

What is postural care?

People who find it hard to move are at risk of developing changes in their body shape.

These changes can make life much more difficult for the person and for those caring for them, they are also preventable.

Postural care involves making sure that every person is supported to be as comfortable and pain free as possible during the whole 24 hour period. This may include the use of specialised seating as well as night time positioning.

You can find further information about postural care here:

www.mencap.org.uk/posturalcare

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POSTURAL CARE CIC

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Postural Care Award Accredited level 2

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Postural Care Award

The Postural Care Award is accredited at Level 2 with a Credit Value of 3. It is included on the Qualification and Credit Framework so you can use the credits you gain to work towards larger qualifications.

Course content

During the two day course we will cover the following areas:

- Understanding the need for Postural Care
- Identifying pain and non-pain related behaviour in individuals who are unable to communicate with words
- Know how to distinguish between supported and destructive postures
- Understand how to apply 24 positioning safely and humanely
- Understand the principles of achieving thermal comfort for people needing postural care
- Understanding external factors affecting the provision of postural care

What do I have to do?

Course delegates must attend both days and work to complete their evidence portfolio. After the course you will be expected to complete any work and to post the portfolio to Postural Care CIC on or before the course deadline. Delegates who do not send their portfolio to us on time will not be certificated

If you have any concerns regards your individual learning needs please do not hesitate to contact Sarah or Polly in confidence at Postural Care CIC to discuss how we can best support you to generate your evidence

The Venue

All courses are held at The Coton Centre, Comberford Road, Tamworth, Staffordshire, B79 9AA from 9.30am to 4.30pm

Tea, coffee and lunch are provided

Please note that this is a non-smoking site and you will be asked to return to your vehicle if you wish to smoke during any free time

Pricing

**£99.50 per person
to include two day training
course, materials, registration
and certification with the Open
College Network**

Course dates:

8th and 9th October 2013
12 and 13th November 2013
21st and 22nd January 2014

Booking for all courses is **essential**

To reserve your place please visit
www.posturalcareskills.com

To discuss deliver of this training at a venue of your choice please contact Sarah Clayton

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