



learning
for life

**St Nicholas
Hospice Care**

A Registered Charity No. 287773

Fast-track learning for you! **Is Reflection Not Working, or am I not Working Reflectively?**

(Links to C1, 2, 5, IK3)

Ever been driving your car and you reach a point in the road where you think, “How did I get here”? You’ve changed the gears, braked, followed the road and avoided an accident without quite knowing how.

This session is not about learning to use a reflective model, but going back to theories that inform reflective practice and looking at ways in which reflection can happen in practice that creates a better understanding of it.

Aims:

- To be critically constructive in considering barriers to reflection
- To present some theoretical foundations for reflection
- Establish ways in which practitioners can become ‘human inquirers’ in increasing technical practice
- Explore ways in which reflection can be a challenging, creative and enjoyable part of professional practice
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Objectives:

- Have a better understanding of the roots of reflective practice
- Engage in reflective dialogue with others that contribute to new and different understandings
- Develop an approach to practice that enhances ability to be a critically constructive practitioner

Speaker: Paul McIntosh, Independent Consultant in Practice Development

Monday 11th January – 1.30 to 3.30pm
Cost: £20.00

Venue: St Nicholas Hospice Care, Bury St Edmunds, IP33 2QY

Payment by credit/debit card (by phoning 01284 715591) or by cheque (made payable to St Nicholas Hospice Care). Envelope to be marked Education Department and sent to the above address.

To book your place email rachel.brown@stnh.org.uk giving your full name, job title & employer name, address & phone number