



Do you know a man
with a learning disability
whose sexual behavior
is likely to place them
or others at risk?

Referrals

The group is for men who have sexually offended. By this we mean any sexual behaviour to which the other person did not consent either indirectly (e.g. masturbating in public, forcing others to look at pornography, voyeurism etc.) or directly (e.g. rape or sexual assault). All clients referred must be able to give informed consent for treatment.

For more details or for an initial discussion as to the suitability of a referral please contact Richard Curen on 020 7874 5483.

If the referral is unsuitable you will be advised about other available assessment or treatment services at Respond.

Cost

To find out more about the fee for this treatment programme please call Richard Curen at the above number.

At referral point a contract will be signed between Respond and the purchaser in which a payment schedule will be agreed. No referrals will be accepted without evidence that the full fee will be met.

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SOTSEC-ID

Community-based treatment
for men with learning disabilities
who have offended or who are
at risk of sexual offending



For more information visit
www.respond.org.uk

RESPOND
from hurting to healing

What is SOTSEC-ID?

The Sexual Offender Treatment South East Collaborative - Intellectual Disability (SOTSEC-ID) is a treatment programme for men with learning disabilities who have sexually offended or who are at risk of sexual offending.

The treatment uses a cognitive behavioral therapy (CBT) approach developed by Professor Glynis Murphy at the University of Kent.

The aim of the treatment is to reduce men's sexual offending. We also expect to effect positive change in men's sexual attitudes and knowledge, their victim empathy and their cognitive distortions in relation to sexual offending (e.g. degree of minimisation, denial of the offence(s) and blaming the victim). These issues form the main focus of the treatment programme.

The programme covers these broad topics:

- Human relations and sex education
- The cognitive model
- Sexual offending model
- Victim empathy
- Relapse prevention
- Trauma

Criteria

This group is for men aged 21 or over with mild to moderate learning disabilities. There is no formal upper age limit - clinical decisions about the suitability of referrals over the age of 65 will be made on a case by case basis. Female clients should be referred to Respond's other assessment and treatment services.

Details

The treatment group lasts for 2 hours and takes place once a week in central London at Respond's clinic. Two therapists facilitate the group, providing a structure to the sessions and ensuring that all members are supported fully in using the group appropriately. Weekly attendance is essential and all group members will be expected to attend the group for a minimum of one year.

Outcomes

Expected outcomes from this treatment include:

- Cessation of sexual offending
- Improvements in sexual knowledge and attitudes
- Increase in understanding of triggers that lead to offending
- Reduction in cognitive distortions
- Increased victim empathy

Respond's SOTSEC-ID Group

Since 1991, Respond has been developing clinical interventions to address the needs of men and women with learning disabilities who live in the community and have complex and often challenging problems. We have developed a range of forensic services to help understand offending, reduce risk to the client and others, and enable him or her to live an ordinary life.

Most people referred to Respond's community-based services have histories of abuse or neglect and have gone onto develop worrying sexualised behaviors. Service users often come with a complex mixture of learning disabilities, mental health problems, neurodevelopmental conditions or are on the autistic spectrum. Many individuals have experienced a number of placement breakdowns, have been detained under the Mental Health Act, have a history of repeated hospital admissions or have been in prison. Often they are considered hard to treat due to misunderstandings about their ability to engage.

Respond is able to make a significant difference to the lives of the people referred to us through a mixture of direct therapeutic contact and by working closely with the network of health and social care practitioners, support workers and carers.