

What training do we do?

We offer all sorts of training to support people with learning difficulties so you can:

- gain more experience and grow in confidence
- get more control over your life.



See our website for more details on the training we offer:

 www.openingdoors.org.uk

We can also put together training to suit your needs.

Opening Doors

Registered Charity No:1060002

Training Group

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**Opening Doors -
opening up opportunities**

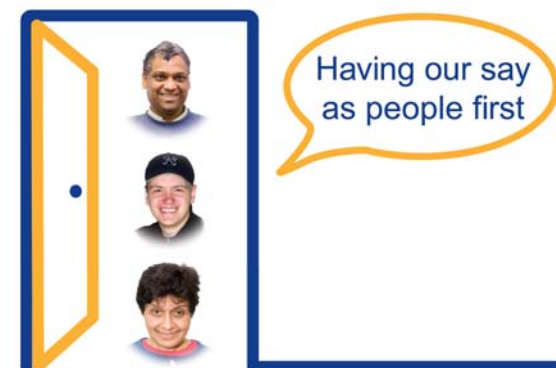
Support us so we can do our work:



**Norfolk Learning
Difficulties Service**



**Training
FOR
Self Advocates
BY
Self Advocates**



Opening Doors

Formerly People First of Norfolk



Who are we?

We are a self-advocacy organisation run **by** people with learning difficulties **for** people with learning difficulties.

Why are we here?

To support people with learning difficulties to be everything they want to be

Opening Doors - opening up opportunities



Just some examples of training we can offer

How to get the support you need



Tenancy training
Having your own home



Disability Awareness and Visual Awareness



Personal Budgets



Why and How to Vote



Knowing Your Rights



Reporting Hate Crime and Keeping Safe



How to Run Meetings

