

CONSEQUENCES FOR CHILDREN AFFECTED BY MATERNAL DRUG & ALCOHOL USAGE: A MULTI-DISCIPLINARY APPROACH

CONFERENCE THREE:

MAXIMISING DEVELOPMENT OPPORTUNITIES & MANAGING CHALLENGING BEHAVIOUR OF CHILDREN AND YOUNG PEOPLE



DATE: WEDNESDAY 12TH MARCH 2008

TIME: 8.45AM FOR 9.15AM START – 4.30PM

VENUE: BANKSIDE HOUSE, 24 SUMNER STREET, LONDON, SE1 9JA

COST:

COST FOR ONE CONFERENCE IN THE SERIES:
£100.00 IF BOOKED BEFORE 21/02/08, £110.00 IF BOOKED AFTER 21/02/08,
£45.00 FOR FAMILIES / CARERS

COST FOR TWO CONFERENCES IN THE SERIES:
£180.00 IF BOOKED BEFORE 21/02/08, £200.00 IF BOOKED AFTER 21/02/08,
£90.00 FOR FAMILIES / CARERS

COST FOR ALL THREE CONFERENCES:
£270.00 IF BOOKED BEFORE 21/02/08, £300.00 IF BOOKED AFTER 21/02/08,
£135.00 FOR FAMILIES / CARERS

****DISCOUNT**** **10% DISCOUNT TO GROUPS OF 3 OR MORE FROM THE SAME ORGANISATION (MADE AT SAME TIME OF BOOKING)**

TARGET AUDIENCE

- Drugs & Alcohol Advisory Teams
- Midwives
- Psychologists
- Social Workers
- Children's Guardians
- Solicitors
- Barristers
- Adoption Support Agency Workers
- Foster, Adoptive & Short-break Carers
- Family Placement Workers (Fostering & Adoption)
- Education Professionals
- Health Visitors
- Therapists
- Medical Advisors
- Policy Makers
- Disability Teams
- SENCO's
- Teachers
- Paediatricians
- Police

CERTIFICATE OF ATTENDANCE & CPD ACCREDITATION

All delegates will receive a certificate through the post, after attending this conference.

This conference is eligible for attendees to receive CPD accreditation:

CPD Points for Social Workers/Other:

CPD Hours: 6 Hours 50 Minutes

CPD Points for Solicitors through the Solicitors Regulation Authority

Solicitors can gain CPD points for attendance of our courses.

CPD Reference for this course: DFZ / PAFC **Grade:** Intermediate

CPD Hours: 5 Hours 50 Minutes

To book a place on this conference contact Charlotte Lindsell on 020 7520 2880 or by E-mail: charlotte@parentsforchildren.org.uk or web: www.parentsforchildren.org.uk By 04/03/08

PROGRAMME

	CHAIR	
08.45	REGISTRATION & REFRESHMENTS	30 MINS
09.15	WELCOME & INTRODUCTION	15 MINS
09.30	ASSESSING THE NEEDS – A MULTI-DISCIPLINARY APPROACH <i>Dr Mary Mather, Consultant Community Paediatrician, Bexley Care Trust</i>	60 MINS
10.30	CASE SCENARIOS <i>Dr. Raja Mukherjee, Consultant Psychiatrist, Surrey and Borders Partnership NHS Trust</i>	45 MINS
11.15	REFRESHMENTS	20 MINS
11.35	THE USE OF MULTI-DIMENSIONAL TREATMENT FOSTER CARE STRATEGIES IN MEETING THE COMPLEX NEEDS OF CHILDREN & YOUNG PEOPLE AFFECTED BY MATERNAL SUBSTANCE MISUSE <i>Dawn Walker, Consultant Systematic Family Therapist Team Leader – Multidimensional Treatment Foster Care Team (North) Department of Clinical Psychology, Central Manchester and Manchester Children's University Hospitals NHS Trust</i>	40 MINS
12.15	THE IMPORTANCE OF EXERCISE & NUTRITION <i>An Occupational Therapist & Nutritionist</i>	20 MINS
12.35	LUNCH EXHIBITION – 'ALPHAMUSIC' FROM JOHN LEVINE, AUSTRALIAN COMPOSER	55 MINS
1.30	NEW INTERVENTION: BIMANUAL COORDINATION & EXERCISE <i>Professor Edward Riley, International FASD Neurodevelopmental Brain Expert, U.S.</i>	45 MINS
2.15	MANY DOORS, NO MASTER KEY: WHAT DOES IT TAKE FOR SUCCESS? – PART 1 <i>Julie Gelo, BSHS/M, Mother of 8 children diagnosed with FAS and related conditions, Executive Director for the Washington State affiliate to the National Organization on Fetal Alcohol Syndrome (NOFAS Washington State) and the co-founder of the FASt Friends FASD Community Support Network, U.S.</i>	45 MINS
3.00	REFRESHMENTS	10 MINS
3.10	MANY DOORS, NO MASTER KEY: WHAT DOES IT TAKE FOR SUCCESS? – PART 2 <i>Julie Gelo, BSHS/M, U.S.</i>	65 MINS
4.15	PLENARY	15 MINS
4.30	CLOSE	

