

# FANTASTIC FLASH EVENT

Media Event to Support Charity and Children



WATCH NOFAS-UK 2010 Pregnant Pause on YOU TUBE

<http://www.youtube.com/user/FrogspawnCreative#p/a/u/0/ilr9bSIHORE>

**JOIN US... Help Raise Awareness & Prevent Foetal Alcohol Spectrum Disorder!**

**Who?** You, your family, partner and friends. Anyone who wants to let people know that drinking alcohol during pregnancy is not a good idea. Anyone can do this!

**What?** The PREGNANT PAUSE- A LARGE CROWD that gathers in a busy public place (Euston Station, London) to freeze and pose as pregnant. Women AND men pose pregnant for 9 minutes at 9:09 am on the 9<sup>th</sup> day of the 9<sup>th</sup> month.

**Why?** To raise awareness about the risks of drinking alcohol in the 9 months of pregnancy and to let the public know that women need to avoid alcohol for the 9 months of pregnancy to have children without alcohol related brain damage known as Foetal Alcohol Spectrum Disorder (FASD).

**9<sup>th</sup> September**

**9.09 am**

**Euston Station, London**

***OR Plan your own local Pregnant  
Pause***

**To register or for more information contact NOFAS-UK:**

Phone: 020 8458 5951

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