

## Does your relative with learning disabilities or autism live in supported living or a residential home?

### Are you worried about the health?

People with learning disabilities have poorer health and are likely to die earlier than the general population:

- they need access to good healthcare
- they need sensitive support to prevent them falling ill or their health getting worse
- they need effective support to manage ill health

Social care providers want to get better at supporting people with their health. Improving Health and Lives is writing a health charter for social care provider organisations so that they can sign up and improve their practice.

The charter will be accompanied by guidance including stories and advice from family carers.

### Come to a meeting ... tell us:

- what is working well – so we can encourage good practice
- what isn't working – so we can explain how to avoid it
- what sort of support makes a difference to your relative's health

The event will be hosted by Liz Wilson, Family Consultant Dimensions / NDTi Associate and Carol Robinson, NDTi Associate

**The Meeting will take place on Monday 4<sup>th</sup> November and will run between 10.30 and 3pm.** A sandwich lunch will be provided and reasonable travel expenses will be paid.

**The Venue:** Oxford Place, Centre, Leeds LS1 3AX Tel: 0113 245 3502

For more information go to: <http://www.oxfordplace.org.uk/location.html>

## Directions

The Town Hall is your best landmark, most people can direct you to it. If you are facing the front of the Town Hall then the Oxford Place Centre is to your left.

Parking around Oxford Place is limited and can be expensive. It can be difficult to find a place at certain times during the week.

The [Leeds CityBus](#) runs every day except Sunday and follows a circular route around the city centre. It stops near the Oxford Place Centre (ask for the Town Hall) and can be boarded at several places around the city centre including Leeds General Infirmary (LGI) the rail station, the bus station as well as the Town Hall.

There is a 50p charge per journey. MetroCards, Season and Day tickets are accepted, but, on weekdays, concessionary tickets are only accepted after 9.30am.

Below are links to a street map that you can print off.

<http://www.bing.com/maps/?v=2&where1=LS1%203AX&%20sty=r#Y3A9NTEuNDUwMDAxfi0wLjE4MzMzMzMyZsdmw9NiZzdHk9ciZlZz0wJnE9TFMxJTI1MjAzQVg=>

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<http://www.streetmap.co.uk/map.srf?x=429694&y=433845&z=0&sv=ls1%203ax&st=PostCode&lu=N&tl=Oxford%20Place%20Methodist%20Centre&ar=y&bi=~&mapp=map.srf&searchp=ids.srf>

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