

Pathological Demand Avoidance

Wednesday 23 November 2011 - Renaissance City Centre Hotel, Manchester

Providing professionals and parents with a clearer understanding of the diagnostic criteria and essential strategies for education, behaviour management and communication.

Featuring:

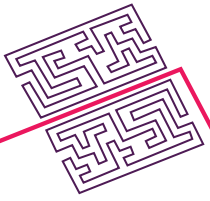
- › **Professor Francesca Happé, Institute of Psychiatry**
- › **Phil Christie, The Elizabeth Newson Centre**
- › **Ruth Fidler, Sutherland House School**
- › **Dr Judith Gould, The NAS Lorna Wing Centre for Autism**

Get
our early
booking rate
– register by
29 July 2011!

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Accept difference. Not indifference.



Pathological Demand Avoidance

Pathological Demand Avoidance Syndrome (PDA) is increasingly recognised as part of the autism spectrum. It is a lifelong disability that affects boys and girls equally. People with PDA need different amounts of support depending on how their condition affects them. The main difficulty for people with PDA is their avoidance of the everyday demands made by other people, due to their high anxiety levels when they feel that they are not in control. However, because they tend to have much better social communication and interaction skills than other people on the spectrum, they can use those skills to disguise their resistance through common avoidance behaviour.

As a result, people with PDA usually experience increased difficulty throughout their lives. They often imitate inappropriate behaviour or come across as overbearing, and may exhibit an obsessive desire to dominate socially. This behaviour can be extremely disruptive within classroom settings and may make for a chaotic and distressing home life.

This conference will give you a greater understanding of PDA and an opportunity to discuss strategies and techniques that will help you support people with the disorder, both at school and at home. You'll be able to hear the latest research on changing diagnostic understandings, as well as an in-depth discussion of educational strategies for teachers. There will also be presentations on approaches to managing behaviour and issues with communication.

Who should attend?

- Education professionals from mainstream schools, special schools and local authorities
- Clinicians across the professional field, including psychiatrists, psychologists, speech and language therapists, occupational therapists and GPs
- Social workers and support workers
- Voluntary sector groups and not-for-profit organisations
- Parents and families of individuals with PDA.

Sponsorship, exhibition and networking opportunities

For bespoke sponsorship packages or to exhibit at this event, please contact **Kate Laird** on **020 7923 5734** or email **conference@nas.org.uk**

The conference is running in association with NORSACA and the Elizabeth Newson Centre. PDA was first identified by Elizabeth Newson over 20 years ago and the Elizabeth Newson Centre is leading the way in diagnosis and support for people with PDA. The centre's expertise means that you'll be hearing the most up-to-date information and advice from authorities in the field.

Information on PDA is extremely limited and there are very few forums for learning about the disorder. This conference is an extremely rare opportunity to hear experts in the field discussing the latest strategies and best practice.

Register your place today to take advantage of our early booking rate!

Key topics include:

- understanding Pathological Demand Avoidance Syndrome
- defining criteria and diagnostic classifications
- educational strategies for use in classroom settings
- approaches to managing behaviour
- how girls with PDA present differently to boys.

Attend to:

- hear the latest research findings
- understand what PDA is and the implications if a child is diagnosed with the disorder
- learn practical strategies for interacting with children with PDA
- network with other professionals, parents and experts in the field.

About the organisers

The National Autistic Society (NAS) is the leading UK charity for people with autism (including Asperger syndrome) and their families. We provide information, support and pioneering services, and campaign for a better world for people with autism.

NORSACA is a regional autism charity based in Nottingham that enables people with autism to live their lives with dignity, choice and independence. It was established in 1968 by a group of parents. The school they set up, Sutherland House, is now located across five sites and the charity offers residential and day care services for adults.

Conference programme

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09.30 **Welcome by the Chairperson**
Professor Barry Carpenter
Director, Complex Learning Difficulties and Disabilities
Research Project, SSAT/DFE

09.45 **Towards a better understanding of PDA**

- What is PDA and how does it present in individuals?
- Where does it fit on the autism spectrum?
- Developing clearer diagnostic understandings: defining criteria and diagnostic classification
- Post-diagnosis – what next?

