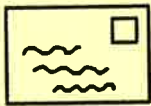


Older People's Mental Health Team



One of the team will see you.

The team are:



Psychiatrist



Social
worker



Nurse



Occupational
Therapist



support
worker



Psychologist

We can visit you...



at home



team office



day centre



local cafe

We can work with...



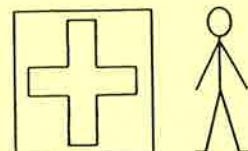
just you



your family, carers



you in a group



other health workers

We can help you...



to talk about your feelings and worries.



to look after yourself and stay independent



with your mental health



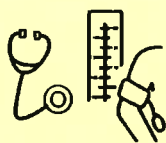
by speaking to your GP, and other people who help you.



with your medicines.



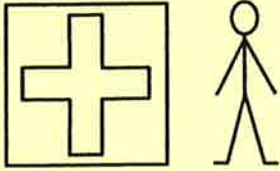
with activities



with health checks such as blood tests and scans.



with advice and information.



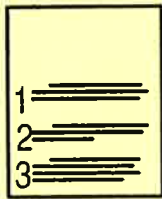
We have been asked to see you by a health worker.



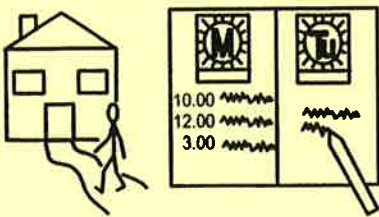
We have been asked to see you about your mental health.



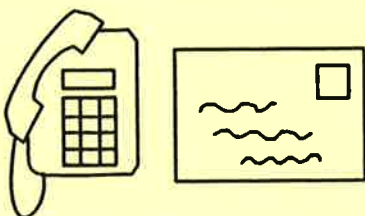
We will ask you questions.
We will assess what you need.



We will make a care plan with you.



We will visit at the best time for you.



You can choose how we contact you.