



Postural Awareness and Measurement of Body Symmetry

Course Tutor:	John & Liz Goldsmith - Postural Care CIC
Date:	Thursday 11th & Friday 12th October 2012
Venue:	The Good Shepherd Sterrix Lane Litherland Liverpool L21 0DA
Cost:	£250 per person (includes accreditation fee)

This 2 Day course includes:

- Awareness of the benefits and practical aspects of postural care
- Background anatomy and biomechanics of body shape distortion and practical positioning techniques.
- Training to measure and record body symmetry utilising the AMI tool (Goldsmith Indices of body symmetry) which will offer accreditation at level 3 through the Open College Network
- Accreditation means that Postural Care Skills will recognise the measurements of people that use the AMI and provide their template measurement profiles
- Lunch and refreshments will be provided on both days

Contact details:

To book your place please contact Pam Usher or Hilary Finlay on 0151 934 2827, or email Pamela.Usher@alderhey.nhs.uk or Hilary.Finlay@alderhey.nhs.uk

Places are limited and will be issued on a first come first served basis