

No Going Back: *Psychodynamic perspectives on community living for people with learning disabilities*

Friday 4th October 2013

9.30am - 4.00pm

The Fielder Centre, Hatfield Business Park
Hatfield Avenue, Hatfield, Herts AL10 9TP
www.conferencehertfordshire.co.uk



Photograph of Cell Barnes Hospital Circa 1950 - TBC

Joint Conference:

APP
HPFT
University of Hertfordshire

A.P.P.
Association for
Psychoanalytic
Psychotherapy in the
National Health Service



Hertfordshire Partnership **NHS**
University NHS Foundation Trust



OUTLINE OF THE DAY

- 9.00 - 9.30 **Registration and Coffee**
- 9.30 - 9.45 **Welcome and Introduction**
Chair: Tom Cahill, Chief Executive HPFT
- 9.45 - 10.30 **No Going Back**
Professor Jan Walmsley, Open University
- 10.30 - 11.00 **I like it where I live. Well most of the time**
David O Driscoll, HPFT in conversation with service user Carole Lee CBE

Break

- 11.30 - 12.15 **A Therapeutic Community in a High secure environment**
Dr John Taylor, Rampton High Secure Hospital
- 12.15 - 13.00 **Response from BMA President, Home Sweet Home**
Professor The Baroness Sheila Hollins

Lunch

14.00 - 14.45 Workshops (sign up on the day)

1. **Introduction to psychodynamic model**
David O'Driscoll
2. **Experiences of Learning Psychotherapy**
Dr Georgina Parkes, Dr Rehana Akther, Dr Adeel Khan & Dr Sonika Bhasin
& Dr Toby O'Hanlon
3. **Using Books Beyond Words in Therapy**
Professor The Baroness Sheila Hollins & Dr Sophie Shardlow

Break

- 15.00 - 15.45 **Adaptations to traditional psychoanalytical techniques**
Professor Nigel Beail
- 15.45 – 16.15 **Summary, discussion and feedback**
Dr Georgina Parkes

End

Please note that the programme is subject to change

No Going Back: Psychodynamic perspectives on community living

“The new beautiful community homes provide an even more disconcerting backdrop for communications of despair.”

Valerie Sinason

Today there is a developing interest in the use of psychodynamic psychotherapy with people with learning disabilities and the recognition that an understanding of some of its key concepts will bring greater understanding of a person's behaviour. This conference has been organised jointly between Hertfordshire Partnership NHS Foundation Trust and the Association for Psychoanalytic Psychotherapy in the National Health Service (APP) with the support of the University of Hertfordshire. Research has shown that for the majority of service users the change from long term institutional care to community care has been positive. But, it would be wrong to say that this has not been without its challenges and problems. In this conference we want to think about some of these challenges and problems in particularly the service user internal experience of community life and the staff relationship. The main perspective of the day will be psychodynamic, but we will be hearing about other points of view including from a service user.

Organisers:

Dr Georgina Parkes

Consultant Psychiatrist Learning Disability and Joint Medical Lead HPFT

Chair of Institute of Psychotherapy and Disability

Learning Disability section and co-opted council member of APP

Mr David O'Driscoll

Honorary Visiting Research Fellow University of Herts,

UKCP registered psychotherapist

Loss and Bereavement Service SLDS HPFT.

Learning Disability section and co-opted council member of APP

Booking Form

Full name:

Organisation:

Address:

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Telephone:

Email:

	YES	FEE
APP Member	<input type="checkbox"/>	£85
HPFT staff	<input type="checkbox"/>	£85
Other	<input type="checkbox"/>	£95

Special dietary requirements:

Please print and send with cheque (payable to Hertfordshire Partnership NHS Foundation Trust) to:

Carolyn Johnson
Medical Secretary to Dr G. Parkes
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