



Challenging Behaviour in Learning Disability - Level 1

| Dates | Venues | Ref: |
|---|--|----------|
| Tuesday 30 th October 2012 | Aylesford Priory, Nr Maidstone**** | TJ01 PVI |
| Wednesday 23 rd January 2013 | The Riverside Community Trust, Gravesend**** | TJ02 PVI |
| Thursday 21 st March 2013 | The River Centre, Tonbridge | TJ03 PVI |

******THIS VENUE – DELEGATES CAN EITHER TAKE THEIR OWN LUNCH OR A SANDWICH CAN BE PURCHASED ON SITE.**

TEA/COFFEE WILL BE SERVED THROUGHOUT THE DAY AS NORMAL

Time: 9:30 am – 4:00 pm

Duration: One day

Cost: £30.00 per person

Target Group: All Learning Disability Staff and Managers

People with learning disabilities will react to their environment in many different ways. Sometimes these reactions are challenging to the services supporting them. This may be the result of health conditions, anxiety, frustration, emotion or previous learning.

This Level 1 course looks at how services can reduce the likelihood of challenging behaviours. Through presentation and group work you will gain an understanding of how challenging behaviour is caused and strategies to prevent and respond to it.



Learning Outcomes

At the end of the course you will:

- Have a better understanding of what is meant by challenging behaviour
- Be able to identify potential causes of challenging behaviour
- Understand how support strategies can prevent or reduce challenging behaviour
- Have gained awareness of the importance of a person centred approach
- Understand current good practice in managing challenging behaviour

Policy and Legislation Context

Services for People with Challenging Behaviour or Mental Health Needs (Department of Health, 2007)

Challenging Behaviour: A Unified Approach (Royal College of Psychiatrists, British Psychological Society and Royal College of Speech and Language Therapists; 2007)

To apply: Send a completed application form: to **Mary Johnson** PVI Social Care Administrator, by e-mail to PVISocialCareTraining@kent.gov.uk by fax to 01622 696359 or by **post** to:

Kent County Council, PVI Training, Human Resources, 2nd Floor, Brenchley House, 123-135 Week Street, Maidstone, Kent. ME14 1RF.

Telephone bookings and attendance without e-mail confirmation **will not be accepted**

We are committed to integrating an equalities perspective into all our work