Phil Christie
Consultant Child Psychologist and Director
The Elizabeth Newson Centre

10.35 **Living with PDA - the parent perspective**

- What it is like living with PDA
- Why getting a diagnosis matters
- Effect on siblings and strategies to manage behaviour within the home
- About the PDA Contact Forum

Dr Margo Duncan
National Coordinator, PDA Contact Forum

11.10 **Refreshment break**

11.40 **New research ideas and questions about PDA**

- The puzzle of PDA
- Exploring PDA traits in existing data from a large population-based twin sample
- Future research into the cognitive profile underlying PDA

Professor Francesca Happé
Professor of Cognitive Neuroscience, MRC SGDP Centre
Institute of Psychiatry, King's College London
and
Liz O'Nions
Postgraduate research student, MRC SGDP Centre
Institute of Psychiatry, King's College London

12.30 **Lunch**

The NAS reserves the right to make amendments to the advertised conference programme and speakers.

13.30 **Educational provision and teaching approaches for children with PDA**

- Understanding children with PDA as learners
- Adapting teaching styles to aid learning
- Strategies for managing behaviour
- Promoting social and emotional well being for children with PDA

Ruth Fidler
Assistant Head, Sutherland House School
and
Phil Christie
Consultant Child Psychologist and Director
The Elizabeth Newson Centre

14.45 **Refreshment break**

15.15 **Developing a county-wide response to PDA**

Dr Jacqueline Morgan
Associate Specialist in Neuro-developmental Paediatrics
Winchester and Eastleigh NHS Trust
and
Dr Natalie Roberts
Clinical Psychologist, Winchester and Eastleigh NHS Trust

15.50 **Women and girls with PDA**

Dr Jacqui Ashton-Smith
Principal, Helen Allison School
and
Dr Judith Gould
Director, NAS Lorna Wing Centre for Autism

16.30 **Closing remarks by the Chairperson and conference end**



For more information and to register, visit

www.autism.org.uk/conferences/PDA2011

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To make a booking:

www.autism.org.uk/conferences/PDA2011

Email conference@nas.org.uk

Tel 0115 911 3367

Fax 0115 911 3362

Post NAS Conference and Events Team
6th Floor, Castle Heights
72 Maid Marian Way,
Nottingham NG1 6BJ

Brochure code: REG1

Rates	Early booking rate Book by 29 July 2011	Standard rate
Delegate rate	<input type="checkbox"/> £175 + VAT	<input type="checkbox"/> £225 + VAT
NAS members		<input type="checkbox"/> £150 + VAT
Individuals on low income*		<input type="checkbox"/> £95 + VAT
Exhibitor rate	<input type="checkbox"/> £395 + VAT	For full details of what the exhibitor rate includes, please visit the website: www.autism.org.uk/conferences/PDA2011

* Including people receiving: 1) Income Support 2) Employment Support Allowance
3) Disability Living Allowance 4) Carers Allowance

Delegate details

Title	First name	Surname
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We'd like to keep in touch by email. Please tick this box if you are happy to receive emails from us <input type="checkbox"/>		
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NAS membership number:

Any special requirements

eg Access/Dietary/Support/Other?

How did you hear about this conference?

Please write here

Booking contact

If you are booking on behalf of someone else, please provide your contact details here.

Title	First name	Surname
Job title		Tel
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Payment details

CHEQUE

Please find enclosed a cheque for £

Please make all cheques payable to 'The National Autistic Society'

INVOICE Please complete all details below

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Card type	Card number	
Start date	Expiry date	Security code (3 digits on reverse)
Name on card		
Signature		

Terms & conditions

Conference fees

All prices include entrance to the conference and seminar sessions, lunch, refreshments and comprehensive delegate documentation. Fees do not include delegate accommodation and travel and The National Autistic Society (NAS) is not responsible for arranging these.

Payment

Payment must be received before the conference date. If payment is not received by this time, delegates will be required to guarantee payment by credit card on the day of the conference. Cheques should be in pounds sterling and should be made payable to 'The National Autistic Society'.

Cancellations and refunds

Delegates who wish to cancel their places must do so in writing. If notice of cancellation is received at least 21 days prior to the event, the NAS will refund the full registration fee less £50 administration charge. If notice of cancellation is not received within 21 days prior to the conference, then we regret that no refund can be made.

Substitutions can be made without charge up to three days prior to the event. In the event that the NAS has to cancel the event, delegates will be given as much notice as possible and given a full refund (if paid in full) or a credit note (where payment is not yet made). We regret that we will be unable to compensate delegates for any travel or accommodation costs incurred.

Overseas delegates

EU countries: Delegates attending from EU countries are exempt from paying VAT only when their organisation is VAT registered within their own country. Confirmation of the VAT registration number is required at the time of booking. Non-EU countries: VAT will be charged on the invoice but you are able to claim back the VAT charge.