



# Autism and Mental Health

## Supporting Children and Adolescents

**Tuesday 21 June 2011** - Novotel Birmingham Centre Hotel, Birmingham

Presenting the latest research and best practice in diagnosis and interventions for CAMHS professionals working with children and adolescents with an ASD.

**Featuring:**

- › **Professor Emily Simonoff, Institute of Psychiatry, Kings College London**
- › **Professor Ann Le Couteur, School of Clinical Medical Sciences (Child Health), Newcastle University**
- › **Dr Ann Ozsivadjian, Newcomen Centre, Guy's Hospital**
- › **Dr Paramala J Santosh, Great Ormond Street Children's Hospital for Children**

Endorsed by:



Book before  
22 April 2011  
and  
**SAVE £50**

Accept difference. Not indifference.

# Autism and Mental Health

## Presenting the latest research and best practice in diagnosis and interventions for children and adolescents with an ASD.

Autism spectrum disorder (ASD) is a complex disability, so diagnosing and assessing mental health problems in children and adolescents with an ASD can be much more difficult. Mental health interventions can be harder to apply successfully for this group and may need a change in approach to achieve positive results.

Government figures show that one in every ten children using CAMHS is on the autism spectrum. Good practice in treating mental health problems for this group is emerging all the time. It is crucial that this practice is shared and replicated across the country to get the best possible outcomes for this significant group.

This conference will give you the tools and strategies you need to identify and provide targeted support for children and adolescents with an ASD. Our keynote speaker, Professor Emily Simonoff, will be presenting the results of her latest SNAP study into prevalence rates and its implications for CAMHS services.

Our other high-profile speakers will talk about adapting screening and diagnostic instruments for assessing children with complex needs. There will also be practical discussions focusing on how to adapt therapies and interventions to make them appropriate for children on the autism spectrum and case studies illustrating best practice models for diagnosis and transition planning. With two different seminar streams to choose from, delegates can select the seminars which are most relevant to their work.

This event is a great opportunity to hear from and network with acknowledged experts in the field and gain a wealth of knowledge, engage in debate and exchange new ideas.

**Register your place today and take advantage of our early booking rate! Offer ends 22 April 2011!**  
[www.autism.org.uk/conferences/CAMHS2011](http://www.autism.org.uk/conferences/CAMHS2011)

### About the organisers

**The National Autistic Society (NAS)** is the leading UK charity for people with autism (including Asperger syndrome), their families and the professionals who work with them. We provide information, support and pioneering services, and campaign for a better world for people with autism.

### Key topics:

- Prevalence rates of ASDs and co-morbid mental health issues in children and adolescents
- Adapting screening and diagnostic instruments for children with an ASD
- Making assessments more autism-friendly
- Models for diagnosis
- Adapting CBT for children with an ASD
- Forging better partnerships with schools
- Medication for children with an ASD
- Training CAMHS teams in ASD assessment
- Transition planning

### Attend to:

- hear about the latest research from experts in the field
- understand how to adapt your assessments to meet the needs of children with an ASD
- learn which interventions work and which don't for children with an ASD
- gain practical tools to help communicate better with children with an ASD
- network with other professionals and experts in the field.

### Who should attend?

Professionals from across all four CAMHS tiers, including:

- clinicians across the professional field, including child and adolescent psychiatrists, clinical and educational psychologists, paediatricians, speech and language therapists, occupational therapists and GPs
- psychiatric and mental health nurses
- directors/service managers/team leaders of CAMHS teams
- commissioners for CAMHS services
- social, health and support workers
- education professionals from mainstream schools, special schools and local authorities
- voluntary sector groups and not-for-profit organisations
- parents and families of people with autism

### Sponsorship and networking opportunities

For bespoke sponsorship packages please contact **Kate Laird** on **020 7923 5734** or email [conference@nas.org.uk](mailto:conference@nas.org.uk)



08:45 Registration and refreshments

09:30 **Welcome by the Chairperson**  
**Steve Shrubbs**, Director of the Mental Health Network  
The NHS Confederation

09:45 **Keynote presentation**  
**Prevalence rates of ASD's and co-morbid mental health issues in children and adolescents: results from the SNAP study and its implications for CAMHS**  
**Professor Emily Simonoff**, Professor of Child & Adolescent Psychiatry, Institute of Psychiatry  
Kings College London

10:20 **Getting it right: the impact on families**  
**Tom Madders**, Head of Campaigns  
The National Autistic Society and  
**Helene Denness**, Parent

