

The Estia Centre in partnership with OLM-Pavilion, presents:

Sponsored by Brookdale Care

estia centre

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brookdale
exclusively autism

Mental health and adults with autistic spectrum conditions

Date: Wednesday 17 June 2009

Venue: ORT House Conference Centre, London NW1

SAVE £50

when you book before
29 May 2009



Mental health and adults with autistic spectrum conditions

About the conference

Autistic spectrum conditions (ASCs) are lifelong, complex conditions resulting in mild to severe social, language and communication impairments. Autism is still a relatively unknown disability but affects over 500,000 people throughout the UK. This highly prominent conference will bring together leading experts in the field to discuss the central issues and practical management of both autism and Asperger syndrome.

Unlike other conferences, this seminar brings mental health issues to the forefront, an area which is often overlooked. It will allow you to explore psychological interventions, service delivery and how to support people with autism through adulthood. You will be presented with an update on national policy, as well as hearing valuable first-hand experience from those people with autism.

Join us at this stimulating conference for the exchange of exciting new ideas and privileged access to current thinking from leading academics and policy makers in the field. You will leave with fresh ideas about how to incorporate effective services and how to tackle mental health issues for people with autism.

Key themes

The conference will explore:

- the mental health needs of adults with ASC
- the views of people using services
- national strategy for adults with ASC
- presentation of mental health problems in people with ASC
- psychological interventions
- training staff to support adults with ASC

Aims of the conference

The conference will give you the opportunity to:

- participate in a busy forum and learn about best practice
- learn about ongoing clinical research within the field
- understand the latest therapeutic interventions
- explore the services needed for effective management of autism and Asperger syndrome
- debate and discuss the central issues with leading practitioners

Who should attend?

The conference is aimed at all medical professionals in this field and individuals working in the field of specific learning disabilities as well as health and social care professionals working in statutory, private and voluntary services, including:

- psychiatrists
- psychologists
- social workers
- therapists
- general practitioners
- nurses
- commissioners of mental health and learning disability services
- people using services as well as their families and carers

Estia centre

About the Estia Centre

The Estia Centre is a training, research and development resource for those who support adults with learning disabilities and additional mental health needs. The Estia Centre is based on the Guy's Hospital Campus and is closely linked with local services for people with learning disabilities provided by the South London and Maudsley NHS Trust. The Estia Centre is also part of the Institute of Psychiatry (Division of Psychological Medicine and Health Service Research Department), King's College London.

www.estiacentre.org

Programme

9.30am	Registration
10.00am	Welcome and introduction from the chair Elizabeth Attfield Family Carer and Training Officer, Autism West Midlands
10.10am	Department of Health's strategy for adults with autistic spectrum conditions Elaine Hill Specialist Advisor for Autism, Department of Health
10.40am	Supporting people with autism through adulthood: National Audit Office Research Project Frazer Clark National Audit Office
11.10am	Refreshments
11.30am	Working together to develop staff competence in the field of autistic spectrum conditions and mental health Sue Hatton Learning and Professional Development Services Manager, Autism West Midlands and Paula Forrester Head of Nursing – Tier 4, CAMHS, Birmingham Children's Hospital
12.00pm	How autism has affected me and the barriers I have faced Thomas Madar
12.30pm	Lunch
1.30pm	Welcome back from Chair
1.35pm	The mental health needs of people with autism spectrum conditions Dr. Jane McCarthy Consultant Psychiatrist, Estia Centre
2.05pm	My experience of using mental health services Yolanda Zimock
2.25pm	Psychological interventions Jo Grant Clinical Psychologist, Pat Frankish Associates
2.55pm	Refreshments
3.15pm	Avoiding Serious Crises – Specialist Intervention in ASC and Mental Health Lesa Walton Care & Development Director, Brookdale Care and Gareth Hancock RMN Nurse Consultant, Brookdale Care
3.45pm	Panel discussion
4.10pm	Chair's summary of the day
4.15pm	Close

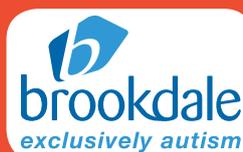
About Brookdale Care

Brookdale Care is the leading independent provider of specialist hospital, residential and supported living care services for adults with autistic spectrum condition (ASC).

Our services are designed to meet the challenging needs of adults with ASC who may also require support for their mental health needs, challenging behaviour, social and communication difficulties and development of independent living skills.

Individuals with ASC are unique in their needs and abilities and our innovative approach specialises in providing a therapeutic environment that centres on personalised care pathways to a more independent style of living.

www.brookdalecare.co.uk



Continuous professional development

Professionals within the social care sector are required to undertake Continuous Professional Development (CPD) by the General Social Care Council (GSCC). Delegates can gain CPD points from attending our conferences and exhibitions.

Promotional opportunities

For more information about promotional opportunities at this conference, such as exhibiting and including your promotional materials in the conference delegate packs, please contact: Graham Hoare Customer Relationships Manager, OLM-Pavilion:

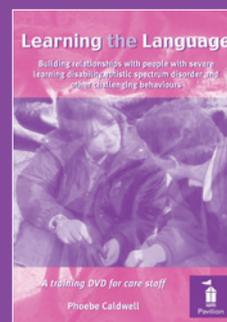


Tel: 01273 666703



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Learning the Language



Phoebe Caldwell

Building relationships with people with severe learning disability, autistic spectrum disorder and other challenging behaviours

This DVD shows:

- Phoebe establishing contact for the first time with a man with severe autistic spectrum disorder
- support workers demonstrating how they put the techniques into action in their daily routines
- how new ways of communicating can make a difference to the lives of all concerned.

Format: DVD with accompanying guidance notes (16pp)

DVD Was: £95 (+VAT) **NOW:** £19 (+VAT)

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- tick the box on the order form overleaf
- visit our website at

www.olm-pavilion.co.uk/trainingmaterials and click on 'Learning Disability' or call OLM-Pavilion on **0844 880 5061**.

Unable to attend?

Conference papers, as presented to the delegates on the day, are available on CD-ROM after the conference for £60 + VAT. This useful reference will include: available speakers' papers, speakers' biographies and any additional inserts.

About OLM-Pavilion

OLM-Pavilion is the leading publisher and event organiser for those working in social and healthcare fields, whether they work in the statutory, private or voluntary sectors.

We publish over 200 training packs, *Mental Health Today* and *Learning Disability Today* magazines.

