



Tutor's Course

Who is this course for?

The Tutor's Course is for those who are committed to developing sustainable person centred Postural Care infrastructure within their community, service or region. The Tutor's course gives those following it not only the skills to apply Postural Care safely, humanely and effectively but it also accredits them to teach these principles to others.

This course is for anyone who understands the importance and value of Postural Care and wants to support others. Examples of people we have worked with include:

- Self Advocates
- Family Carers
 - Nurses
- Personal Assistants
- Physiotherapists
 - Teachers
- Occupational Therapists

What will the course teach me?

Those following this course will learn much more than just the basic principles of Postural Care. The course allows learners to explore wider healthcare provision issues, who to enlist in support of a successful Postural Care Pathway, the biomechanics of body shape distortion and managing thermal care, as well as the complex ideas around self management and determination for successful Postural Care.

How is the course structured?

The course is structured to last for one year but there is opportunity to extend this up to two years. The course begins with a three day residential where participants get a chance to meet the team, are given their licensed teaching materials, as well as a thorough introduction to Postural Care. The course then continues via distance learning and two further workshops during which the Goldsmith Indices of Body Symmetry and principles of Person Led Care Pathways are taught. Participants have constant access to the team through email, telephone and outreach visits.

How much does this course cost and what is included?

Places on this course cost £4500 + VAT. This fee includes all tuition, a 3 day residential course with refreshments and meals, registration and moderation through the Open College Network West Midlands Region (www.ocnwmr.org.uk) 2 further outreach training days, all course and teaching materials and a license to use these materials to teach others. The license agreement is made between the participant and PCSP (UK) Ltd. The materials can only be used by those individuals licensed to do so.

When do these courses run?

These courses run throughout the year. We usually have one residential planned each month.

How do I get more information?

Should you require more information or wish to apply for a place on our tutor's course please contact the team.

Email: info@posturalcareskills.com

Telephone: 01827 304 938

Sarah Hill (Principal Tutor): 07729 552 626