

Welcome to:



Run by Jude Seaward

Who am I ?

- I trained as a learning disability nurse in 1985
- This entailed training around :
 - Sensory issues
 - Mental health
 - Teaching new skills (backward chaining, task analysis)
 - Syndromes
 - Behaviour management
 - General health
 - How the environment can impact on behaviour
 - And so much more that was not on the curriculum but has driven me to ensure people are treated with respect, have a voice and are valued members of the community

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Experience within the NHS

- Since qualifying I have specialised in behaviour working both with children and adults in a variety of settings
 - Residential home
 - Assessment unit for challenging behaviour and mental health issues
 - Community (resettlement, transition and families)
 - I have also set up and developed a children's learning disability team supporting parents to manage their child's behaviour

Specialist skills

- Autism
- Pathological Demand Avoidance
- Holistic Behaviour Management
- Person centred planning
- IABA (positive behaviour management)
- Intensive interaction
- Functional analysis

Interpersonal skills & values

- The ability to connect with people
- A friendly and approachable style
- Creative thinker
- Motivated to ensure quality of work
- Committed to providing cost effective service
- Attention to detail in providing effective support and information
- The drive to promote the acceptance of people being different within society

What can I offer? - Assessments

- Holistic assessments of behaviour incorporating an understanding around their level of functioning, sensory issues, environmental factors, interaction styles and how this all impacts upon the child and their behaviour
- Person centred planning co-ordination
- Sensory profiles
- Adaptive behaviour scale to indicate areas of strength and areas to be developed
- Mental health assessment to highlight factors that may affect a child's mental health

Types of assessment packages

- Intensive assessment utilising a variety of assessment tools, extensive observations in home, school and community, information from family , school and any further agencies, past reports.

You will get a extensive report identifying functions of the behaviour, factors that influence the behaviour, interaction styles and recommendations

(approx. cost £1,000 - £1,500 depending upon complexity)

Types of assessment packages ...

- Behavioural assessment looking at potential factors that impact upon the child's behaviour using observations at home and school, review of old reports and history taking from parents and school. You will get a comprehensive report that indicates factors in the behaviour, potential other areas of assessment and recommendations (approx. £500 - £1,000 depending upon complexity)
- Sensory profile – identification of sensory issues and ideas around how to support the identified areas (£200)
- Person centred planning co-ordination and formulation of a person centred plan (£500 - £800)

Types of assessment packages ...

- Adaptive behaviour scale – looks at levels of functioning in key areas of daily living skills. The report will look at each area, identify strengths and areas of development and how these interrelate to provide an over view the person/child's difficulties
(£200 – single area assessment, £300 – dual area assessment)
- Cha Pass-add assessment – assesses key area of a child's mental health identifying key indicators that would point to the need for further assessment in depression, obsessive compulsive disorder, bi polar, autism, ADHD and anxiety. The report will explain which areas breached the thresholds and how to determine what is pertaining to any underlying condition and what is classed as a mental health issue
(£200)

Alternative to assessments

- An alternative service available is called consultations. A consultation is bought on a sessional basis. It is available for parents to discuss concerns, explore low level interventions and assist the parents to understand behaviour further (sessions are between 90 min – 2hours £40 a session)
- Support after assessments will be as above via consultations on these occasions a block booking can be organised at a discounted rate.

What can I offer? - Training

- Individualised training to suit the needs of the staff group or parents
- Empowering parents to complete their own behavioural assessment and to look at interventions
- Enabling staff to look empathically at behaviour
- Recognising how behaviour escalates and what interventions can be done at what time
- Extensive knowledge around management of behaviour in a creative practical manner that has been used in practice
- Use of practical, real life examples to enable learning assisting with making training more realistic and memorable
- A mix of training techniques to optimise learning in a fun and informative manner

Training packages

- Assessing and dealing with your child's behaviour – 3 half day sessions developed for parent groups which enables the parents the time to explore and tailor the training to meet their needs. The presentation cover how to identify problem behaviour, assess the situations they occur in and explore potential functions which can lead to more effective management. The parents attending can bring their experiences to the sessions gain skills to take away and bring back to the next session, thus enabling the parent to build up a greater picture of behaviour from their own perspective. In addition there will be opportunity to interweave areas such as the assault cycle which looks at how behaviour develops and what impacts on behaviour such as sensory issues and sleep. (price with hand-outs £800, if hand-outs printed by group £500)

NB prices are set on no more than 20 hand outs additional price will be charged for larger groups

Training packages ...

- Altering behaviours and establishing new desired behaviours (3 half day sessions). This looks at how parents can use techniques such as ABA (Adaptive Behaviour Analysis), backward and forward chaining, intensive interaction and key skills, to develop desired behaviours. Also explores how visual cues can supplement communication (Price the same as previous training pack)
- Autism awareness - understanding how autism impacts on peoples understanding (3hr session £150 - without hand outs, £200 - with)
- PDA (Pathological Demand Avoidance) – understanding how it differs from autism and the support the children need (3hr session £150 - without hand outs, £200 - with)

NB prices are set on no more than 20 hand outs additional price will be charged for larger groups.

Other potential training that can be developed

- Safeguarding adults
- Common Assessment Framework
- How to complete a person centred plan
- Understanding the system and recognising how policy influences practice (knowledge is power)
- Looking at evidence based practice – parent friendly
- Self reflection techniques

What have parents said?

- Creative and enjoyable workshop, made behaviour realistic and understandable –
Sandra
- It's about having the support, someone who listens to you and actually understands – every home should have a Jude –
Jane
- I've learnt from Jude now to take a step back and evaluate, look at the situation what's triggering him; what's causing that. I couldn't logically think because I'd only had 2 hours sleep in three days, where Jude could see things that I couldn't. She's actually been a lifeline to me – brilliant -
Donna

What have parents said? ...

- Jude has proven to be flexible and innovative making the training interesting and specific to the parents in the group –
Parent workshop
- It meant so much having the information it was like I was seeing my child for the first time and being able to understand him –
Claire
- Its about having people around who will go that extra mile –
Sam

Contact details

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