

How to make a 'wiggly bag'

Children who are having treatment for cancer usually have a central line lots of kids call this a wiggly. A wiggly is a tube, usually with two clips on the end, which passes into the chest and is used to give medicines and to take blood, it becomes a child's best friend as it means an end to needles.

Some children even name their wiggly – Abi called hers Tom and Jerry! It's really important that it's clean and safe so lots of children use a wiggly bag so that it doesn't get pulled and can be tucked out of the way while they get on with the important job of being children.



This picture shows Libby's central line. Kids get used to them very quickly and having one becomes a way of life.



In this picture Abi has her wiggly tucked away inside a wiggly bag, you can see the soft ribbon around her neck.

Wiggly bags are precious, they can match your outfits or have your favourite characters on them. They are also tricky to get hold of but sometimes wonderful people make some and send them to The Liberty Rose Trust, we can then pass them on to kids that need them.

You will need:

About ½ an hour to spare and some patience!

A small piece of rectangular shaped fabric measuring at least 11 inches by 6 inches (27cm by 16 cm)

Around ½ Metre of soft tape ½ inch wide (1.5cm) Do not be tempted to use ribbon as it tends to scratch the skin

Some thread, fine sewing needle or sewing machine

A few straight pins & a small safety pin

Sharp scissors

How to make:

Cut out the attached pattern and use the straight pins to secure it to your fabric. Make sure there aren't any creases in the fabric.

Remove the pattern and mark on the wrong side of the fabric the line indicated as 'A'

Still using the wrong side of the fabric facing, fold the top edge over to meet 'A' and pin in place. Stitch in place by hand or machine.

Keep the wrong side facing and fold the fabric in half along the broken line indicated as 'B'. Pin in place and stitch along the two edges marked as 'C' & 'D'.

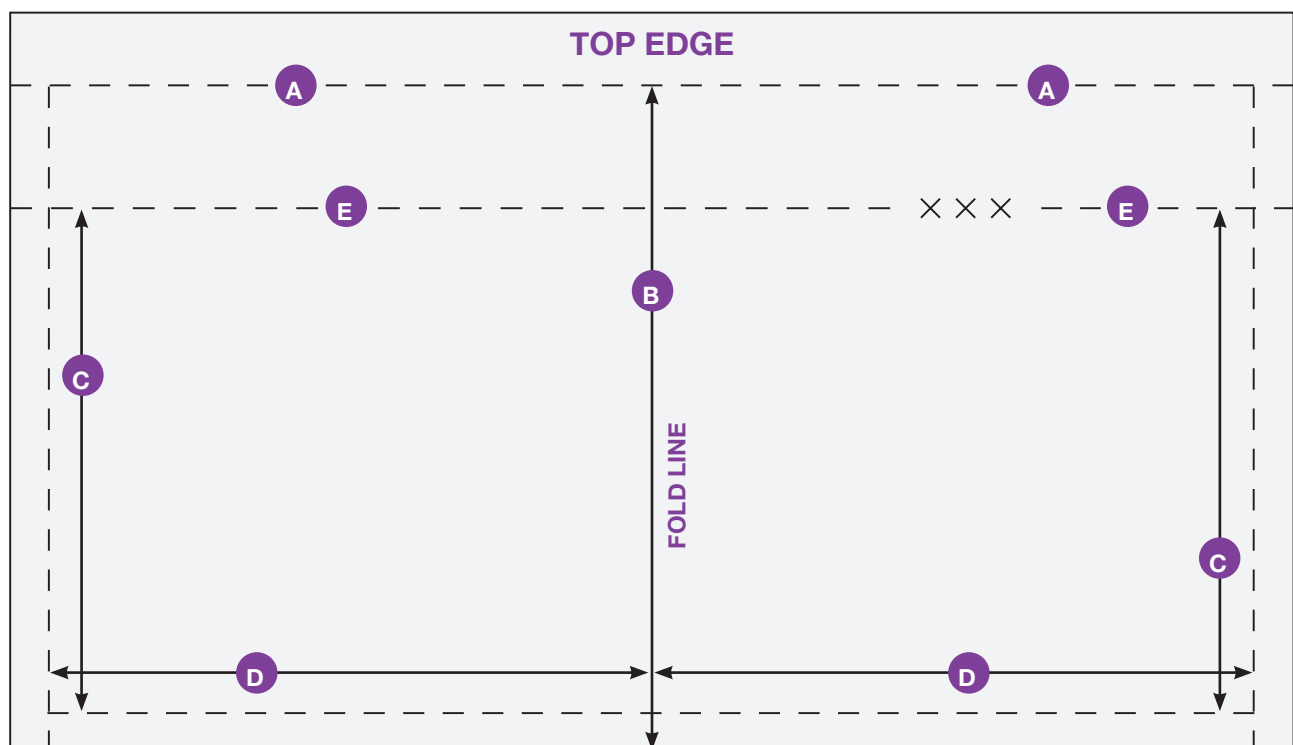
Next fold the top edge over to meet 'E' and pin in place. At the centre of one side, mark ¾ inch (1.5 cm) as shown on the pattern.

Stitch in place but leave the marked area open. It is useful to reinforce either side of the opening with an extra few stitches.

You now have a small bag, turn inside out so that the seams are inside and the patterned side of the fabric is facing.

Take the end of the tape and attach the safety pin to it.

Pass the pin through the gap you have left, using a 'push' 'pull' action, thread the tape through. Measure on the child the required length for around the neck, cut and knot the end.



----- SEWING LINE
———— CUTTING LINE
X = LEAVE OPEN TO PASS TAPE

This pattern has been created by Paula Brew using a 'wiggly bag' made by the grandma of Abigail Hill. It may be copied and shared to make bags for other children but must not be used for commercial or profit making purposes.