



POSITIVE ASPECTS

Positive Aspects is a free new bi-monthly email bulletin, which is for anybody who has an interest in any disability, mental health issue and/or illness who live anywhere in England*. It is packed full of useful items, law, events, holidays, benefits, requests what's on, true stories, other interesting articles, useful websites and computer tips, putting people in touch and much more. It also comes with a separate 'diary dates' attachment and to keep you up to date with what's happening in your area, regular *Positive Aspects* 'Newsflash' articles are sent out regularly.

To subscribe, please send an email to trudy.1@ntlworld.com with subscribe and the county you live in, in the message/text of the email.



* People who live outside England are welcome to receive *Positive Aspects*, but must be aware that some of the articles re: law, benefits etc., might not apply to them.