PLEASE NOTE: ALL DELEGATES WILL BE SENT A CERTIFICATE AFTER THE CONFERENCE HAS TAKEN PLACE

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TESTIMONIALS

Parents for Children have previously run four conferences on maternal substance misuse. See the comments below from a range of delegates who attended these:

'Thank you all.' (Foster carer and parent).

'Prof Riley excellent!!' (Supervising Social Worker)

'Professor Riley was extremely insightful and knowledgeable. Very interesting. Thank you' (Social Worker).

'Wonderful experts in the field. Would prefer not to come to London, had to get up at 4am - tired by 3pm! But pleased I came.' (Specialist Drug & Alcohol Midwife from Newcastle).

'All the speakers' topics were very useful, thanks to Parents for Children for an interesting insight into consequences for children affected by maternal drug and alcohol usage (all carers should attend).' (Carer).

'Thank you for a very interesting day. Video re: FAS and music CD's I will consider purchasing for service users' (Social Worker).

'Well organised.' (Parent)

'Loved the food, the content and the company.' (Carer).

'Professor Riley's talk was fascinating and very relevant' (Social Worker).

'I like the way the day was arranged so that (mainly) the p.m. activities were more entertaining (no problem of staying awake)' (Social Worker).

'I liked the variety of speakers and comments from the floor and diversity of attendance.' (Named Nurse Safeguarding Children).

'Impressed with the enthusiasm of speakers and others.' (Social Worker - Child Care Team).

'Info on fetal alcohol and affects = most interesting for me.' (Adoptive Mother/Social Worker).

'The different views brought by the various speakers. Fascinating and relevant information shared.' (Fostering Social Worker).

'Diversity of topic.' (Senior Project Worker).

'I thought all speakers were excellent.' (Specialist drug & alcohol midwife).

'The conference moved and flowed quite nicely, not rushed.' (Parent Development Worker).

AIMS & LEARNING OUTCOMES

Recent research into the area of children affected by birth mother's use of drugs and alcohol has shown that this is a serious and increasing contemporary problem. A recent BBC documentary found that there are no reliable figures of the number of children affected, but experts estimate that there are about 7,000 children living in the UK, who were born with lifelong incurable problems caused by their mother's drinking during pregnancy. Mothers' drug-taking too is a factor in a significant proportion of care proceedings, often leading to the permanent removal of those children from their birth family. A number of these children are in the looked after population, some will need to be placed with permanent families, or, for adoption.

A range of national and international experts have been assembled for the programme of this conference, to highlight the needs of the children involved and ways in which their long-term needs can be diagnosed. Other speakers will address ways in which these children can be helped, from a multi-disciplinary approach. The speakers represent a range of disciplines, including a Psychiatrist, Paediatrician and a parent.

The course is designed for social workers, lawyers involved in care proceedings, health and education professionals and those working within the field of drugs and alcohol.

Despite the increasing focus of the risks of drugs and alcohol, surprisingly little attention has been paid to the needs of the unborn child. Delegates would therefore not need any prior knowledge on this topic as the programme aims to heighten this knowledge.

