



all about people

Reducing restrictive practices: A human rights perspective



A BILD Conference

2 April 2014, London

Presentations and workshops from leaders in the fields of intellectual disability and the law will seek to define what good practice looks like and outline what should inform the development of policies, procedures and processes from a human rights perspective.

Book online at www.bild.org.uk/events

Reducing restrictive practices: A human rights perspective

In recent years, while much has been done to improve the lives of people with intellectual disabilities, shocking stories of abuse continue to emerge and result in a public outcry. From Cornwall, and Sutton and Merton, to the Panorama expose of the treatment of people supposedly being 'cared' for at Winterbourne View, high-profile investigations have given us clear evidence of abuse.

Beyond the high profile cases, while there are many excellent services throughout the UK that deliver high quality care and support to people who exhibit behaviours that challenge, it is a sad fact that the use of restrictive practices such as restraint, seclusion and as required medication, is commonplace in many services for people with intellectual disabilities who present additional complex behavioural or mental health needs (Allen 2011).

The law has an important role in relation to restrictive practices as legislation and government guidance seeks to protect people from the inappropriate use of restraint that violates their human rights. The Human Rights Act 1998, relevant across the UK, has a direct bearing on the use and impact of restrictive practices. The UN Convention on the Human Rights of People with Disabilities, ratified by the UK government in 2009, is designed to protect the rights and dignity of people with disabilities and ensure that they enjoy full equality under the law.

Despite this, people with intellectual disability, especially those subject to restrictive practices, are prone to having their fundamental rights ignored and violated. Historically, people with disability have been viewed as objects of treatment and this treatment has, in large part, been disassociated in theory and in practice with their underlying humanity. Nowhere is this more the case than it is with respect to the use of restrictive practices. (Chan et al., 2012)

The onus for making change happen lies with commissioners of support and the support organisations themselves by ensuring the right kind of induction training and ongoing development of staff, by identifying and reviewing what is going on within their services but also by actively reducing their reliance on restrictive practices at an individual and systemic level. The ultimate goal is to build 'restraint free' environments for vulnerable people. (Paley 2013)

Purpose of the conference

This event will explore the key issues from a human rights perspective and will highlight some of the key concepts, practice standards and present research relating to use of restrictive practices.

As we move towards adopting wider interventions and practice approaches that are fundamentally underpinned by human rights, practitioners from a range of backgrounds will find this event stimulating and relevant to their current practice.

Who should attend?

The conference will be of importance for:

- Health and Social Care Commissioners
- NHS Trusts
- Social Care Providers
- Safeguarding staff
- Clinical Commissioning Groups
- Supported living teams
- Health and Wellbeing Boards
- Community Learning Disability Teams
- Teachers
- Service managers
- Support workers
- Trainers
- Anyone with an interest in working to improve the quality of life of people with learning disabilities or autism with behaviour which is described as challenging

Programme

9.00	Coffee and Registration
9.30	Welcome and Introductions Nigel Beail , <i>BILD Trustee</i>
9.45	Overview of current national initiatives Dave Atkinson , <i>Royal College of Nursing, London</i>
10.15	300 years of restraint reduction: what have we learnt so far? Dr Brodie Paterson , <i>Calm Training Ltd, Scotland</i>
11.00	Refreshments
11.30	A human rights perspective: Legal and ethical issues relating to restraint reduction Sam Karim , <i>King's Chambers, Manchester</i>
12.00	Workshops (choose 1 from 4) 1. Restraint reduction: integrative policy and practice Dr Brodie Paterson , <i>Calm Training Ltd, Scotland</i> 2. Clinical holding, the Mental Capacity Act and balancing needs, rights and risks in medical treatment Chris Stirling , <i>CPI Europe</i> 3. What do we think of restrictive practices? What are they and how do we recognise restrictive practices? Prof Nigel Beail , <i>Head of Psychological Services for Barnsley Learning Disability Service</i> 4. Alternatives to restraint – working in partnership to reduce restraint use Zara Clarke , <i>Sheffield Clinical Commissioning Group, Sheffield</i>
1.00	Lunch
2.00	Workshops as above (choose 1 from 4)
3.00	Refreshments
3.15	Ethical use of medication for problem (challenging) behaviour! Prof Shoumito Deb , <i>Consultant Neuropsychiatrist, Imperial College, London</i>
4.15	Close

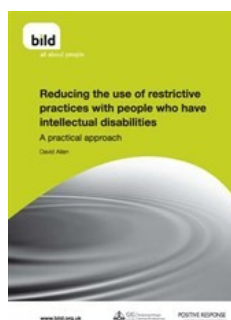
Books by BILD



Framework for reducing restrictive practices

Sharon Paley-Wakefield

This book provides a framework for organisations to identify and review what is happening in their services and to reduce their reliance on restrictive practices.



Reducing the use of restrictive practices with people who have intellectual disabilities. A practical approach

David Allen

This book focuses on reducing the use of restrictive procedures in a structured, accessible way.

www.bild.org.uk/books

Venue

Holiday Inn London-Bloomsbury

Holiday Inn London-Bloomsbury,
Coram Street, London, WC1N 1HT
Tel: 0871 942 9222

www.hilondonbloomsburyhotel.co.uk



The Holiday Inn London-Bloomsbury is conveniently located in the heart of London, less than a minute away from Russell Square underground station. There is also a bus stop just outside the hotel and an NCP car park on site.

Book online www.bild.org.uk/events

Booking form Reducing restrictive practices, 2 April 2014

Name

Organisation

Address

Tel. & Fax

E-mail

BILD membership no.

If you wish to claim a BILD member's discount please quote your membership number. If you do not know it, or wish to become a member please contact us on 0121 415 6983

		Total
BILD Member	£199 + VAT	<input type="text"/>
Non-member	£249 + VAT	<input type="text"/>
Discounted*	£50 + VAT	<input type="text"/>
Grand total + VAT**		<input type="text"/>

*Discounted rate: Person with a learning disability or ASD; family carer or enabler; unwaged; small voluntary organisation i.e. An organisation working in Learning Disability/Special Needs field with no more than 3 paid members of staff

**VAT charged at rate applicable at time of booking

Terms and conditions

Price includes lunch and refreshments throughout the day and a comprehensive delegate pack

Do you have any special requirements (inc. Dietary/access/communication)?

Please debit my credit card

Mastercard Switch Visa Eurocard Delta

Card no.

Security no. (3 digits on back of card) Expiry date Issue no (Switch only)

Signature Date

I enclose a cheque. All cheques should be made payable to BILD

Please invoice (include invoice address if different from above)

Where possible, we will send confirmations, invoices and joining instructions by email.

Completed forms should be returned to: learning@bild.org.uk or the address or fax number below

Cancellations must be made in writing, the following charges apply: 2 weeks prior—50% fee, 1 week or less, full fee. We are happy to accept substitute delegates. Any queries, please contact us.

British Institute of Learning Disabilities

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