) Other:

First name:

Surname:

Job title:

Department:

Organisation:

Address:

Postcode:

Tel: Fax:

Email:

I am wheelchair user I require a vegetarian meal I require a hearing loop

Please state any other requirements:

I agree to the terms and conditions as stated at the bottom of this page

Name:

Signed:

Date:

Workshop sessions

Please indicate below which two workshops you would like to attend:

	1st choice	2nd choice
2.15pm (A-F)	<input type="checkbox"/>	<input type="checkbox"/>
3.15pm (A-F)	<input type="checkbox"/>	<input type="checkbox"/>

What best describes your current position?

- | | |
|---|---|
| <input type="checkbox"/> CE/Director/Commissioner | <input type="checkbox"/> Trainer/HR |
| <input type="checkbox"/> Manager | <input type="checkbox"/> Student |
| <input type="checkbox"/> Practitioner/Frontline staff | <input type="checkbox"/> Academic |
| <input type="checkbox"/> Social worker | <input type="checkbox"/> Carer |
| <input type="checkbox"/> Clinician | <input type="checkbox"/> Person who uses services |
| | <input type="checkbox"/> Other |

Venue

ORT House Conference Centre,
126 Albert Street, London,
NW1 7NE

(a map of the venue will be sent with confirmation of your booking)

Date

Friday 25 April 2008

Conference fees

The fee includes lunch, refreshments and conference materials. Please note accommodation is not included.

Conference papers

Conference papers will be sent out a week after the conference, please fill in the 'Your details' section.

Group discount

Group discounts are available, please call 0870 890 1080 for more information.

Free bursaries for people who use services and unwaged carers are available on application to the address above.

Confirmation of booking

When booking, please wait for written confirmation before arranging travel.

Accommodation required?

Contact: andthekitchensink. Tel: 0845 2255807 or email: enquiries@andthekitchensink.com and quote 'Pavilion'.

Terms and conditions

Cancellation and refund policy

All cancellations will be subject to a £50 administration fee, if received in writing by 11/04/08. We regret that any cancellations after this date cannot be refunded, but substitute delegates are welcome at any time.

Payment

30 days either from date of invoice or before the conference (whichever sooner). Payment must be received prior to the conference.

Delegate rates

(For group rates and bursary places please see terms and conditions.)

Book by 7 March 2008 to get the early bird offer SAVE 15%

	Early bird	Standard	Quantity
<input type="checkbox"/> Public sector/educational/charity/NHS/local gov/voluntary orgs	<input type="checkbox"/> £216 + VAT (Total £253.80)	<input type="checkbox"/> £255 + VAT (Total £299.63)	<input type="checkbox"/>
<input type="checkbox"/> Central gov/private orgs	<input type="checkbox"/> £250 + VAT (Total £293.75)	<input type="checkbox"/> £295 + VAT (Total £346.63)	<input type="checkbox"/>
<input type="checkbox"/> Unwaged/student/small voluntary orgs	<input type="checkbox"/> £165 + VAT (Total £193.88)	<input type="checkbox"/> £195 + VAT (Total £229.13)	<input type="checkbox"/>
<input type="checkbox"/> Conference papers	£55 + VAT (Total £64.63)		<input type="checkbox"/>
<input type="checkbox"/> Marketing code:	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>		<input type="checkbox"/>

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We may also make your details available to carefully screened organisations working in the health and social care field. If you DO NOT wish to receive information from these companies, please tick here:

Pavilion reserves the right to make changes to the programme, speakers or venue should this become necessary.

Pavilion in partnership with Affinity Healthcare and BASW presents:

Affinity Healthcare

The Cheadle Royal Hospital Group



Young People and Self-harm

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Friday 25 April 2008

Venue:

Manchester Conference Centre, University of Manchester



Young People and Self-harm



About the conference

The mental health and well being of young people is a major focus of the work of the new Department for Children, Schools and Families. Ed Balls the Secretary of State has made it a priority following several national and international research projects that have raised concerns about the mental health of young people in the UK.

