

# Train the trainer: breast health promotion

A one-day training course designed to give you confidence in delivering the breast awareness message in the community and giving information about breast screening.

For voluntary, community or health sector workers.

Topics include attitudes towards breasts, how to be breast aware, unusual signs and symptoms, breast cancer risk and breast screening.

Interactive sessions on:

- understanding and describing how to be breast aware
- helping people access health services
- explaining the NHS breast screening programme
- discussing breast awareness one-to-one
- delivering breast awareness workshops.

Wednesday, 26 February 2014 in Glasgow.

Delivered by Breast Cancer Care supported by the Bank of Scotland Foundation.

For more information or to apply, contact 0845 077 1892 or [bhp@breastcancercare.org.uk](mailto:bhp@breastcancercare.org.uk)

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Breast Cancer Care is the only UK-wide charity providing specialist support and tailored information for anyone affected by breast cancer.

Visit [www.breastcancercare.org.uk](http://www.breastcancercare.org.uk) or call our free Helpline on 0808 800 6000.