



This course is aimed at family carers of a relative over the age of 14, people who work in social care, health services, education, leisure and other providers in the South West

The course consists of five 2-day sessions held in Bristol on

- 14th and 15th September 2010
- 5th and 6th October 2010
- 2nd and 3rd November 2010
- 11th and 12th January 2011
- 10th and 11th February 2011

For an application pack and more information, please contact:

Judith McDonagh
South West Valuing People Office
Department of Health South West
Regional Public Health Group,
Government Office of the South West,
2 Rivergate, Temple Quay,
Bristol, BS1 6EH

Judith.McDonagh@gosw.gsi.gov.uk

Tel 0117 900 1764

Kindred Spirits

A course for the South West, bringing together family carers of a relative over the age of 14, people who work in social care, health services, education, leisure and other providers





What is Kindred Spirits?

Kindred Spirits brings families together with people from social services, health, leisure and education.

This course will:

- Help you build new alliances that can make effective partnerships between families, individuals and professionals.
- Enable people to advocate and campaign for a better future for vulnerable people in our society.
- Strengthen our national pool of champions.



Who should apply for the course?

We are looking for people who are:

- Part of a strong network
- Maybe you sit on your local Partnership Board
- Passionate about people's right to be included
- Committed to action! Working with other people to make life better for people with disabilities



This course will consist of five sessions. Each session will last for two days and be tailor made for the South West.

On the course, you will learn about:

- The history of the self advocacy movement
- Why services has been designed in the way they have
- How government works and policies are made
- How to get your point over to people
- How to make changes happen locally and nationally

You will have the chance to meet other people who are leaders in the disability movement and be connected with the strong network of families working together across the country



Help us make a stronger network of family carers for the South West, working together with key people to make change happen

“Having the opportunity to work together in partnership has been invaluable. Sharing and discussing other people’s views and realising what joint effort can achieve”

