Parents with Learning Disabilities

Resources, further Reading and useful organisations

May 2007

With thanks to Jenny Morris and Beth Tarleton for permission to use listings from publications and research in which they have been involved.

1. Resources

Websites

The *Valuing People* website has a section on parents with learning disabilities and contains a number of resources and useful links: valuingpeople.gov.uk/dynamic/valuingpeople115.jsp

The Working Together with Parents Network is a network of:

- parents and carers with learning disabilities
- professionals working with people with learning disabilities
- statutory and voluntary organisations
- other individuals or organisations with an interest in the area

The Network aims to spread positive practice and to promote policy change, so that parents with learning disabilities and their children can get better support. Information and resources are downloadable from the website.

www.bris.ac.uk/norahfry/right-support/

Assessment Tools

Parent Assessment Manual by Sue McGaw, Kerry Keckley, Nicola Connolly and Katherine Ball.

www.cornwall.nhs.uk/specialparentingservices/patientassessmentmanual.asp

Learning Curves: The assessment of parents with a learning disability – A Manual for practitioners, by Penny Morgan and Andy Goff. Norfolk Area Child Protection Committee.

Learning Curves can be downloaded from the Norfolk LSCB website, free of charge, www.acpc.norfolk.gov.uk . A4 wirebound paper copies are available from:

Paul Shreeve (Norfolk LSCB Administrator), The Pineapple, 63 Bracondale, Norwich NR1 2EE (The cost is £8 including postage- cheques made payable to Norfolk County Council.)

Parenting Skills Resources

CHANGE publications:

Planning a Baby booklet

You and Your Baby 0-1: a practical handbook for parents with learning disabilities to have at home for them to read.

For more information contact Frances Affleck or Philipa Bragman at CHANGE (Tel: 0113 243 0202) www.changepeople.co.uk

BILD publications:

I want to be a good parent. Five illustrated booklets giving practical advice for parents with learning disabilities:

- What's it like to be a parent?
- Children need healthy food
- Children need to be clean health and warm
- Children need to be safe
- Children need love

Available from:

BILD Publications
Book Source
32 Finlas Street Cowlairs Estate Glasgow G22 5DU
08702 402 182
http://www.bild.org.uk/03books.htm

2. Further Reading

Action for Advocacy, 2006, *Quality Standards for Advocacy Schemes,* Action for Advocacy.

Adfam 2005 We Count Too: Good practice guide and quality standards for work with family members affected by someone else's drug use, London: Adfam. www.adfam.org.uk

Advisory Council on the Misuse of Drugs 2003 Hidden Harm: *Responding to the needs of children of problem drug users*. London: Home Office. http://www.drugmisuse.isdscotland.org/publications/local/hharm.full.pdf

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www.baaf.org.

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Care Services Improvement Partnership, 2006, Who's holding the baby?

Integrated health and social care child protection project.

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Commission for Social Care Inspection, 2006. Supporting Parents, Safeguarding Children: Meeting the needs of parents with children on the child protection

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Culley, L. and Genders, N., 1999. 'Parenting by people with learning disabilities: the educational needs of the community nurse' Nurse Education Today, 19(6), pp. 502-508.

Department for Education and Skills, no date. *Everything you wanted to know about pooled budgets but were afraid to ask.*

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3. Useful Organisations

Advocacy Resource Exchange (ARX)

162 Lee Valley Technopark, Ashley Road, Tottenham Hale, London N17 9LN

Tel. 020 8880 4545/4547, Mon – Fri, 9am – 5pm

www.advocacyresource.net

Website gives details of local advocacy schemes throughout the UK

British Council of Disabled People/United Kingdom's Disabled People's Council

Litchurch Plaza, Litchurch Lane, Derby DE24 8AA

Telephone 01332 295551

Textphone 01332 295581

general@bcodp.org.uk

www.bcodp.org.uk

BCODP (the United Kingdom's Disabled People's Council) is the national body representing organisations of disabled people. Local organisations that belong to BCODP are listed on the website. See the Member Groups Directory at www.bcodp.org.uk/cms/mgd/index.shtml

CHANGE

Units 19/20 Unity Business Centre 26 Roundhay Road Leeds LS7 1AB.

Tel 0113 243 0202; Fax 0113 242 0220

info@changepeople.co.uk www.changepeople.co.uk

Change is an organisation of and for people with learning difficulties and runs a

national campaign, *Fighting for our children* for parents with learning difficulties who have found it hard to find support for their parenting. CHANGE was funded by the Department for Education and Skills to produce resources aimed at parents with learning difficulties and those who work with them which are listed in the references section.

Deaf Parenting UK (DPUK)

www.deafparent.org.uk

Can be contacted via Disability, Pregnancy and Parenthood international (DPPi – see below). Deaf Parenting UK was originally the Deaf Parenting Project and part of DPPi. It has now become a registered charity providing information, exchange and support for Deaf parents and parents-to-be who use British Sign Language as their first language. DPUK also provides information to professionals about supporting Deaf parents.

Nicole Campbell
DPUK Coordinator
Deaf Parenting UK
4th Floor Charles House
375 Kensington High Street
London W14 8QH

Email: Deaf-parenting@hotmail.co.uk

Sms: 07789 027186

Disability Alliance (DA)

Universal House, 88-94 Wentworth Street, London E1

Tel 020 7247 8763 (voice and minicom) office.da@dial.pipex.com

www.disabilityalliance.org

Disability Alliance publishes the *Disability Rights Handbook*, which is updated each year. The DA website regularly produces updated information for disabled people on benefits, tax credits and community care.

