



## **Mental Health needs of Children and Young People with Learning Disabilities**

**A three-day course on  
working with children and  
young people with learning  
disabilities and mental  
health needs.**

**8 - 10 November 2010**

**To be held at  
Heaton Mount  
Bradford**



# Mental Health needs of Children and Young People with Learning Disabilities

8 - 10 November 2010

This three-day course focuses on policy and practice about the mental health needs of children and young people with learning disabilities. Participants will explore the knowledge base of mental health issues of children and young people with learning disabilities, practise assessment tools and work on case studies covering assessment, intervention and service development issues.

This course aims to enable participants to analyse and reflect on current practice and explore ways of improving their own practice and service.

## WHO SHOULD ATTEND?

This is a course for health and social care practitioners working with children and young people with learning disabilities.

- Anyone who wants to learn more about the mental health needs of children and young people with learning disabilities
- Professionals from Child and Adolescent Mental Health Services
- Health and Social Care Service Providers and Service Managers and Commissioners

## PARTICIPANTS WILL LEARN ABOUT:

- Policy and practice in children and young people services
- Mental health needs of children and young people with learning disabilities
- Assessment approaches
- Therapeutic interventions
- Specific health conditions
- Cultural diversity and competence
- Service development

This course will also provide an excellent opportunity to network and share good practice.

## Course Programme

Day One	Day Two	Day Three
<ul style="list-style-type: none"><li>■ Policy and practice</li><li>■ Nature, Assessment and diagnosis</li><li>■ Learning Disability and Autistic Spectrum Disorders</li><li>■ Case study and Group work</li></ul>	<ul style="list-style-type: none"><li>■ Solution Focused Therapy and other approaches</li><li>■ Service models and development</li><li>■ Case study and group work</li></ul>	<ul style="list-style-type: none"><li>■ Interventions</li><li>■ Working with families</li><li>■ Transition and social networks</li><li>■ Case study and group work</li></ul>

### COURSE TIMES AND VENUE

This course will run from approximately 9.00 am to 5.00 pm each day. Places are limited to 30.

Heaton Mount is part of the University of Bradford's School of Management campus, which is situated about two miles north of the city centre. Full joining instructions will be sent to registered participants.

**Please note that overnight accommodation may be available at the venue. Contact Heaton Mount direct on (01274) 234485. If you require details of other local hotels please visit <http://www.visitbradford.com/accommodation/>**

### FEE AND BOOKING

The course fee is £480 per person, inclusive of lunches, refreshments and course materials. Please send completed booking forms to: Events Bradford, Norcroft Centre, University of Bradford, Bradford, West Yorkshire, BD7 1DP

**Full payment must be received prior to the course.**

Enquiries about booking should be directed to Events Bradford:  
Tel: (01274) 233217/6  
Fax: (01274) 233218  
Email: [events@bradford.ac.uk](mailto:events@bradford.ac.uk)

Enquiries about the content should be directed to: Raghu Raghavan, School of Health, Community and Education Studies, Northumbria University, Coach Lane Campus East, Benton, Newcastle upon Tyne, NE7 7XA  
Email: [raghu.raghavan@northumbria.ac.uk](mailto:raghu.raghavan@northumbria.ac.uk)  
Tel: (0191) 215 6093

### CANCELLATION CONDITIONS

Cancellation of places must be made in writing to Events Bradford (faxes and e-mail accepted). Cancellations received between 13 September and 27 September will be subject to an administrative charge of 25% of the fee. For cancellations received after 27 September, or for non-attendance, the full fee will be payable.

We reserved the right to cancel the course if necessary, eg failure to recruit minimum number, in which case our liability will be limited to refund of fees.



### Comments from previous participants

"A very interesting and thought provoking three days. Group big enough to ensure plenty of dialogue, information, good practice etc. Group discussions were excellent, a great opportunity for networking. Excellent facilities. A lot of information and resources."

"Excellent overall and well organised. Very good opportunity to talk to 'like-minded' people"

"I found the three days informative and very helpful. The course materials were excellent and well prepared. A good range of speakers. I was engaged and challenged all three days – often surprised sessions were over so quick"

"Overall a lot of useful information. New knowledge gained which should lead to changes in thinking/practice"

**MENTAL HEALTH NEEDS OF CHILDREN  
AND YOUNG PEOPLE WITH LEARNING DISABILITIES  
11-13 OCTOBER 2010**

## BOOKING FORM

Title..... First Name..... Surname/Family name.....

Organisation/place of work .....

Job Title/Position.....

Qualifications (professional/academic).....

Address.....

..... Postcode.....

Daytime telephone ..... Fax number .....

Email: .....

Course fee: £480 (includes lunch, refreshments and course materials)

I enclose a cheque for £..... made payable to 'University of Bradford'

I wish to pay by credit card (please do not give credit card details on this form. Instructions on to how to pay will be sent with acknowledgement of booking).

I would like details of overnight accommodation

Please indicate any requirements regarding diet, access, communication etc:.....

Please tick if you would like to be contacted regarding the above requirements

Signed..... Date.....

Return to: Events Bradford, Norcroft Centre, University of Bradford, Bradford, West Yorkshire BD7 1DP , fax (01274) 233 218.

# ABOUT THE SPEAKERS

**Dr Raghu Raghavan** is a Reader at the School of Health, Community and Education Studies at Northumbria University, Newcastle upon Tyne. He has worked with people with learning disabilities with behaviour and mental health needs. His academic and research interests include transition and social networks, mental health needs of young people and adults with learning disabilities, ethnicity, carer perspectives, needs assessment and service models.

**Vicky Bliss** has a Master of Arts Degree in Counselling Psychology from the University of Nebraska (USA) and a Master of Arts Degree in Solution Focused Brief Therapy from Birmingham University. She is from Iowa and has over 29 years experience working with adults and children who have learning disabilities, autism, brain injury or mental health problems. She has worked in the UK with Calderstones NHS Trust, the University of Manchester, Liverpool Learning Disabilities Directorate and Lancashire Care NHS Foundation Trust fulfilling a variety of roles including Senior Lecturer, Behavioural Consultant and Consultant Psychologist. At present, Vicky has her own business, Brief Therapy Support Services, Ltd ([www.btss.org.uk](http://www.btss.org.uk)) and works part-time for Lancashire Care NHS Foundation Trust as a Solution Focused Practitioner for Children, Young People and their Families.

**Dr David Simms** is a child and adolescent psychiatrist working in Bradford CAMHS as a specialist in learning disability and autistic spectrum conditions. He works closely with a range of services in providing assessments and interventions.. He coordinates the regional academic programme for trainee child and adolescent psychiatrists. He has contributed to various academic programmes in the Yorkshire region and also conducted training for mental health professionals in Nepal.

**Dr Lisa Rippon** is a Consultant Psychiatrist for Children and Adolescents with a Learning Disability. She is the consultant for three inpatient CAMHS Learning Disability units sited at Prudhoe Hospital in the North East of England. These services provide a specialist environment for the assessment and treatment of young people with a learning disability who present with mental health difficulties. In addition to her interest in the mental health needs of young people with a learning disability, she also has a special interest in Autism Spectrum Disorders.

## Please provide three reasons for attending this course:

1..... ..... .....
2..... ..... .....
3..... ..... .....

This leaflet will be made available in large print, in Braille or on Audio if requested. Please contact Events Bradford for details.