

CONSEQUENCES FOR CHILDREN AFFECTED BY MATERNAL DRUG & ALCOHOL USAGE: A MULTI-DISCIPLINARY APPROACH – CONFERENCE ONE

BINGE BRITAIN: SIGNIFICANT HARM FOR THE UNBORN CHILD



DATE: MONDAY 8TH SEPTEMBER 2008
TIME: 8.45AM FOR 9.15AM START – 4.30PM
VENUE: Edge Hill University, Ormskirk Campus
(ST HELEN'S ROAD, ORMSKIRK, LANCASHIRE, L39 4QP TEL-01695 575171)
COST: £110.00 IF BOOKED BEFORE 25/08/08
£120.00 IF BOOKED AFTER 25/08/08
£60 FOR VOLUNTARY ORGANISATIONS & CHARITIES
£45.00 FOR FAMILIES / CARERS

DISCOUNTS: * **SEE BOOKING FORM FOR DISCOUNTS ON ATTENDANCE AT MORE THAN ONE CONFERENCE**
* **10% DISCOUNT TO GROUPS OF 3 OR MORE FROM THE SAME ORGANISATION**

Conference run in conjunction with FASAwareUK
www.fasaware.co.uk



PROGRAMME

	CHAIR – <i>Edwina Brocklesby, Director, Parents for Children</i>	
08.45	REGISTRATION & REFRESHMENTS	30 MINS
09.15	WELCOME & INTRODUCTION <i>Professor Ian Gilmore MD, PRCP, President, Royal College of Physicians</i>	30 MINS
09.45	BINGE BRITAIN <i>Professor Moira Plant, Professor of Alcohol Studies, University of the West of England, Bristol & Director of the Alcohol & Health Research Trust</i>	45 MINS
10.30	THE FOETAL BRAIN & ALCOHOL – DEFINING FOETAL ALCOHOL SPECTRUM DISORDER (FASD) <i>Professor Edward Riley, International FASD Neurodevelopmental Brain Expert, US</i> - Scientific evidence, brain images and studies. - Explanation of how alcohol is a highly potent teratogen in the brain.	60 MINS
11.30	REFRESHMENTS	20 MINS
11.50	<u>EXCHANGE FORUM (GROUPS – DELEGATES TO MAKE PREFERENCE AT TIME OF BOOKING):</u> 1 – THE IMPACT OF DRUGS: <i>Ron Flowers, Trainer, Trustee of Solve-it and Former Police Officer</i> 2 – SUPPORT REQUIRED FROM STATUTORY & OTHER BODIES: <i>Julia Brown, Director, FASD Trust</i> 3 – NEW INTERVENTION - BIMANUAL COORDINATION & EXERCISE: <i>Professor Edward Riley, International FASD Neurodevelopmental Brain Expert, US</i> 4 – THE LINK WITH AUTISM & ADHD: <i>Dr Raja Mukherjee, Consultant Psychiatrist, Surrey and Borders Partnership NHS Trust</i> 5 – COPING STRATEGIES: <i>Julie Gelo, BSMS/M, Mother of 8 children diagnosed with FAS and related conditions</i>	60 MINS
12.50	LUNCH	60 MINS
1.50	LIVING WITH A CHILD WITH FAS <i>Gloria Armistead, Founder and full time Volunteer FASAwareUK</i>	20 MINS
2.10	UNDERSTANDING & MANAGING THE FASD CHILD – PART 1 <i>Julie Gelo, BSMS/M, Mother of 8 children diagnosed with FAS and related conditions, Executive Director for the Washington State affiliate to the National Organization on Fetal Alcohol Syndrome (NOFAS Washington State) and the co-founder of the FAS Friends FASD Community Support Network, U.S.</i>	45 MINS
2.55	REFRESHMENTS	15 MINS
3.10	UNDERSTANDING & MANAGING THE FASD CHILD – PART 2 <i>Julie Gelo, BSMS/M</i>	60 MINS
4.10	QUESTIONS & PLENARY	20 MINS
4.30	CLOSE	

Please Note: All Delegates will be sent a certificate after the conference has taken place

To book a place on this conference contact Charlotte Lindsell on 020 7520 2880 or by E-mail: charlotte@parentsforchildren.org.uk or web: www.parentsforchildren.org.uk **By 04/09/08**

TARGET AUDIENCE

- Drugs & Alcohol Advisory Teams
- Midwives
- Psychologists
- Social Workers
- Children's Guardians
- Solicitors
- Barristers
- Adoption Support Agency Workers
- Foster, Adoptive & Short-break Carers
- Family Placement Workers (Fostering & Adoption)
- Education Professionals
- Health Visitors
- Therapists
- Medical Advisors
- Policy Makers
- Disability Teams
- SENCO's
- Teachers
- Paediatricians
- Police

CERTIFICATE OF ATTENDANCE & CPD ACCREDITATION

All delegates will receive a certificate through the post, after attending this conference.

