



The  **AHOY** Centre

The Adventure Help & Opportunities for Youth Centre  
The AHOY Centre: Borthwick Street Deptford London SE8 3JY  
Patron: Tracy Edwards MBE

## SAILABILITY DAY

Monday 8th October

All disability groups are invited to the **AHOY** sailing centre's exciting new project for a social day, where you will be given the opportunity to look around our amazing centre which is fully accessible for people with disabilities and sit upstairs and eat your own packed lunch in our training room with our amazing view of the river, with the option of going on the river for a sail or ride in a powerboat.

You must bring a change of clothing and footwear and a packed lunch with you.

The day starts at 9am  
and finishes at 4pm.

Location: the **AHOY** centre

For more information, please call  
Sarah on 020 8691 7606

