Autism and sensory processing in everyday life

Tuesday 8 October 2013 - Copthorne Tara Hotel, London

A one-day conference aimed at developing a greater understanding of sensory processing and how difficulties with sensory integration can impact on people with autism.

Featuring

› Dr Olga Bogdashina, International Autism Institute, KSPU
› Paul Isaacs, Autistic Speaker, Trainer, Author & Consultant
› Dr Rohit Shankar, Cornwall Partnership NHS Foundation Trust
› Phoebe Caldwell, DSc., Intensive Interaction Practitioner

In association with:

Endorsed by:

www.autism.org.uk/conferences/sensory2013
A one-day conference aimed at developing a greater understanding of sensory processing and how difficulties with sensory integration can impact on people with autism.

Sensory processing describes our ability to take in information through our senses, organise and interpret that information, and make a meaningful response. For most people, sensory integration develops in the course of ordinary childhood activities, but for some people with autism, sensory integration does not develop as efficiently as it should.

People with sensory integration difficulties may be over-sensitive (hypersensitive) or under-sensitive (hyposensitive) in some or all senses. People who are hypersensitive feel as if they are being constantly bombarded with sensory information. Noise, crowded places and being in close proximity to others may cause extreme anxiety. Certain smells and textures can also be overwhelming. Conversely, people who are hyposensitive may seek out sensory stimulation by seeking extreme sensations. They may not notice pain or objects that are too hot or cold, and may need high-intensity input to get involved in activities. Still others have trouble distinguishing between different types of sensory stimulation.

People who struggle to deal with all this information are likely to become stressed or anxious, and possibly feel physical pain. This can result in behaviours that may not, on the surface, seem linked to sensory sensitivities, but could be the underlying cause.

This conference will help to develop a greater understanding of sensory processing and how difficulties with sensory integration can impact on a person with autism. As well as an introduction to sensory processing and sensory integration, our expert speakers will also present an overview of the evidence base, examining the issues around the current research and looking at what research still needs to be done.

We will also look at the main sensory integration approaches in practice and how these can be applied in everyday environments, such as at school, in supported living, at work and within the home. It will look at the use of sensory stimuli to encourage and support the development of language and interaction, plus tools and strategies that can be used to create programmes and make simple changes to the environment, so that people with sensory difficulties can live as independently as possible.

This event is a great opportunity to gain an understanding of sensory issues and autism.

Join us to hear experts in the field and gain a wealth of knowledge, plus engage in stimulating debate and exchange new ideas.

Who should attend?

- Clinicians across the professional field, including psychiatrists, clinical psychologists, paediatricians, GPs and nurses
- Commissioners for services for people with autism
- Social workers and support workers
- Education professionals from mainstream schools, special schools and local authorities
- Voluntary sector groups and not-for-profit organisations
- Individuals with autism and their parents, families and carers

About the organisers

The National Autistic Society (NAS) is the leading UK charity for people with autism (including Asperger syndrome), their families and the professionals who work with them. We provide information, support and pioneering services, and campaign for a better world for people with autism.

In association with:

The Sensory Integration Network is a not-for-profit organisation promoting education, good practice and research into the theory and practice of Ayres’ Sensory Integration (SI). The Sensory Integration Network (UK & Ireland) has over 4,500 members, including occupational therapists, physiotherapists, speech and language therapists, special educational needs coordinators (SENCO), learning support assistants, service users, teachers, parents and carers. Our aim is to share knowledge, skills and research in SI therapy and provide accessible, accredited training.
Plenary session

09:30  Welcome by the Chairs
Dr Olga Bogdashina
Co-Founder, Programme Leader (Autism Courses) and Lecturer, the International Autism Institute, KSPU, and Visiting Lecturer in Autism Studies, Associate Consultant (Autism) to ICEP Europe and Author
and Ros Urwin
Professional Lead Occupational Therapist/Clinical Manager, Poole Community Learning Disability Team, Dorset HealthCare University NHS Foundation Trust

09:40  Sensory perceptual issues in autism – experiencing the world the autism way
Dr Olga Bogdashina

10:20  Autism and sensory processing - what’s it got to do with everyday life, development, learning and behaviour?
Dr Rohit Shankar
Consultant Neuropsychiatrist – Cornwall Partnership NHS Foundation Trust and Hon. Associate Professor – Peninsula College of Medicine and Dentistry

11:00  Refreshment break

11:30  Intensive interaction and autism
Phoebe Caldwell, DSc.
Intensive Interaction Practitioner

12:30  Lunch

13:00  Lunchtime seminar: How to help with mouthcare
Fiona Ritchie
Clinical Services Director, Approach Healthcare

