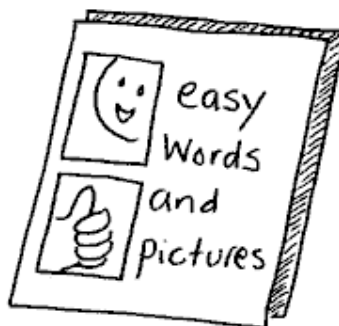




## Supervised community Treatment



## Easy read guide

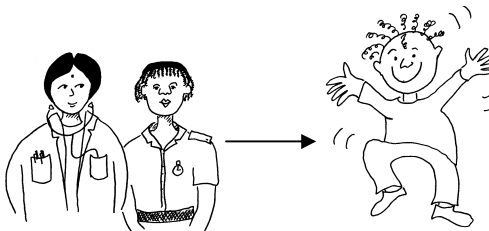
## Supervised Community Treatment is



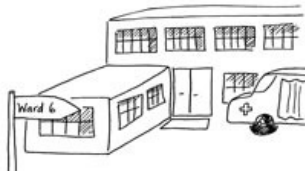
The support and treatment you will receive when you leave hospital



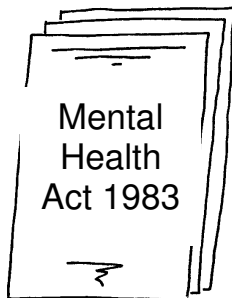
You have to keep to agreements and conditions that your care team feels will keep you well



Your care team will help you to stay well with treatment and care that you need

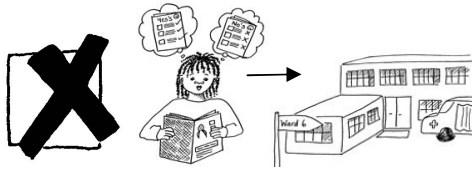


If you become unwell you can be taken back into hospital



This is a section of the Mental Health Act.

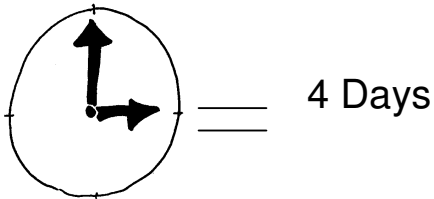
## Going back to hospital



If you don't keep to the agreements or conditions you could be 'recalled' back to hospital

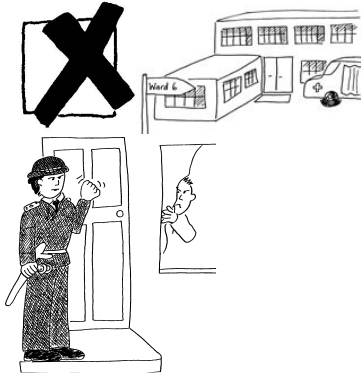


Your care team will write to you to tell you when to come into hospital

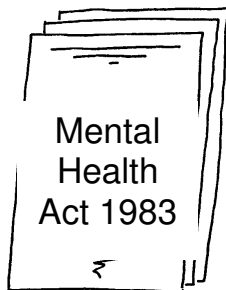


Your care team can keep you there for 72 hours

72 hours



If you refuse to go back to hospital you can be taken against your choice



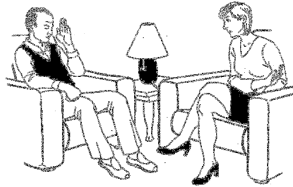
You may be assessed under the Mental Health Act

## Treatment



Your care team will tell you about your treatment

This may be



- receiving therapy



- Taking medication



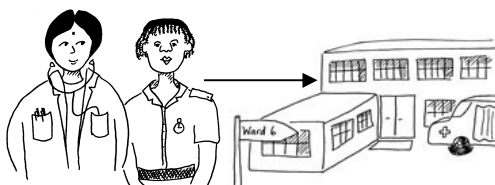
- Attending appointments



- Attending a programme of activities



You can refuse treatment



Your care team could recall you back to hospital if you do refuse treatment

## Capacity



If your care team feel you are unable to make a choice about treatment they can give you the treatment

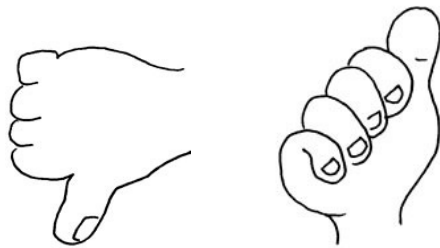
They will assess your capacity by seeing if you can:



- Understand the information about the treatment



- Keep this information long enough to make a decision

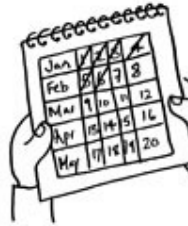


- Look at the positive and negatives



- Communicate your decision

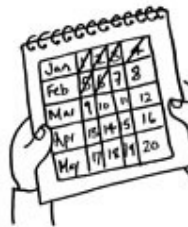
## How long you will be on supervised community treatment



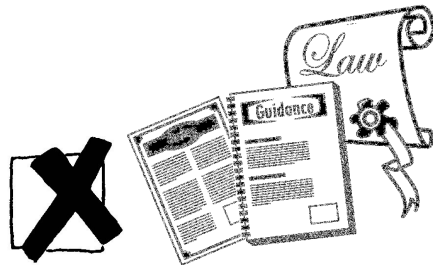
At first the treatment will last for 6 months.