From attending this conference, delegates will be aware of, and understand, the permanent problems for these children and the risks for their future, together with the potential of the legal system to balance these risks, and, ways forward. Delegates should be inspired to disseminate these messages and highlight the risks and permanent problems for these unborn children, of maternal drug and alcohol usage.

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BIOGRAPHIES

Julie Gelo, BSHS/M, Mother of 8 children diagnosed with FAS and related conditions, Executive Director for the Washington State affiliate to the National Organization on Fetal Alcohol Syndrome (NOFAS Washington State) and the co-founder of the FAST Friends FASD Community Support Network, U.S. Julie Gelo is the legal mother to 13 children ranging in age from 8 to 41. She and her husband, Lynn, live in Bothell, Washington with the youngest seven children and are licensed foster parents with Ina Maka, a private foster care agency with United Indians of All Tribes. Eight of Julie's children have been diagnosed with Fetal Alcohol Syndrome or Related conditions, including all seven who live at home. Julie has been the Family Advocate for the Washington State Fetal Alcohol Syndrome Diagnostic and Prevention Network core team at the University of Washington for eleven years. She is also a foster parent co-trainer with the Resource Family Training Institute with the Department of Social and Health Services. She is the Executive Director for the Washington State affiliate to the National Organization on Fetal Alcohol Syndrome (NOFAS Washington State) and the co-founder of the FAST Friends FASD Community Support Network as well as the annual 5 Day FASD Family Summer Camp. She enjoys reading, music, and dancing and is very active with her family in Special Olympics. She presents workshops and trainings on Fetal Alcohol Syndrome and Effective Advocacy throughout the United States and Canada.

Dr Mary Mather - FRCP, FRCPCH, Consultant Community Paediatrician. Dr Mary Mather has been a Consultant Community Paediatrician since 1993. She was the Chair of BAAF's Health Advisory Group from 2000-2005. She is the Medical Adviser to the Bexley Adoption and Fostering Panel and acts as a medical consultant for Parents for Children. She was a member of the Department of Health Reference Group which oversaw the implementation of 'Quality Protects'. She is a member of the Editorial Board of *Archives of Disease in Childhood* and on the peer review panel for the journal of, *Adoption & Fostering*.

She is the author of *Doctors for Children in Public Care, the only* British textbook for medical advisers working in adoption and fostering. She has published work on the health of children being presented to adoption panels and the need to reduce delay in order to protect their physical and mental health. She has also published work on the statutory medical examination and the need to replace a formal system with a more flexible and holistic approach, which recognises the stigma attached to growing up in care and the consequences for health outcomes. She has been extensively involved in both the local and national training of medical advisers.

Dr Raja Mukherjee, Consultant Psychiatrist. Dr Raja Mukherjee, is a Consultant Psychiatrist for people with learning Disability in Surrey and Border Partnership trust. He has a lifespan interest and expertise in neurodevelopmental conditions such as Autism and ADHD. His interest specifically in FAS started 5 years ago. The discovery that there was very little UK work into FAS led him to begin to research, teach, publish as well as see patients with FAS clinically. Dr Mukherjee has given evidence on FAS to the DOH, House of Lords and is a member of the NOFAS UK medical advisory panel. He has spoken at over 20 national, regional, and international conferences on the subject of FAS. Dr Mukherjee has published numerous articles in peer reviewed journals and lay press about FAS as well as appearing on numerous TV programmes on the subject. Dr Mukherjee is currently one of the few people in the UK specialising in children and adults with FAS, offering tertiary level advice and support in order to raise the profile of the condition in the UK.



Professor Ed Riley, Distinguished Professor Psychology, San Diego State University, San Diego, CA, USA. Edward P. Riley (Ph.D., 1974 from Tulane University) is currently a Distinguished Professor in the Department of Psychology and the Director of the Center for Behavioral Teratology at San Diego State University. He is the author of over 200 scientific papers and reviews and served as Chair of the National Task Force on FAS/FAE. He currently serves as the Steering Committee Co-Chair of the SAMHSA sponsored FASD Center for Excellence. He has been President of the Research Society on Alcohol, the Fetal Alcohol Study Group, and the Behavioral Teratology Society. He has served as Associate Editor of the

Journal of Studies on Alcohol, and is on the Editorial Boards of *Alcoholism: Clinical and Experimental Research* and the *Psychological Record*. He has received numerous awards for his scholarship and service, most recently the Research Society on Alcoholism Distinguished Researcher Award.