This conference is eligible for attendees to receive CPD accreditation:

CPD Points for Social Workers/Other:

CPD Hours: 6 Hours 40 Minutes

CPD Points for Solicitors through the Solicitors Regulation Authority

Solicitors can gain CPD points for attendance of our courses.

CPD Reference for this course: DFZ / PAFC **Grade:** Intermediate

CPD Hours: 5 Hours 40 Minutes

AIMS & LEARNING OUTCOMES

Recent research into the area of children affected by birth mother's use of drugs and alcohol has shown that this is a serious and increasing contemporary problem. A recent BBC documentary found that there are no reliable figures of the number of children affected, but experts estimate that there are about 7,000 children living in the UK, who were born with lifelong incurable problems caused by their mother's drinking during pregnancy. Mothers' drug-taking too, is a factor in a significant proportion of care proceedings, often leading to the permanent removal of those children from their birth family. A number of these children are in the looked after population, some will need to be placed with permanent families.

A range of national and international experts have been assembled for the programme of this conference, to highlight the needs of the children involved and ways in which their long-term needs can be diagnosed. Other speakers will address ways in which these children can be helped, from a multi-disciplinary approach. The speakers represent a range of disciplines.

The course is designed for:

- those working within the field of drugs and alcohol;
- social workers;
- health and education professionals;
- lawyers involved in care proceedings; and
- families and carers.

Despite the increasing focus of the risks of drugs and alcohol, surprisingly little attention has been paid to the needs of the unborn child. Delegates would therefore not need any prior knowledge on this topic as the programme aims to heighten this knowledge.

From attending this conference, delegates will be aware of, and understand, the permanent problems for these children and the risks for their future, together with the potential of the legal system to balance these risks, and, ways forward. Delegates should be inspired to disseminate these messages and highlight the risks and permanent problems for these unborn children, of maternal drug and alcohol usage.

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TESTIMONIALS

Parents for Children have run conferences on maternal substance misuse since 2005. Here are some comments from past attendee's:

'Thank you all.' (Foster carer and parent).

'Excellent!!' (Supervising Social Worker)

'Extremely insightful and knowledgeable. Very interesting. Thank you' (Social Worker).

'Wonderful experts in the field. Would prefer not to come to London, had to get up at 4am - tired by 3pm! But pleased I came.' (Specialist Drug & Alcohol Midwife from Newcastle).

'All the speakers' topics were very useful, thanks to Parents for Children for an interesting insight into consequences for children affected by maternal drug and alcohol usage (all carers should attend).' (Carer).

'Thank you for a very interesting day. Video re: FAS and music CD's I will consider purchasing for service users' (Social Worker).

'Well organised.' (Parent)

'Loved the food, the content and the company.' (Carer).

'I like the way the day was arranged so that (mainly) the p.m. activities were more entertaining (no problem of staying awake)' (Social Worker).

'I liked the variety of speakers and comments from the floor and diversity of attendance.' (Named Nurse Safeguarding Children).

'Impressed with the enthusiasm of speakers and others.' (Social Worker - Child Care Team).

'Info on fetal alcohol and affects = most interesting for me.' (Adoptive Mother/Social Worker).

'The different views brought by the various speakers. Fascinating and relevant information shared.' (Fostering Social Worker).

'Diversity of topic.' (Senior Project Worker).

'I thought all speakers were excellent.' (Specialist drug & alcohol midwife).

'The conference moved and flowed quite nicely, not rushed.' (Parent Development Worker).

BIOGRAPHIES

Gloria Armistead, Founder and full time volunteer FASawareUK. Gloria Armistead is the founder and full time volunteer of FASawareUK. She is also the adopted parent of a child (14) with Foetal Alcohol Syndrome. Gloria shares her experiences of FASD with many groups, giving presentations as a volunteer.

