

Night time positioning and preventing changes in body shape

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FPLD Complex Health Needs
Seminar

24 hour postural care

- What is it?
- Who does it?
- How do we know it is working?

What is it?



What is it?

- There are 8,760 hours in a year
- If you go to bed at 9pm and get up at 7am you will spend 3,650 hours in bed
- If you find it difficult to move or change position effectively there is a danger that this time will become extremely destructive

What is it?

- It is driven by OUTCOME
- If you want to protect a child's body shape you need to measure them as they grow
- It is not a list of equipment

Who does it?

- Postural care is delivered by those who provide day to day support, in particular the people that are there are 2am

How do we know it is working?

Outputs

- Numbers of face to face contacts
- Equipment provision
- Budget management

Outcomes

- Measurement of body symmetry
- Numbers of children accessing a service who experience hip dislocation
- Reduced pain or distress
- Reduced surgical intervention
- Reduced secondary complications

Positive Deviance



“Positive Deviance is based on the observation that in every community there are certain individuals or groups whose uncommon behaviours and strategies enable them to find better solutions to problems than their peers, while having access to the same resources and facing similar or worse challenges”

Potential challenges for families

- Behavioural change
- Lack of information
- Equipment provision
- Criteria - form v function
- Priority
- Lack of control
- Expectations
- Conflict / Relationships

Potential challenges for practitioners

- Behavioural change
- Lack of information
- Equipment provision
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Potential drivers

Family Leadership

Safeguarding

Personal Health
Budgets

SEND Reform and inclusion
within EHC Plans

Task sharing

Positive Deviance

GMFCS Gross Motor Function Classification Scale	1 Children who can walk, run, jump and climb stairs but who have some impairment of speed, balance and/or coordination	2 Children who can walk in and outdoors and climb stairs but have some difficulties with such things as uneven ground or crowds 3 Children who use walking aids but use wheelchairs for long distances	4 Children who use walking aids for short distances but use wheelchairs most of the time 5 Children who use wheelchairs for all mobility and need postural support in order to be able to sit comfortably	Number of children supported by the service	75% Migration (over 75% of femoral head uncovered by acetabulum)
Wakefield	122	106	46	274	0
Pontefract	48	79	50	177	2

“Unless someone like you
cares a whole awful lot,
nothing is going to get better.
It's not.”

Dr Seuss, The Lorax

Thank you

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