Dawn Walker – Consultant Systemic Family Therapist, Team Leader Multidimensional Treatment Foster Care in England (North) – Dawn Walker has worked in CAMHS and Social Services for over 20 years. She developed a specialist Social Services CAMHS team in Leeds which included a training and consultation service for foster carers and residential child care staff. She is involved in family therapy training in Manchester and practices family therapy within the Manchester Child and Adolescent Mental Health Service. She joined the MTFCE National Team in July 2004 and is a site consultant for teams in the north of England. dawn.walker@cmmc.nhs.uk 0161 918 5431.

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www.silenceofmusic.com

- John Levine has spent his working life in music research and composition. He has studied brain function, meditation techniques, psychology and the metaphysics of illness. He describes the effects of Alphamusic on children – happy, calm and creative. E.g. Children play more cooperatively and creatively with Alphamusic as a background. Hyperactive (add/adhd) children find the music calming and soothing. There is evidence of *dramatic change* in children with disruptive or aggressive behaviours. Fretful, sleeping and crying babies are soothed. Infants settle more easily.

VENUE MAP & TRAVEL INFORMATION

Bankside House
24 Sumner Street
London
SE1 9JA
Tel: 020 7107 5750

Bankside House is in Central London, on the historic south bank of the Thames, near the Globe Theatre and the Tate Modern.

 **Nearest Tubes to Bankside:** London Bridge, Southwark, Borough.

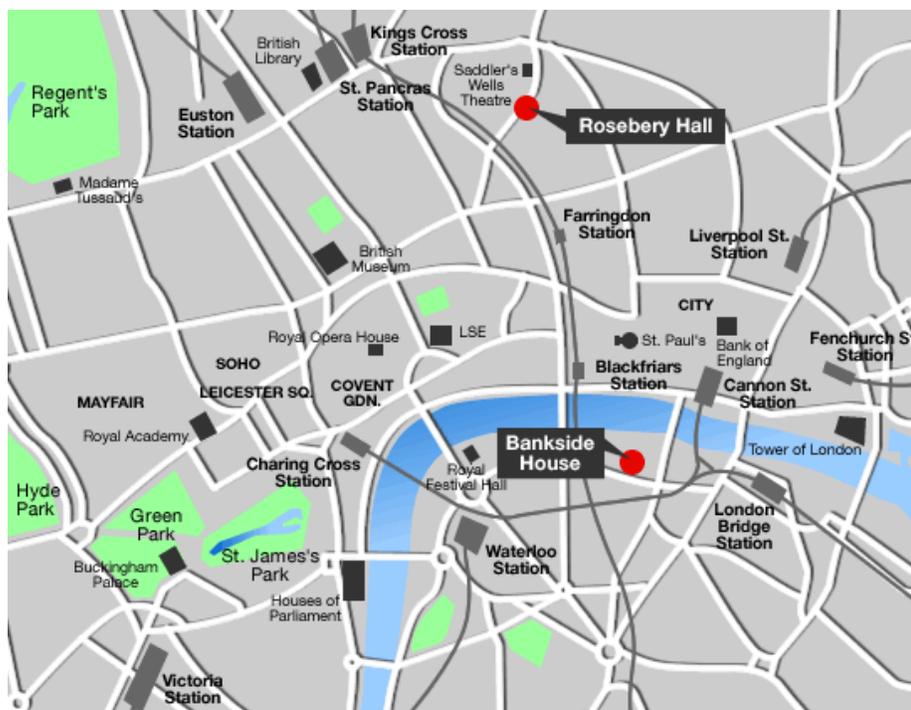
Bankside House is approximately ten to fifteen minutes walk from mainline National Rail stations and tube stations.

