

Fast-track learning for you!

## Breathlessness in Palliative Care

(Links to KSF C4, HWB1, HWB2, HWB4, HWB7)

Have you ever wondered whether you should be helping someone who is breathless, or have thought that nothing could be done for breathlessness, then come and learn!

This informative session will outline the anatomy & physiology of how we breathe, what can go wrong to make someone breathless, as well as cover useful non-drug interventions as well as drugs which may be useful. Don't be left behind!

Speaker: Sheona Fraser, Senior Physiotherapist,  
St Nicholas Hospice Care

**Wednesday 22<sup>nd</sup> April 1.30 to 3.30pm**  
**Cost: £20.00**

Venue: Treetops Training Room,  
St Nicholas Hospice Care,  
Bury St Edmunds,  
IP33 2QY

Payment by credit/debit card (by phoning 01284 715591) or by cheque (made payable to St Nicholas Hospice Care). Envelope to be marked Education Department and sent to the above address.



learning  
for life

**St Nicholas  
Hospice Care**

A Registered Charity No. 287773

To book your place email [rachel.brown@stnh.org.uk](mailto:rachel.brown@stnh.org.uk)  
giving your full name, job title & employer name,  
address & phone number