

NICE indicator guidance for QOF

Indicator area: Learning Disability

Indicator for NICE menu (Indicator ID: NM04)

Percentage of patients on the Learning Disability register with Down's Syndrome aged 18 and over who have a record of blood TSH in the previous 15 months (excluding those who are on the thyroid disease register)

Rationale

Poor thyroid function can impair an individual's quality of life. Children and adults with Down's syndrome are at increased risk of thyroid dysfunction, particularly hypothyroidism, compared with the general population, and the incidence of thyroid dysfunction increases with age¹.

Reporting and verification

Practices should report the percentage of patients on the Learning Disability register with Down's syndrome aged 18 and over with a record of blood TSH (thyroid stimulating hormone) in the previous 15 months. Patients who are on the QOF thyroid register should be excluded from this indicator as these patients are likely to have had the required tests.

References

1. Rooney S, Walsh E (1997) Prevalence of abnormal thyroid function in a Down's syndrome population. *International Journal of Medical Science* 166: 80–2.

Further information

This is NICE indicator guidance for QOF which is part of the NICE menu of indicators. It does not represent formal NICE guidance. The NICE menu of indicators for QOF is available online at

www.nice.org.uk/aboutnice/qof/indicators.jsp

Publication date

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