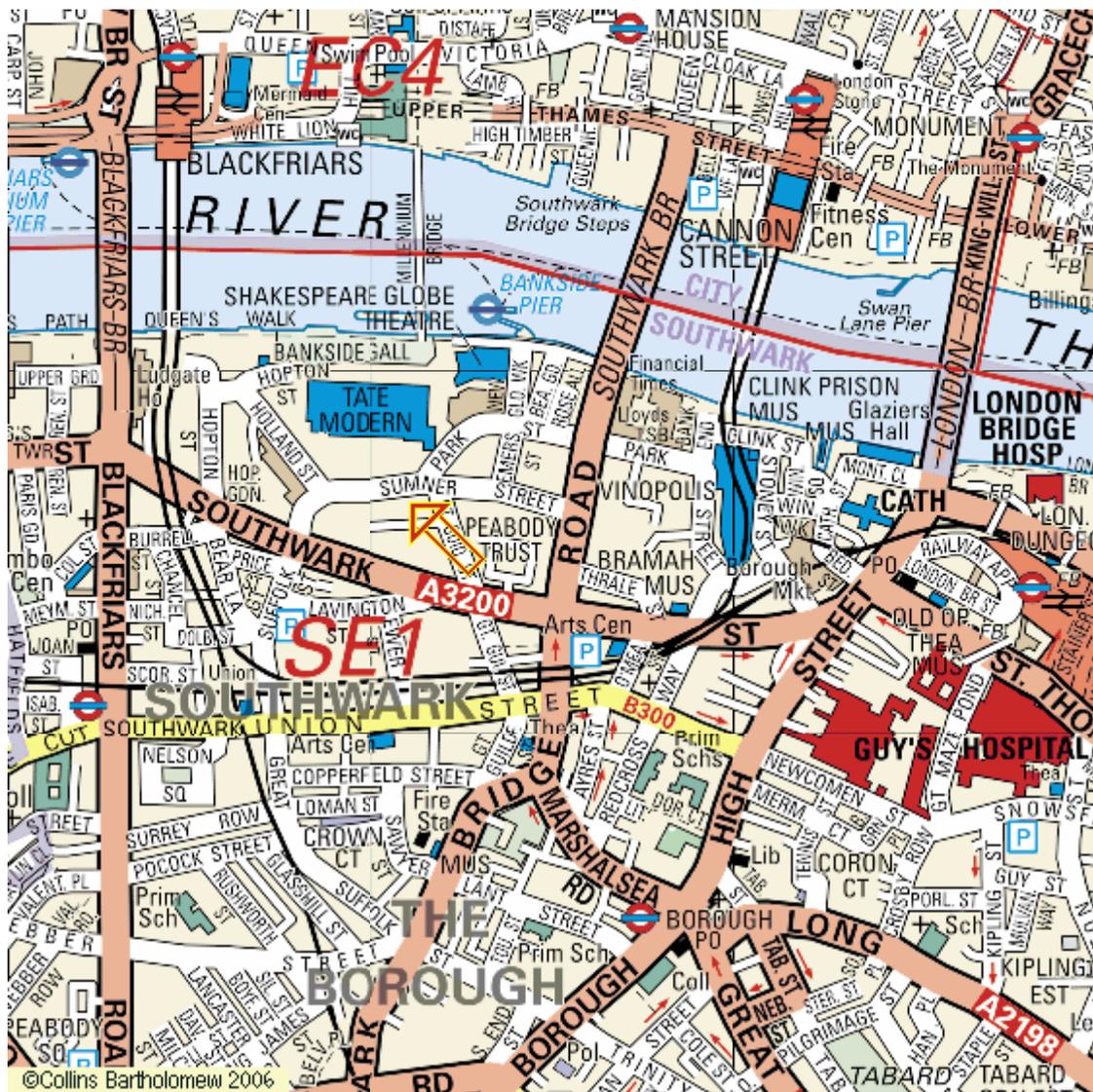


On Arrival at Bankside House

When you arrive at Bankside House, please go up in the lift to the 8th floor to the 'Auditorium and Balcony' rooms. Conference registration will be in the Balcony Room, commencing at 8.45am.

LOCATION MAP





See: www.streetmap.co.uk

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