- She has gained 4 accredited distance-learning courses, with Saskatchewan University Canada and Wisconsin & Madison University USA.
- Attended accredited facilitator training at Double Arc Toledo Ohio USA.
- Attained Level two NCFE Drugs certificate.
- Working towards NCFE Three Level Counselling Diploma.

Julia Brown, FASD Trust

Julia Brown is Executive Officer of The FASD Trust, which she and her husband started in order to raise awareness of FASD (Foetal Alcohol Spectrum Disorders) here in the UK. The Trust runs support groups across the UK, a telephone helpline and a variety of training courses aimed at those working with families, children & young people and in the caring professions. As well as running The FASD Trust and being its media spokesperson, Julia frequently delivers training presentations on FASD.

Prior to heading up The FASD Trust, Julia held a number of positions in administration and HR in both the private and charitable sectors in London. She and her husband have a daughter who has FAS.

Ron Flowers, Trainer, Trustee of Solve-it and Former Police Officer. Ron Flowers has a special interest in teaching and drug awareness training. He currently delivers teaching on a Level 2 national qualification in substance misuse in two further education colleges in the Wirral and in Chorley and South Ribble.

He is a former police officer with specific experience of working with young people and staff in education settings and in diversionary programmes for young people at risk of criminal involvement.

He has latterly developed close links with Sport England and a number of voluntary sector organisations to develop and deliver specific training around drug issues and drug policy implications for staff.

Ron is a trustee of the national charity Solve-it working to raise awareness of volatile substances and reduce the harm caused through their use.

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Julie Gelo, BSHS/M, Mother of 8 children diagnosed with FAS and related conditions, Executive Director for the Washington State affiliate to the National Organization on Fetal Alcohol Syndrome (NOFAS Washington State) and the co-founder of the FAST Friends FASD Community Support Network, U.S. Julie Gelo is the legal mother to 13 children ranging in age from 8 to 41. She and her husband, Lynn, live in Bothell, Washington with the youngest seven children and are licensed foster parents with Ina Maka, a private foster care agency with United Indians of All Tribes. Eight of Julie's children have been diagnosed with Fetal Alcohol Syndrome or Related conditions, including all seven who live at home. Julie has been the Family Advocate for the Washington State Fetal Alcohol Syndrome Diagnostic and

Prevention Network core team at the University of Washington for eleven years. She is also a foster parent co-trainer with the Resource Family Training Institute with the Department of Social and Health Services. She is the Executive Director for the Washington State affiliate to the National Organization on Fetal Alcohol Syndrome (NOFAS Washington State) and the co-founder of the FAST Friends FASD Community Support Network as well as the annual 5 Day FASD Family Summer Camp. She enjoys reading, music, and dancing and is very active with her family in Special Olympics. She presents workshops and trainings on Fetal Alcohol Syndrome and Effective Advocacy throughout the United States and Canada.



Professor Ian Gilmore MD, PRCP, President, Royal College of Physicians.

Professor Ian Gilmore is the President of the Royal College of Physicians. He is a Consultant Physician and Gastroenterologist at the Royal Liverpool University Hospitals and Honorary Professor at the Department of Medicine, University of Liverpool.

Professor Gilmore was previously Registrar of the College and a member of Council. He chaired a Working Party in 2001, producing the report *Alcohol – can the NHS afford it? A blueprint for a coherent alcohol strategy*. Professor Gilmore continues to chair the Alcohol Committee and has recently held a Think Tank to explore ways in which relevant agencies can work together in a coherent and focussed framework.

He has lectured extensively overseas and has particularly fruitful clinical and research collaborations with American colleagues.

Dr Mary Mather - FRCP, FRCPC, Consultant Community Paediatrician. Dr Mary Mather has been a Consultant Community Paediatrician since 1993. She was the Chair of BAAF's Health Advisory Group from 2000-2005. She is the Medical Adviser to the Bexley Adoption and Fostering Panel and acts as a medical consultant for Parents for Children. She was a member of the Department of Health Reference Group which over saw the implementation of 'Quality Protects'. She is a member of the Editorial Board of *Archives of Disease in Childhood* and on the peer review panel for the journal of, *Adoption & Fostering*.

She is the author of *Doctors for Children in Public Care, the only* British textbook for medical advisers working in adoption and fostering. She has published work on the health of children being presented to adoption panels and the need to reduce delay in order to protect their physical and mental health. She has also published work on the statutory medical examination and the need to replace a formal system with a more flexible and holistic approach, which recognises the stigma attached to growing up in care and the consequences for health outcomes. She has been extensively involved in both the local and national training of medical advisers.