Your care team will ask to examine you at the end of this to see if you need to stay on the supervised community treatment

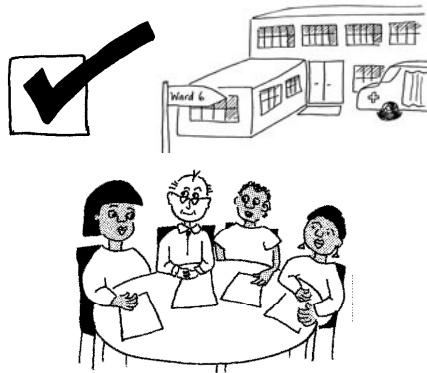


This may be extended for another six months and then to a year



Your care team can take you off the supervised community treatment at any time

## Appeal



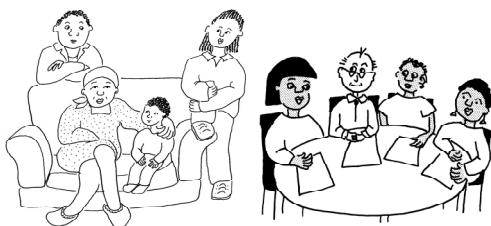
You can ask the Hospital Mangers to end your Supervised community treatment at any time



The hospital managers are a special group of people within the hospital to decide if you still need to be on the supervised community treatment



The hospital managers may want to talk with you



Your nearest relative can also tell the hospital managers that they want your supervised community treatment to end

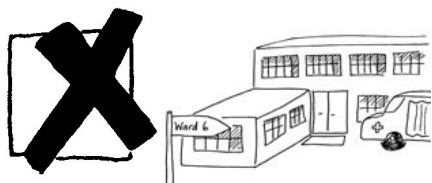


You can write to the hospital managers at the hospital where you were an inpatient

- Springfield: MHA Office, Building 1, Springfield Hospital, 61 Glenburnie Road, London, SW17 7DJ
- Tolworth: MHA Office, The Old Nursery, 1<sup>st</sup> Floor, Tolworth Hospital Red Lion Road, KT6 7QU
- Queen Marys: MHA office, 2<sup>nd</sup> Floor, Queen Mary's Hospital, Roehampton Lane, SW15 5PN



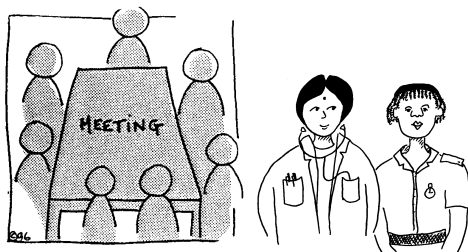
## Tribunal



The tribunal is an independent panel which can decide whether your supervised community treatment should end



This means they do not work for the hospital



They will hold a meeting with you and your care team. This is called a 'hearing'



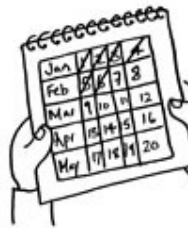
You can ask someone to go with you



The tribunal will ask your care team to write a report about you and your supervised community treatment



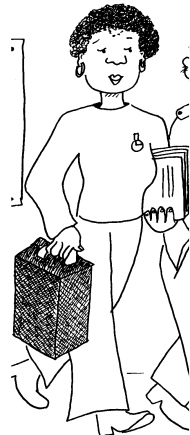
Your nearest relative can also apply for a tribunal



You can apply once to the tribunal in your first six months



If you want to apply you can write to  
The Tribunals service  
PO BOX 8793  
5<sup>th</sup> Floor  
Leicester  
LE1 8BN  
Tel: 0845 2232022



You can ask for a solicitor to write to the tribunal and attend the hearing

## Independent Mental Health Advocate

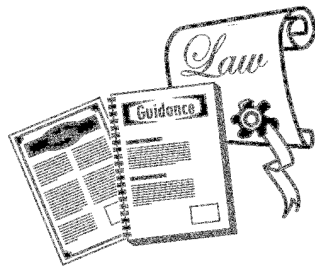


An advocate is an independent person who can help to explain your wishes and decisions



They can

- help you get information about your care and treatment



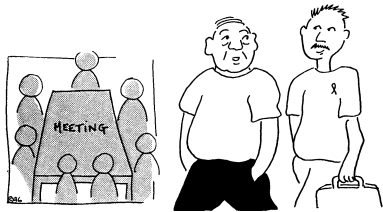
- information about supervised community treatment



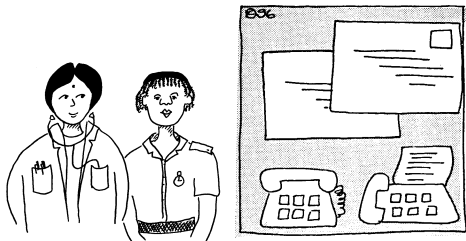
- what it means



- your rights



- Support you at the tribunal



Ask your care team for details of your local advocacy service

If you would like this leaflet in another language, Braille, large print or audio, contact 020 3513 5000

This document was produced by Denise Gentry with support from the accessible information working party.

**South West London & St George's Mental Health NHS Trust**  
**Mental Health Trust**  
**Springfield Hospital**  
**61 Glenburnie Road**  
**Tooting, London**  
**SW17 7DJ**  
[www.swlstg-tr.nhs.uk](http://www.swlstg-tr.nhs.uk)

Images courtesy of Change Picture Bank  
February 2011