



## **Human Rights and People with Intellectual Disabilities**

**TCD, School of Nursing & Midwifery**

**'Our Say. Our Rights'**

**8<sup>th</sup> September 2010, 10.30 pm -03.30 pm**

Dear Friend,

Last September, we ran a workshop on Human Rights and Intellectual Disability in Trinity College Dublin. More than 100 self/supported advocates took part along with about 50 supporters. This was an amazing event for everyone who was at it.

When we looked at what participants said about the workshop, we saw that many people wanted this to take place every year.

We are now really happy to tell you that we will be holding another workshop called '**Our Say, Our Rights**' on 8<sup>th</sup> September 2010 in the School of Nursing and Midwifery, Trinity College Dublin. We will have different types of workshops for participants. Some workshops will be about

talking and doing things about rights (Rights and Advocacy Posters; Running Advocacy Meetings; Making an Advocacy Plan; Legal Rights). Other workshops will be more about making things about rights (Music; Art; Drama).

We will run each workshop once in the morning and once in the afternoon. There will be twelve places available in each workshop and these will be given to people on a first come first served basis.

There are 96 places for self/supported advocates and many places for supporters. It is important that people book very soon on the registration form that was sent with this letter.

This should be completed and sent back to Ms. Ailish Whyte in the School of Nursing and Midwifery, Trinity College Dublin either by email or by post.

We will try to give participants places on the workshops that they want most, so it is really important to let us know which workshops you would like. You can do this by putting a '1' beside your first choice, a '2' beside your second choice, a '3' beside your third choice and a '4' beside your fourth choice and so on. But remember, everyone may not be able to get their first choices.

This event will not cost any money but participants will need to organize their own lunch and coffee. You can bring a packed lunch and we will provide a room for you to eat it in. Or you can buy lunch in the West Coast Coffee shop in the front of the building or visit one of the many cafes/ restaurants that are near to the building. You can buy coffee and tea in West Coast Café.

The School of Nursing and Midwifery (24 D'Olier Street, The Gas Building) is an accessible building. There is a wheelchair lift on the right as you enter. If you think that any of your group will have specific needs, please let me know as soon as possible ([sheerinf@tcd.ie](mailto:sheerinf@tcd.ie)).

I look forward to hearing from you.



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