

Look Here!



A free training day for self advocates about looking after your eyes



SeeAbility Easy Read Flyer



What is the Look Here Event about?

- Learning about eye tests
- Practicing cleaning glasses
- Hearing about eye problems
- Using your other senses
- Talking about your eyes
- Doing a quiz
- Having fun!

The day is chaired by Scott Watkin



Who is the Look Here event for?

The day is just for people who have a learning disability who want to learn about looking after their eyes.



We will give you a goodie bag with lots of information inside so you can tell other people you know about eye care.

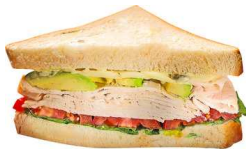
When is it?



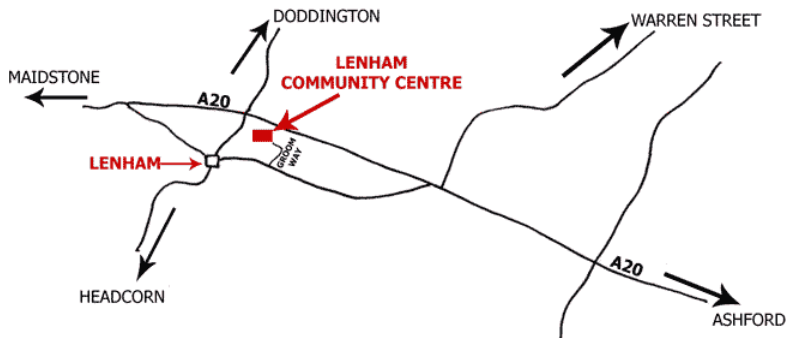
Date: Monday 2nd September



Time: 10am until 3pm



There will be lots of breaks and you will get your lunch. If you have to eat a special diet please bring your own packed lunch.



Where it is?

Lenham Community Centre
Groom Way
Lenham
Maidstone
Kent
ME17 2QT

www.lenhamcommunitycentre.org.uk

How to book your place:



Email Kent County Council Events Team:
eventsoffice@kent.gov.uk

or call:
01622 694119



www.seeability.org Have a look at the **My eye care** section of our website