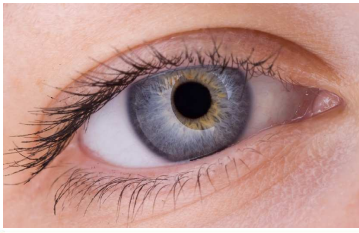


# Look Here!



**A free training day for self advocates about looking after your eyes**



## SeeAbility Easy Read Flyer

### What is the Look Here Event about?



- Learning about eye tests
- Practicing cleaning glasses
- Hearing about eye problems
- Using your other senses
- Talking about your eyes
- Doing a quiz
- Having fun!

The day is chaired by Scott Watkin

### Who is the Look Here event for?



The day is just for people who have a learning disability who want to learn about looking after their eyes.



We will give you a goodie bag with lots of information inside so you can tell other people you know about eye care.

## When is it?



Date:

Thursday 14<sup>th</sup> March 2013



Time:

10am until 3pm

There will be lots of breaks for drinks and you will get your lunch

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## Where it is?



Scotswood Road  
Newcastle  
NE1 4AD

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## How to book your place:

Email Inclusion North at:

[info@inclusionnorth.org](mailto:info@inclusionnorth.org)

or call 0113 2626409



[www.seeability.org](http://www.seeability.org) Have a look at the **My eye care** section of our website