



Model of Support For Health Services for People with a Learning Disability

Healthcare Services for people with a Learning Disability (East Surrey)

The Trust provides a range of specialist services to people with a learning disability that includes:

- Continuing Care Services
- Health Respite Services
- Assessment + Treatment Services
- Health Day Services Support through Health Support Centres
- Specialist Community Learning Disability Teams

Services are provided by skilled and appropriately trained teams of nursing staff in partnership with a range of professional and health staff, like doctors and therapists. All services are part of Surrey + Borders Partnership NHS Trust and are located in areas of East Surrey, from Epsom to Reigate.

Person Centred Support

All services aim to provide a person centred approach to supporting individuals. Services aim to provide care and support that focuses on how each individual wishes to have their support provided in conjunction with their health and treatment plan.

Underpinning the person centred approach; services use Person Centred Planning, based on the following key principles:

We aim:

- To ensure that the person remains at the centre of their plans
- To involve family and friends in planning with the person
- To promote the persons capacities in ensuring that they feel valued and contribute to what they see as important to them
- To build a commitment to action that upholds the persons' rights
- To continue the process of listening to ensure that the person achieves a life that they value

Valuing People

Services are provided within the ethos of the values and principles within 'Valuing People'. Services aim to deliver an approach that:

SUPPORTS ⇒ **INDEPENDENCE** ⇒ **Delivers Control**

FACILITATES ⇒ **CHOICE** ⇒ **Promotes self determination**

PROMOTES ⇒ **INCLUSION** ⇒ **Ensures involvement**

ACTS ON ⇒ **RIGHTS** ⇒ **Supports citizenship**

Trusts Vision and Values

Support for people will be delivered from the framework of the Trust's Vision, which is for services to aim of :

Capturing Hope and Build on Dreams

In aiming for this all services for people with learning disability will reflect the following values with some examples:

Treat People Well ⇒ *by supporting people to choose*

Involve Not Ignore ⇒ *by always listening to people*

Open, Inclusive and Accountable ⇒ *by helping people feel safe*

Create Respectful Places ⇒ *by making people feel welcome*

All services will ensure that our Vision and Values guide how we work and how we provide support to people.

Best Practice Healthcare

The quality of the people's experience of using Surrey and Borders Partnership NHS Trust services will be dependent on services adopting and advocating some of the best-evidenced based approaches available for supporting people with a learning disability and health needs. The most significant document which has been key in transforming services has previously been mentioned – Valuing People.

There are also many other guiding influences, which are important in the delivery of support such as:

- ⇒ National Service Frameworks and National Institute for Health and Clinical Excellence guidance
- ⇒ Mental Capacity Act (2005)
- ⇒ Mansell Report
- ⇒ Clinical Governance & Essence of Care guides
- ⇒ Shaping The Future : A Vision For Learning Disability Nursing
- ⇒ Code of Conduct (Nurses, Care Staff, Managers)