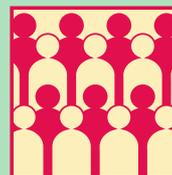


Bulletin



National
Family Carer
Network

www.familycarers.org.uk

Tel: 07747 460727

6th March 2014

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NFCN is an umbrella organisation that aims to promote the voice and rights of family carers supporting a person with a LD. Its membership comprises both organisations and individuals but we cannot be responsible at any time for the views expressed by our members unless explicitly promoted by us.

National

1. Change100 internship programme

Change100 was launched by [Leonard Cheshire Disability](#) in 2013 at the government's first ever Disability Confident conference to bring together the UK's top employers with talented disabled students.

This year they have launched their search to find talented disabled undergraduates and match them to some of the UK's leading companies as paid interns.

Change100 aims to broaden the public's understanding of what disability is, as well as highlight the fact that many disabled students are talented, ambitious, and would thrive in the business sector.

Students have until **17th March** to apply for the scheme. Successful applicants will get mentoring and guidance throughout their paid three-month placement to support them. Change100 has placements across the UK and is open to anyone with a long term health condition or disability.

For full details and to apply, please visit the Leonard Cheshire Disability [website](#). You can also email applications@change100.co.uk or call 07804 066778 for more information.

2. Personal Independence Payment Factsheets: updated

The Department for Work and Pensions has updated its collection of Personal Independence Payment factsheets.

For more details and to download the pack, please click [here](#) to visit the Gov.UK website.

3. Safe bus journey cards - First buses

First buses have produced cards for people who have a disability to use on their buses. They are called Safe Journey and Better Journey cards.

These cards let you tell the driver in a private and discreet way that you need some extra help to make your journey on the bus. They have space to add personal help information, special instructions, or details of your destination, as well as a range of options such as "I need help to count my change", "Please be patient, I have a hidden disability" and "Please wait for me to sit down". They are credit card size and come in a plastic wallet.

You can find out more and download the cards on the website [here](#), as well as find the areas in which First buses operate.

4. Easy News - latest issue

The latest issue of Easy News from [United Response](#) is now available to download via their website.

Easy News is the first newspaper designed to be accessible for people with learning disabilities. Politics and the news are often inaccessible to people with learning disabilities because of the use of jargon and difficult language. Easy News is produced every two months to highlight the top news stories in easy read format.

Click [here](#) to read the latest issue and [here](#) to find previous editions.

London

5. Joint Day of Reflection and Training with The Kairos Forum and the L'Arche

Tuesday 8th April 2014 9:30am - 4.00pm

Charterhouse, Sutton's Hospital, Charterhouse Square, London, EC1M 6AN

The aim of this event from the [The Kairos Forum](#) and the [L'Arche Community](#) is to provide people who share in the lives of people with intellectual disabilities, with reflective and inclusive skills as they accompany them through experiences of loss, death and bereavement.

The event will provide:

- Insights into palliative care which attends to the spirituality of a person
- Practical approaches which will support people as they approach their own death or experience bereavement and loss
- Stories, approaches and experiences from the L'Arche communities
- Insights from studies surrounding Theology, Spirituality and Disability

Costs: For family members and carers (Non-paid members of families or carers who share in the lives of people with intellectual disabilities): £75pp/ £50pp Earlybird*

For professionals and others £150pp/ £99pp Earlybird*

* Earlybird registration by the 8th March 2014.

Includes lunch and refreshments throughout the day.

You can find further details and book a place on the website [here](#). If you have any queries, please email d.kinsella@abdn.ac.uk.

South West

6. Home Safety Project - Hampshire

Lorraine Burton, project manager of the home safety project within Hampshire Fire and Rescue Service (HFRS), has written a blog post for [Learning Disability Today](#) to talk about how their initiative is breaking new ground to align health and social care priorities, and make fire safety for vulnerable groups a priority.

The project team plans to reduce dwelling fires and improve the current home safety service by better engaging with people known to be at risk, ensuring they are aware of the dangers and remain safe in their own homes. To do this, the team aims to work collaboratively with specialists from health, social care and safeguarding agencies who regularly come into contact with vulnerable adults. These working partnerships will allow healthcare experts to 'signpost' fire concerns to the team and address fire risk as a key priority.

You can read the full blog post on the Learning Disability Today website [here](#).

If you would like any information about the home safety project, or if you're a Hampshire resident and would like home safety advice or to make a referral, please email: community.safety@hantsfire.gov.uk.

Yorkshire and the Humber

7. Learning Disability Today Sheffield

Thursday 1st May 2014

Hillsborough Stadium, Sheffield

This exhibition is a fun and interactive way to find out all about the support available for people with learning disabilities. The event is run in association with Sheffield Council and Inclusion North so their experts will also be on hand for friendly chats and advice.

Key seminar topics include:

ASD services: access and integration

Hate crime

Housing: What is available, how to access it and how to keep it local

Health: Accessing primary care services and mental health services

Safeguarding: Working together to reduce risk

Advocacy: Working with groups and self-advocacy

Transition: Accessing education and employment, housing, and your social life

Costs: £25. There are free places for people with a learning disability, unwaged, full-time students, unpaid carers, unpaid volunteers and natural supports.

For full details and to book your place, please click [here](#) to visit the website. You can also find a flyer with more information [here](#).

North West

8. Disabled Living Services

[Disabled Living](#) provides free impartial information and advice about equipment and services to support disabled and older people in Greater Manchester to remain independent or regain their independence.

They provide a wide range of services including:

- Free assessments for equipment by qualified Occupational Therapists at the Disabled Living Centre – an appointment is required, although there is not a long waiting list.
0161 607 8200
- Telephone helpline for advice on equipment and services. 0161 607 8200
- PromoCon helpline to support people with bladder and bowel problems
0161 607 8219
- Multi-sensory rooms at Redbank House 0161 214 5959

Click [here](#) for a leaflet with more information.

You can also email: information@disabledliving.co.uk if you have any queries.

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If you would like to contribute to the newsletter, please submit articles in plain English of no more than 230 words to info@familycarers.org.uk. We reserve the right to edit the articles to fit the newsletter whilst retaining the overall information. Due to the number of articles we receive we cannot guarantee inclusion of contributions.