Stream sessions

13:40  PRACTICAL STRATEGIES: SCHOOL
Making school more autism friendly: developing strategies for support in mainstream and specialist environments
Steve McGuinness
NAS Trustee
Councillor and Autism Consultant

14:30  Refreshment break

14:50  PRACTICAL STRATEGIES: SCHOOL
What’s a teacher to do: sensory diets in the classroom
Corinna Laurie
Occupational Therapist
The Helen Allison School

15:40  Transition back to plenary session

Plenary sessions

15:45  My sensory day
Paul Isaacs
Autistic Speaker, Trainer, Author & Consultant

16:25  Closing remarks by the Chairs

16:30  Conference ends

The NAS reserves the right to make amendments to the advertised conference programme and speakers.

To register, visit www.autism.org.uk/conferences/sensory2013
Autism and sensory processing in everyday life

8 October 2013
Copthorne Tara Hotel, London

To make a booking:

www.autism.org.uk/conferences/sensory2013
Email conference@nas.org.uk
Tel 0115 911 3367
Fax 0115 911 3362
Post NAS Conference and Events Team
6th Floor, Castle Heights
72 Maid Marian Way,
Nottingham NG1 6BJ

Booking contact

If you are booking on behalf of someone else, please provide your contact details here.

Title
First name  Surname
Job title    Tel
Organisation
Fax
Email

How did you hear about this conference?

Please write here

Delegate details

Title  First name  Surname
Job title    Tel
Organisation
Fax
Email

Address
Postcode  Country

Keeping in touch with you via email can help to keep our costs down. Please tick this box if you are happy to receive emails from us.

NAS membership number:

Any special requirements
e.g. Access/Dietary/Support/Other?

Payment details

CHEQUE
Please find enclosed a cheque for £
Please make all cheques payable to The National Autistic Society

INVOICE
Please complete all details below
Invoice for the attention of
PO Number (if applicable)
Address
Postcode    Tel
Email

CREDIT CARD
Card type  Card number
Start date  Expiry date  Security code (3 digits on reverse)
Name on card
Signature

Terms & conditions

Conference fees
All prices include entrance to the conference and seminar sessions, lunch, refreshments and comprehensive delegate documentation. Fees do not include delegate accommodation and travel and The National Autistic Society (NAS) is not responsible for arranging these.

Payment
Payment must be received before the conference date. If payment is not received by this time, delegates will be required to guarantee payment by credit card on the day of the conference. Cheques should be in pounds sterling and should be made payable to “The National Autistic Society”.

Cancellation and Refunds
Delegates who wish to cancel their places must do so in writing. If notice of cancellation is received at least 21 days prior to the event, the NAS will refund the full registration fee less £50 administration charge. If notice of cancellation is not received within 21 days prior to the conference, then we regret that no refund can be made.

Substitutions can be made without charge up to 3 days prior to the event. In the event that the NAS has to cancel the event, delegates will be given as much notice as possible and given a full refund if paid in full or a credit note (where payment is not yet made). We regret that we will be unable to compensate delegates for any travel or accommodation costs incurred.

Overseas Delegates
EU countries: Delegates attending from EU countries are exempt from paying VAT only when their organisation is VAT registered within their own country. Confirmation of the VAT registration number is required at the time of booking. Non-EU countries: VAT will be charged on the invoice but you are able to claim back the VAT charge.

Rates

<table>
<thead>
<tr>
<th>Category</th>
<th>Standard rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>Delegate rate</td>
<td>£225 + VAT</td>
</tr>
<tr>
<td>NAS members</td>
<td>£175 + VAT</td>
</tr>
<tr>
<td>Individuals on low income*</td>
<td>£75 + VAT</td>
</tr>
</tbody>
</table>

Exhibitor rate £395 + VAT

For full details of what the exhibitor rate includes, please visit the website: www.autism.org.uk/conferences/sensory2013


Please confirm which stream you would like to attend:

Stream A  Practical Strategies: School
Stream B  Practical Strategies: Residential
Stream C  Practical Strategies: Home

Delegate rates

<table>
<thead>
<tr>
<th>Category</th>
<th>Rate (including VAT)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Delegate rate</td>
<td>£225 + VAT</td>
</tr>
<tr>
<td>NAS members</td>
<td>£175 + VAT</td>
</tr>
<tr>
<td>Individuals on low income*</td>
<td>£75 + VAT</td>
</tr>
<tr>
<td>Exhibitor rate</td>
<td>£395 + VAT</td>
</tr>
</tbody>
</table>

For EU countries: Delegates attending from EU countries are exempt from paying VAT only when their organisation is VAT registered within their own country.