

Faculty of Health, Life Sciences & Social Science

Degree level Education and Practice Development in Intellectual Disabilities

Napier University is one of the leaders in the development and delivery of education for health, social care and independent sector practitioners. A series of on-line 20-credit degree level options have been developed for busy practitioners in health, social care, the independent sector and carers with a drive and commitment to their own development and a desire to improve the lives of people with intellectual disabilities.

The programme that has been developed is flexible with a number of step-on and step-off points that enable practitioners and carers to pace their study according to their individual needs and commitments. Practitioners and carers can opt to study single modules and then progress onto achieve a named BSc award in Intellectual Disability Practice.

Improving health and wellbeing with people with intellectual disabilities is a 20 credit SCQF level 9 module that can be undertaken as part of a CPD option or used towards a degree award.

What you will learn and what the module is about

The theory module will develop your ability to identify, discuss and contribute to improving the health of children, adults and older people with intellectual disabilities. The module will support practitioners to identify their contribution in improving health and well-being of this population as a reflective, critical thinking practitioner, able to provide holistic care to enhance health and the quality of life in partnership with clients, family and the community.

By the end of the programme of study you will be able to: -

- Assess the evidence relating to the health inequalities and health needs of people with intellectual disabilities.
- Evaluate health improvement initiatives aimed at improving the health and well-being of children, adults and older people with intellectual disabilities.
- Assess health education and health promotion initiatives and materials designed to address the health needs of people with intellectual disabilities across the lifespan.
- Reflect on the nature of user and carer involvement and partnership working in practice.
- Examine the relationship between public and individual perceptions of health and well being.

Customised degree options at Napier University

Napier University also offers an innovative customised degree route which enables practitioners to design an individual programme that can build on previous study and interests. Practitioners opting for a customised degree may be able to use previous study towards an award. With the help of an academic advisor, practitioners can create a customised programme of postgraduate study.

Finding out more about education opportunities at Napier University is easy. Please contact Elaine Kwiatek, Senior Lecturer on 0131 455 5364 e.kwiatek@napier.ac.uk