Dr Raja Mukherjee, Consultant Psychiatrist. Dr Raja Mukherjee, is a Consultant Psychiatrist for people with learning Disability in Surrey and Border Partnership trust. He has a lifespan interest and expertise in neurodevelopmental conditions such as Autism and ADHD. His interest specifically in FAS started 5 years ago. The discovery that there was very little UK work into FAS led him to begin to research, teach, publish as well as see patients with FAS clinically. Dr Mukherjee has given evidence on FAS to the DOH, House of Lords and is a member of the NOFAS UK medical advisory panel. He has spoken at over 20 national, regional, and international conferences on the subject of FAS. Dr Mukherjee has published numerous articles in peer reviewed journals and lay press about FAS as well as appearing on numerous TV programmes on the subject. Dr Mukherjee is currently one of the few people in the UK specialising in children and adults with FAS, offering tertiary level advice and support in order to raise the profile of the condition in the UK.

Professor Moira Plant, Professor of Alcohol Studies, University of the West of England, Bristol & Director of the Alcohol & Health Research Trust. Professor Moira Plant has worked in the 'alcohol field' as a therapist and researcher since 1970. She has published widely and is a regular broadcaster on issues related to alcohol consumption and its effects. She was chair of the expert working group on drinking and pregnancy of the International Life Sciences Institute and has for many years served as an advisor to the World Health Organisation. In 1998 she was elected as President of the international Kettil Bruun Society for Social and Behavioural Research on Alcohol. She is Senior Research Consultant to the Addiction Research Institute in the Netherlands. The latter is affiliated to Erasmus University, Rotterdam and to the University of Limberg, Maastricht. Moira is currently co-ordinating the UK part of a major international collaborative study on gender and alcohol.

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Moira's main areas of interest and expertise are women and alcohol, drinking in pregnancy and alcohol-related foetal harm. Moira is Director of the UK and Isle of Man components of Gender, Alcohol and Culture: An International Study (GENACIS). This investigation involves over 30 countries. The Nursing Council on Alcohol and Unison, the public service union, gave her an award in 2002 for her outstanding contribution to the field. Professor Moira Plant is on the editorial board of Journal of Addictive and Adicciones.

Moira's publications include the books *Women, Drinking and Pregnancy, Risk-takers: Alcohol, Drugs, Sex and Youth* and *Woman and Alcohol: Contemporary and Historical Perspectives*.



Professor Ed Riley, Distinguished Professor Psychology, San Diego State University, San Diego, CA, USA. Edward P. Riley (Ph.D., 1974 from Tulane University) is currently a Distinguished Professor in the Department of Psychology and the Director of the Center for Behavioral Teratology at San Diego State University. He is the author of over 200 scientific papers and reviews and served as Chair of the National Task Force on FAS/FAE. He currently serves as the Steering Committee Co-Chair of the SAMHSA sponsored FASD Center for Excellence. He has been President of the Research Society on Alcohol, the Fetal Alcohol Study Group, and the Behavioral Teratology Society. He has served as Associate Editor of the

Journal of Studies on Alcohol, and is on the Editorial Boards of Alcoholism: Clinical and Experimental Research and the Psychological Record. He has received numerous awards for his scholarship and service, most recently the Research Society on Alcoholism Distinguished Researcher Award.

VENUE LOCATION DETAILS & MAP

EDGE HILL UNIVERSITY
ST. HELEN'S ROAD, ORMSKIRK, LANCASHIRE, L39 4QP
T: 01695 575171, WWW.EDGEHILL.AC.UK

The Ormskirk Campus is accessible:

- By road, via the M6, off at junction 26, then onto the M58, off at junction 3, taking the A570 towards Southport and Ormskirk. The campus can also be reached from Preston or Liverpool via the A59.
- By rail, from Liverpool Central to Ormskirk station on Merseyrail's Northern Line or Preston to Ormskirk station on Northern Rail. There is a taxi company based opposite the entrance/exit of Ormskirk station. The campus is a 15-20 minute walk from the train station.
- The Edgelink bus service runs at 15 minute intervals from Ormskirk bus station to Edge Hill and back throughout the day, 8:15 to 17:50 Monday to Saturday, excluding Bank Holidays.

To download a detailed map go to: <http://www.edgehill.ac.uk/location/maps/Ormskirk.pdf>

