



# Understanding and Managing Challenging Behaviour

Wednesday 11 July 2012, Crowne Plaza Hotel, Liverpool

Presenting the latest research and best practice in understanding and responding to challenging behaviour in children and adults with autism

## Featuring:

- > Professor Chris Oliver, **Cerebra Centre for Neurodevelopmental Disorders**  
**University of Birmingham**
- > Professor David Allen, **Abertawe Bro Morgannwg University NHS Trust**
- > Geoff Evans, **Options Group**
- > Dr Andy McDonnell, **Studio III Clinical Services**
- > Louise Albert, **Positive Behavioural Support Team, NAS Cymru**

Endorsed by:



Making a difference for 50 years



# Understanding and Managing Challenging Behaviour

**Every day, people with autism are expected to cope with the challenges of a world which can often seem bewildering and irrational. This can cause high levels of anxiety and stress, resulting in behaviours that can be difficult for other people to deal with and offer significant challenges to professionals involved in the provision of educational, health and welfare services.**

This conference features key speakers who will discuss the causes of challenging behaviour for people with autism. Hear the latest information from experts in the field and learn from case studies illustrating best practice. With two different seminar streams to choose from, delegates can select the seminars which are most relevant to their work.

Responding effectively to behaviour that can be challenging remains a big concern for professionals working in the care or education sectors. It is important for early intervention and planning to ensure that situations don't escalate to a point when physical intervention seems the only option.

Our first seminar stream features expert psychologists and clinicians who are renowned in this field. They will discuss the latest thinking around high risk and self-injurious behaviour, and how to assess the effectiveness of behavioural support strategies.

## Key topics include:

- > working holistically and in partnership with families
- > low arousal approaches to managing challenging behaviour
- > self-injurious behaviour
- > using sensory understanding for early intervention and support
- > effective staff training and leadership
- > understanding communication differences and challenges.

The second seminar stream will discuss proactive and practical strategies to help reduce confrontation by reducing potential triggers and develop an organisational approach to managing challenging behaviours.

This event is a great opportunity to hear and network with acknowledged experts in the field and to gain a wealth of knowledge, engage in debate and exchange new ideas.

## Attend to:

- > hear about the latest research from experts in the field
- > understand the causes of challenging behaviours and how to reduce potential triggers
- > learn practical strategies for recognising early warning signs and making positive interventions
- > network with other professionals.

## Who should attend?

- > Education professionals from mainstream schools, special schools and local authorities
- > Clinicians across the professional field, including psychiatrists, psychologists, speech and language therapists, occupational therapists and GPs
- > Social workers and support workers
- > Voluntary sector groups and not-for-profit organisations
- > Individuals with autism and their parents and families

## About the organisers

**The National Autistic Society (NAS)** is the leading UK charity for people with autism (including Asperger syndrome) and their families. We provide information, support and pioneering services, and campaign for a better world for people with autism.

## Save the date: two more NAS Conferences in October

Who cares? Practical approaches to supporting older people with autism, **10 October, London**

Women and girls on the autism spectrum  
**16 October, Birmingham**



## Plenary Sessions

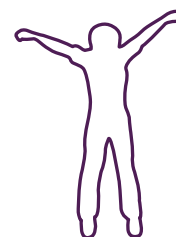
- 08:45 Registration and refreshments
- 09:30 **Welcome by the Chairs**  
**Dr Colin Dale**, Chief Executive, Caring Solutions (UK) Ltd  
**John Booker**, Adult Asperger Action
- 09:40 **Keynote Address: A holistic approach to supporting the behaviour of individuals with autism**  
**Geoff Evans**, Head of Quality Improvement, Options Group
- 10:20 **Working in partnership with families**  
 Speaker to be confirmed, The Challenging Behaviour Foundation
- 11:00 Refreshment break

## Stream Sessions

STREAM 1 – CLINICAL DISCUSSIONS	STREAM 2 – PRACTICAL STRATEGIES
11:40 <b>Eating disorders in young people with autism</b> <b>Dr Nikola Kern</b> Consultant Psychiatrist, Eating Disorder Service South London and Maudsley NHS Foundation Trust	11:40 <b>Recognising early warning signals and responding effectively</b> <b>Louise Albert</b> Positive Behavioural Support Team Manager, NAS Cymru
12:20 Lunch	12:20 Lunch
13:20 <b>Self injurious behaviour</b> <b>Professor Chris Oliver</b> Professor of Neurodevelopmental Disorders, Cerebra Centre for Neurodevelopmental Disorders, University of Birmingham <b>Dr Caroline Richards</b> Clinical Psychologist in Training, Cerebra Centre for Neurodevelopmental Disorders, University of Birmingham	13:20 <b>Using sensory understanding for early intervention and support</b> <b>Corinna Laurie</b> Occupational Therapist, The Helen Allison School
14:00 Seminar changeover time	14:00 Seminar changeover time
14:10 <b>Assessing the effectiveness of positive behavioural support: the P-CPO project</b> <b>Professor David Allen</b> Abertawe Bro Morgannwg University NHS Trust	14:10 <b>Understanding and supporting communication differences and challenges in people with autism</b> <b>Lilias Nicholls</b> Lead Speech & Language Therapist Daldorch House School
14:50 Refreshment break	14:50 Refreshment break