The use of self-harm as a way of dealing with mental ill health amongst young people has increased significantly and is now a common theme of all types of programme for teenagers. This conference will examine the government's agenda for the development of CAMHS teams and services to support young people who self harm and their families. The plenary sessions and workshops will discuss different approaches to managing self harm and encouraging recovery.

Given that involving young people in the services they use is a tenet of policy the conference will also include substantial input from young people themselves allowing delegates to hear first hand about the challenges young people face and the breakthrough they achieve.

Aims of the conference

The conference will allow delegates to:

- understand the government's approach to the mental health of young people
- hear from young people about their experiences to help shape future decision making
- connect with the projects operating to develop Child and Adolescent Mental Health Teams
- learn about different therapeutic approaches to working with young people who self harm.

About Affinity Healthcare

Affinity Healthcare operates two growing hospitals, Cheadle Royal Hospital near Manchester Airport and Middleton St George Hospital in Darlington, and provides a full range of complex mental health services to the NHS. Following significant investment and service need discussions with referrers and purchasers, we are developing both hospital sites to provide a whole system pathway of care for patients with mental health problems.

Providing high quality, outcome-driven care is central to everything we do.

Services currently include:

- Young People's Services
- Male-only Psychiatric Intensive Care
- Female-only Psychiatric Intensive Care
- Rehabilitation in a 'step-down intensive' therapeutic environment for men
- Low Secure Rehabilitation
- Female specific rehabilitation and complex care
- Forensic Low Secure services
- Eating Disorders Services
- Primary Care Therapy Services
- Dual Diagnosis Service

Who should attend?

- Members of CAMHS teams
- Social workers working with children's services and providers of services to children and families
- Managers from children's services
- Commissioners of residential services
- School teachers and staff responsible for pastoral care

Following support by Affinity Healthcare, we are pleased to announce that a number of bursaries will be available. Please apply in writing to Pavilion.

Programme

9.30am Registration

10.00am **Welcome and introduction from the chair**
Catherine Jackson Editor, *Mental Health Today*

10.10am **Promoting the mental well-being of children and young people: the government's objective**
Ed Balls Secretary of State, Department for Children, Families and Schools (invited)

10.40am **What young people want!**
Presentation by young people from 42nd Street, a Manchester-based voluntary sector youth support organisation

11.10am **What services are available to young people who self-harm?**
An overview of general and specialist provision in the NHS, independent and voluntary sectors **Dr David Kingsley** Consultant Adolescent Psychiatrist Affinity Healthcare

11.40am Refreshments

12.00noon **The role of group work – the Assist Trial: research and results**
Dr Alison Wood Consultant Adolescent Psychiatrist Bolton, Salford and Trafford NHS Trust

12.20pm **Introducing Dialectical Behaviour Therapy (DBT) as a therapeutic approach**
Dr Michaela Swales Clinical Psychologist University of Bangor and Cedar Court

12.40pm **Developing CAMHS teams – Department of Health project**
North west regional leads on CAMHS, Care Service Improvement Partnership

1.00pm **Questions**

1.15pm Lunch

2.15pm **Workshops** (selection of 6)

A An overview of therapeutic approaches
Dr Louise Ementon-Shaw Affinity Healthcare

B Group work with young people
Dr Alison Wood Bolton, Salford and Trafford NHS Trust

C How use DBT in practice
Dr Michaela Swales University of Bangor and Cedar Court

D Providing non-stigmatising services and involving young people
Presented by 42nd street

E Home treatment – supporting families to manage self-injurious behaviour in the community
Toby Biggins Cheshire and Wirral Partnership NHS Trust

F An experience of working with young people who self-harm in a residential care setting
Chris Taylor Family Care Associates

3.00pm Refreshments

3.15pm **Workshops**

4.15pm Close

Unable to attend?

Conference papers, as presented to the delegates on the day, are available on CD-ROM after the conference for £55 + VAT. This useful reference will include: available speakers' papers, speakers' biographies and any additional inserts.

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A flexible training resource that will provide you with the skills, knowledge and experience needed when working with people who self-harm.

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About Pavilion

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Promotional opportunities

For more information about promotional opportunities at this conference, such as exhibiting and including your promotional materials in the conference delegate packs, please contact:
Graham Hoare Customer Relationships Manager, Pavilion



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