Disability, Pregnancy and Parenthood international (DPPi)

Information service and DPPi Journal

National Centre for Disabled Parents, Unit F9, 89-93 Fonthill Road, London N4 3JH

Tel 020 7263 3088 (Admin)

Information service 0800 018 4730, Mon – Fri, 10am – 4pm

Textphone 0800 018 9949

office@dppi.org.uk (Office) info@dppi.org.uk (Enquiries)

www.dppi.org.uk

DPPi provides an information service to help disabled parents and professionals with enquiries. For details of current and forthcoming information sheets on a range of practical issues ring the helpline or see the website. Back copies of Disability, Pregnancy and Parenthood International Journal can be seen on website. DPPi has a reference collection of information and resources that can be seen by arrangement. Current resource projects on Deaf and visually impaired parents

Disabled Parents Network (DPN)

Tel 0870 241 0450 (helpline and general contact number)

information@DisabledParentsNetwork.org.uk

www.DisabledParentsNetwork.org.uk

Disabled Parents Network (DPN) is an organisation of and for disabled parents.

Activities include: a helpline operated by disabled parent volunteers, a web based discussion forum and regular e-bulletin. DPN members undertake consultation and training aimed at improving services to disabled parents

Equalities

Waltham Forest College, Forest Rd, London E17 4JB

Tel. 020 8527 3211

enquiries@equalitiesnational.org.uk

www.encweb.org.uk

A national organisation of disabled people and carers from black and minority ethnic communities.

Family and Parenting Institute (FPI) (previously the National Family and

Parenting Institute)

430 Highgate Studios, 53-79 Highgate Road, London NW5 1TL

Tel. 020 7424 3460

(to order an NFPI publication) 01787 249287

info@nfpi.org

www.nfpi.org/ (with a parents' section at www.e-parents.org/)

FPI carries out research, campaigns for a 'family-friendly' society and produces publications on parenting and family life.

Family Rights Group (FRG)

The Print House 18 Ashwin Street London E8 3DL

Opening Hours: Mon - Fri,

10am-12pm and 1.30pm-3.30pm

Tel 020 7923 2628

Advice line: 0800 731 1696, Mon - Fri, 10am - 12pm and 1.30pm - 3.30pm

office@frg.org.uk

www.frg.org.uk

The Family Rights Group provides advice and support for families whose children are involved with social services.

Family Welfare Association (FWA)

501-505 Kingsland Road, London E8 4AU

Tel. 020 7254 6251

fwa.headoffice@fwa.org.uk

www.fwa.org.uk

FWA run Family Centres, innovative support projects and drop-in centres for parents under pressure and with additional support needs.

Fathers Direct

Herald House, Lamb's Passage, Bunhill Row, London EC1Y 8TQ

Tel. 0845 634 1328

mail@fathersdirect.com

www.fathersdirect.com

National information centre on fatherhood. Research, campaigns, conferences and workshops.

National Centre for Independent Living (NCIL)

250 Kennington Lane, London SE11 5RD Tel. 020 7587 1663
Textphone 020 7587 1177
ncil@ncil.org.uk

www.ncil.org.uk

Campaigning and support on independent living and direct payments

Parental Mental Health and Child Welfare Network

http://www.scie.org.uk/mhnetwork/index.asp

The Parental Mental Health and Child Welfare Network is for social care and health workers who work with parents with a mental health problem or their children. It has been set up to promote joint working between adult mental health and children's services. The Network's website is a sub site of the Social Care Institute for Excellence (SCIE).

Parentline Plus

Unit 520, Highgate Studios, 53-57 Highgate Road, London NW5 1TL

Tel. Office 020 7284 5500

0808 800 2222, 24 hour

Helpline 0800 783 6783

headoffice@parentlineplus.org.uk or use the email form on the website

www.parentlineplus.org.uk

Parentline Plus runs a 24-hour helpline for parents under stress. It runs training courses for parents and professionals. It also organises telephone support groups for parents.

People First

www.peoplefirst.org.uk

People First is a local, national and international movement run by and for people with learning difficulties.

Positive Parents and Children

www.ppclondon.org.uk

PPC aims to improve the quality of life for children affected by HIV/AIDS by providing information to parents and training for people working with children. Mainly London based its services include home-based family support.

Elaine Pearson-Scott
Unit 64 Eurolink Business Centre
49 Effra Road
London SW2 1BZ
0207 338 7333
office@ppclondon.org.uk

Race Equality Foundation (formerly REU)

www.reu.org.uk

Unit 35 Kings Exchange Tileyard Rd London N7 9AH

Tel: 0207 619 6220

Fax: 0207 619 6230

The Race Equality Foundation promotes race equality in social support and social care.

Sure Start

Department for Education and Skills and Department for Work and Pensions, Level 2, Caxton House, Tothill Street, London SW1H 9NA

Enquiry Unit 0870 000 2288

info.surestart@dfes.gsi.gov.uk

www.surestart.gov.uk

Government programme for England which aims to improve outcomes for children, parents and communities.

Through the Looking Glass (TLG)

2198 Sixth Street, Suite 100, Berkeley, CA 94710-2204 USA

TLG@lookingglass.org

www.lookingglass.org

Through the Looking Glass is a centre in the United States that has done a lot of research and produced publications about adaptive equipment, services and training for families in which a child, parent or grandparent is disabled.