

**A COMPLIMENTARY STUDY DAY THAT WILL HELP YOU
"IMPROVE THE HEALTH OF THE BABIES YOU DELIVER"**



**Learn from doctors, specialist midwives and mothers
of children with alcohol related brain damage about**

ALCOHOL and PREGNANCY

- When / if it is safe to drink in pregnancy?
- How might alcohol affect the baby?
- The best way to discuss alcohol with a pregnant woman?

Tuesday, 25 January 2011 – Nottingham

**To book your free place for this
CPD Registered Training for Midwives contact:**

**NOFAS-UK
National Organisation for Fetal Alcohol Syndrome-UK**

Tel: 0208 458 5951 / Fax: 0208 208 3296

Helpline: 08700 333 700

Email: nofas-uk@midlantic.co.uk

Website: www.nofas-uk.org

Registered Charity No. 1101935