

## The National Organisation for Foetal Alcohol Syndrome UK



**IN-DEPTH PROFESSIONAL FASD TRAINING**

# The Need for NOFAS-UK Training

Many people are unaware that drinking alcohol when pregnant can cause permanent brain damage in their baby. Less people know what the symptoms of alcohol related birth defects are and even less know how to help those affected. Under reporting and under diagnosing means affected people do not get the help and support they need for their mental health and well-being. Proper FASD training will help produce better life outcomes for children and people affected by Foetal Alcohol Spectrum Disorders (FASD).

Foetal Alcohol Spectrum Disorders are a spectrum of disabilities and physical and mental disorders caused by alcohol exposure during pregnancy. International studies state that one in one hundred babies are being born with FASD\* (1% of our children). With the increase in binge drinking the numbers are certain to rise.



## How NOFAS-UK will help:

NOFAS-UK is the leading trainer in the UK on the issue of Foetal Alcohol Syndrome (FAS) and Spectrum Disorder (FASD). Our training provides professionals and parents with new skills, knowledge and ideas that they can immediately apply in practice when supporting people affected by alcohol related birth defects.

*“The training day has been a huge eye-opener and provided me with invaluable educational tools”*

Social Worker

*“Exceptionally informative...”*

Training Co-ordinator

## Training Mission:

NOFAS-UK’s training days provide information about alcohol related birth defects and practical advice. Participants will learn about FASD and leave with a wealth of ideas to put their learning into practice. The training day will:

- raise awareness and promote better understanding of FAS/FASD
- inspire and motivate a more positive approach to FAS/FASD
- offer advice and knowledge that can be implemented in a professional or home setting
- introduce management techniques
- offer follow up Helpline support

# NOFAS-UK

## Training Service

NOFAS-UK provides training for schools, PCTs, foster carers, midwives, universities, social services and prison services. NOFAS-UK produces annual national FASD conferences as well as multidisciplinary conferences with affiliated organisations. NOFAS-UK has an international Medical Advisory Panel of FASD Experts, runs a help line and support group for families affected by FASD and publishes a Family Support Newsletter.



Every FASD training is tailored to the specific audience and organisation. All training participants will receive a certificate of attendance and an FASD information pack. The organisation will receive a DVD of the NOFAS-UK educational film, "A CHILD FOR LIFE".

The NOFAS-UK FASD Training will explain Foetal Alcohol Spectrum Disorder, screen interviews with people affected, run interactive break out sessions and provide on-going follow-up services.

## NOFAS-UK TRAINERS

NOFAS-UK sets high standards backed up by expertise provided by our FASD Medical Advisor Panel and demonstrated by our work with the Department of Health and the British Medical Association. Our main Trainer Susan Fleisher also provides combined training with doctors, teachers or social worker depending upon the audience.



### SUSAN FLEISHER

Executive Director, founder of NOFAS-UK, founder of the International FASD Medical Advisory Panel, member of the Royal College of Physicians Alcohol Health Alliance, former television producer and secondary school teacher. Producer of the educational film, "A CHILD FOR LIFE" about FAS. Adoptive mother of a 22 year old daughter with FAS.

NOFAS-UK  
Medical Advisor



The Royal Society of M

*"The training enabled me to support every child with FASD I work with"*

Foster Carer

# Training Costs

## HALF DAY TRAINING

**10:00AM - 1:00PM**

Up to 15 Attendees\* £ 300.00  
Plus Travel and Accommodation

## FULL DAY TRAINING

**10:00AM - 3:30PM**

Up to 15 Attendees\* £ 450.00  
Plus Travel and Accommodation

\*5.00 for each additional delegate pack over 15.

Package includes:

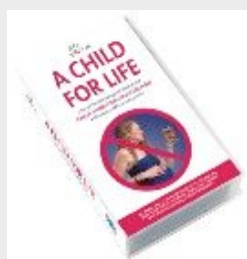
Trainer

Copy of film 'A CHILD FOR LIFE'  
for Meeting Organisers  
FASD Training Packs



### TERMS AND CONDITIONS:

Delivered Monday-Saturday. Training can be adapted to meet your group's specific needs. All participants will receive a Certificate of Attendance. Cancellations must be confirmed in writing at least three weeks to avoid cancellation fee. NOFAS-UK reserves the right to cancel a training day. For more information please contact NOFAS-UK.



*"Wish we had all this information years ago..."*

Foster Carer

*"The training raised my awareness of the complexities of FASD and the implications this condition has for children and families"*

Paediatrician

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Registered Charity No. 1101935

If you would like to talk to our  
friendly Advisors call us on

**FASD HELPLINE**  
**08 700 333 700**



LOTTERY FUNDED