## Plenary Sessions

- 15:20 **Effective staff training and leadership in teams working with people who challenge**  
**Dr Andy McDonnell**, Director, Studio III Clinical Services
- 16:00 **Closing remarks by the Chairs**
- 16:10 Conference ends



The NAS reserves the right to make amendments to the advertised conference programme and speakers.

**For more information and to register, visit**  
[www.autism.org.uk/conferences/behaviour2012](http://www.autism.org.uk/conferences/behaviour2012)

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Brochure code: WEB

## To make a booking:

**Online** [www.autism.org.uk/conferences/behaviour2012](http://www.autism.org.uk/conferences/behaviour2012)

**Email** [conference@nas.org.uk](mailto:conference@nas.org.uk)

**Tel** 0115 911 3367

**Fax** 0115 911 3362

**Post** NAS Conference and Events Team  
6th Floor, Castle Heights  
72 Maid Marian Way,  
Nottingham NG1 6BJ

Rates	Early booking rate Book by 29 April 2011	Standard rate
Delegate rate	<input type="checkbox"/> £175 + VAT	<input type="checkbox"/> £225 + VAT
NAS Members		<input type="checkbox"/> £150 + VAT
Parents/Carers/Individuals on low income*		<input type="checkbox"/> £75 + VAT
Exhibitor Rate	<input type="checkbox"/> £395 + VAT	For full details of what the exhibitor rate includes, please visit the website: <a href="http://www.autism.org.uk/conferences/behaviour2012">www.autism.org.uk/conferences/behaviour2012</a>

\* Including people receiving: 1) Income Support 2) Employment Support Allowance 3) Disability Living Allowance 4) Carers Allowance

## Please confirm which stream you would like to attend:

**Stream 1**

CLINICAL DISCUSSIONS

**Stream 2**

PRACTICAL STRATEGIES

## Delegate details

Title	First name	Surname
Job title		Tel
Organisation		Fax
Email		
Keeping in touch with you via email can help to keep our costs down. <b>Please tick this box if you are happy to receive emails from us</b> <input type="checkbox"/>		
Address		
	Town	County
Postcode	Country	

The National Autistic Society would like to update you from time to time in order to inform you about our work.

If you **do not** want to receive any mailings from The National Autistic Society, **please tick this box**

### NAS membership number:

**Any special requirements**  
eg Access/Dietary/Support/Other?

### How did you hear about this conference?

Please write here

## Booking contact

If you are booking on behalf of someone else, please provide your contact details here.

Title	First name	Surname
Job title		Tel
Email		

## Payment details

### CHEQUE

Please find enclosed a cheque for £

Please make all cheques payable to 'The National Autistic Society'

### INVOICE Please complete all details below

Invoice for the attention of		
Purchase Order (PO) Number (if applicable)		
Address		
Postcode	Tel	
Email		

### CREDIT CARD

Card type	Card number	
Start date	Expiry date	Security code (3 digits on reverse)
Name on card		
Signature		

## Terms & conditions

### Conference fees

All prices include entrance to the conference and seminar sessions, lunch, refreshments and comprehensive delegate documentation. Fees do not include delegate accommodation and travel and The National Autistic Society (NAS) is not responsible for arranging these.

### Payment

Payment must be received before the conference date. If payment is not received by this time, delegates will be required to guarantee payment by credit card on the day of the conference. Cheques should be in pounds sterling and should be made payable to 'The National Autistic Society'.

### Cancellations and refunds

Delegates who wish to cancel their places must do so in writing. If notice of cancellation is received at least 21 days prior to the event, the NAS will refund the full registration fee less £50 administration charge. If notice of cancellation is not received within 21 days prior to the conference, then we regret that no refund can be made.

Substitutions can be made without charge up to three days prior to the event. In the event that the NAS has to cancel the event, delegates will be given as much notice as possible and given a full refund (if paid in full) or a credit note (where payment is not yet made). We regret that we will be unable to compensate delegates for any travel or accommodation costs incurred.

### Overseas delegates

EU countries: Delegates attending from EU countries are exempt from paying VAT only when their organisation is VAT registered within their own country. Confirmation of the VAT registration number is required at the time of booking. Non-EU countries: VAT will be charged on the invoice but you are able to claim back the VAT charge.