10:55 Q&A session

11:10 Refreshment break



11:40	<p><b>Stream A</b></p> <p><b>Recognising co-morbidity: the journey of children and young people through CAMHS</b></p> <p><b>Dr Sarah Lister Brook</b>, Consultant Clinical Psychologist, South West London &amp; St Georges' Mental Health NHS Trust</p>	<p><b>Stream B</b></p> <p><b>Making CAMHS more autism friendly: easy and low-cost adaptations to standard practice</b></p> <p><b>Dr Jo Bromley</b>, Consultant Clinical Psychologist and <b>Alison Hunter</b>, Specialist Speech and Language Therapist, Social Communication Assessment and Intervention Team, Central Manchester Children's Hospital Foundation Trust</p>
12:15	<p><b>A workable model for diagnosis within CAMHS: a case study</b></p> <p><b>Dr Peter Corr</b>, Principal Clinical Psychologist/Service Manager, Inspire - Children's Learning Disability Team Wolverhampton CAMHS</p>	<p><b>Forging better partnerships with schools for more effective outcomes: a case study</b></p> <p>Speaker to be confirmed</p>
12:50	Q&A session	
13:00	Lunch	
14:00	<p><b>Cognitive Behavioural Therapy for young people with an ASD</b></p> <p><b>Dr Ann Ozsvadjian</b>, Principal Clinical Psychologist, Newcomen Centre, Guy's Hospital</p>	<p><b>What do children and young people want from CAMHS? The Young Campaigner's Charter</b></p> <p><b>Jacob Denness</b> and <b>Hayley Nickels</b> from the Young Campaigners' Group talk about their Charter and how to ensure children and young people with an ASD can participate in service planning and delivery.</p>
14:35	<p><b>Medication – what works and what doesn't</b></p> <p><b>Dr Paramala J Santosh</b>, Consultant in Child and Adolescent Neuropsychiatry and Psychopharmacology, and Head of the Centre for Interventional Paediatric Psychopharmacology, Great Ormond Street Hospital for Children</p>	<p><b>Training a CAMHS team in ASD assessment – generic and specialist assessment</b></p> <p><b>Dr Sita Ratna Wunnava</b>, Consultant in Child and Adolescent Psychiatry and Clinical Lead for ASD Dudley and Walsall NHS Trust</p>
15:10	Q&A session	
15:25	Refreshment break	
16:00	<p><b>Transition planning: getting buy-in from adult mental health services and social services</b></p> <p><b>Professor Ann Le Couteur</b>, Professor of Child and Adolescent Psychiatry, School of Clinical Medical Sciences (Child Health), Newcastle University</p>	<p>16:35 Q&amp;A session</p> <p>16:40 Closing remarks</p> <p>16:45 Close of conference</p>

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Tuesday 21 June 2011

Novotel Birmingham Centre Hotel, Birmingham

Brochure code: WEB3

Rates	Early booking rate Book by 22 April 2011	Standard rate
Conference rates	<input type="checkbox"/> £175 + VAT	<input type="checkbox"/> £225 + VAT
NAS Members rate	<input type="checkbox"/> £150 + VAT	
Parents rate	<input type="checkbox"/> £95 + VAT	

## To make a booking:

www.autism.org.uk/conferences/  
CAMHS2011

**Email** conference@nas.org.uk

**Tel** 0115 911 3367

**Fax** 0115 911 3362

**Post** NAS Conference and  
Events Team  
6th Floor, Castle Heights  
72 Maid Marian Way,  
Nottingham NG1 6BJ

## Delegate details

Title	First name	Surname
Job title		Tel
Organisation		Fax
Email		
Keeping in touch with you via email can help to keep our costs down. <b>Please tick this box if you are happy to receive emails from us</b> <input type="checkbox"/>		
Address		
	Town	County
Postcode	Country	

The National Autistic Society would like to update you from time to time in order to inform you about our work.

If you **do not** want to receive any mailings from The National Autistic Society, **please tick this box**

### NAS membership number:

### Any special requirements

e.g. Access/Dietary/Support/Other?

### How did you hear about this conference?

Please write here

## Booking contact

If you are booking on behalf of someone else, please provide your contact details here.

Title	First name	Surname
Job title		Tel
Email		

## Payment details

### CHEQUE

Please find enclosed a cheque for £

Please make all cheques payable to The National Autistic Society

### INVOICE Please complete all details below

Invoice for the attention of	
PO Number (if applicable)	
Address	
Postcode	Tel
Email	

### CREDIT CARD

Card type	Card number	
Start date	Expiry date	Security code <small>(3 digits on reverse)</small>
Name on card		
Signature		

## Terms & conditions

### Conference fees

All prices include entrance to the conference and seminar sessions, lunch, refreshments and comprehensive delegate documentation. Fees do not include delegate accommodation and travel and The National Autistic Society (NAS) is not responsible for arranging these.

### Payment

Payment must be received before the conference date. If payment is not received by this time, delegates will be required to guarantee payment by credit card on the day of the conference. Cheques should be in pounds sterling and should be made payable to "The National Autistic Society".

### Cancellations and Refunds

Delegates who wish to cancel their places must do so in writing. If notice of cancellation is received at least 21 days prior to the event, the NAS will refund the full registration fee less £50 administration charge. If notice of cancellation is not received within 21 days prior to the conference, then we regret that no refund can be made.

Substitutions can be made without charge up to 3 days prior to the event.

In the event that the NAS has to cancel the event, delegates will be given as much notice as possible and given a full refund (if paid in full) or a credit note (where payment is not yet made). We regret that we will be unable to compensate delegates for any travel or accommodation costs incurred.

### Overseas Delegates

EU countries: Delegates attending from EU countries are exempt from paying VAT only when their organisation is VAT registered within their own country. Confirmation of the VAT registration number is required at the time of booking. Non-EU countries: VAT will be charged on the invoice but you are able to claim back the VAT charge.