

FREE ONE DAY TRAINING EVENT



WORKING WITH PEOPLE IN PRISON WHO HEAR VOICES

Tuesday 10th December, 10.00am - 4.30pm

Better Bankside, 18 Great Guildford St, London, SE1

BOOK NOW: PLACES ARE LIMITED AND BOOK UP QUICKLY!

ABOUT THE COURSE

Facilitated by Mind in Camden's experienced Hearing Voices Prison Project team, this course will equip you with increased understanding, skills & confidence to support people in prison who hear voices.

It is aimed at anyone working with people who are, or have recently been, in prison or secure forensic units, in both the voluntary and statutory sector.

This includes: prison officers, nursing staff, support workers, psychologists, OTs, advocates, counsellors, substance misuse workers and trainers.

This course is suitable for people at all levels of experience.

BACKGROUND

Recent MoJ research revealed that 25% of women, and 15% of men, in prison report symptoms indicative of psychosis (including hearing voices). Whilst many in prison are distressed by the voices they hear, this doesn't have to be the case.

Some people find these experiences comforting, especially if they've been through a difficult time, but others feel overwhelmed and scared by them. These overwhelming experiences can lead to self-harm, drug use, paranoia, isolation and other problems.

Recent developments in the field indicate that distress arises from problems in coping with the voices, and the individual's relationship with the voices, rather than the voices themselves.

People can - and do - learn to cope with difficult voices & visions.

BOOK YOUR PLACE

For more information about the training course and/or the project please contact:

Jo Thompson

London Hearing Voices Project: Prisons

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If you would like to book a place, please send us your **name, job title, organisation** and **contact details**.

PLEASE NOTE: We cannot accept booking without this information.

ABOUT THE PROJECT

In April 2010 Mind in Camden launched a London-wide capacity building project to establish a sustainable network of Hearing Voices Groups in London prisons. We have established groups in HMP Holloway, Wandsworth, Pentonville & Bronzefield and are working with prisons across London to launch new groups.

Mind in Camden also co-ordinates the London Hearing Voices Network, the London Paranoia Network and the Voice Collective project (for young people who hear or see things that others don't)



LOTTERY FUNDED