COMMON PATHWAY FOR ANTENATAL (PRE-BIRTH) CARE For use in conjunction with related policies, guidelines, documentation and human resources

Sheffield Teaching Hospitals **NHS NHS Foundation Trust**

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Philosophy of care

Confirmation and

continuation of

pregnancy

Women and their families are treated with kindness, respect and dignity at all times. The views, beliefs and values of the women, her partner and her family in relation to her care will be respected at all times. The woman will be fully involved in the planning, timing and content of each antenatal care contact so that the care is flexible and tailored to meet her social, clinical and emotional needs and those of her partner and family

Principles of Care

Documented individualised antenatal care plan

- Developed with woman
- Includes relevant factors
- Details of healthcare professionals involved in her
 - Reflects choices for antenatal care and place of birth

A named healthcare professional coordinating all healthcare

- Midwifery led care
- Shared care
- Consultant led care (for women with complicated pregnancies)

Provision of relevant and timely **information** to enable women to promote their own and their babies' health and wellbeing and to recognise and respond to problems.

Interprofessional communication is supported by handheld maternal records. Antenatal care plans are used to promote effective communication.

Professional competencies for specific aspects of care include:

- Infant feeding (World Health Organisation (WHO) and Baby Friendly Initiative (BFI))
- Knowing signs of domestic abuse and who to contact for advice and management

Measure and plot

Blood pressure

Universal Health

achieved between

Visitor contact

24-38 weeks

Stop Smoking

Urinalysis

- Safeguarding children and vulnerable adults
 - Integrated practice documentation

Additional visits for women with first pregnancies

16

Weeks

symphysis-findal height (SFH)

Measure and plot

Blood pressure Urinalysis

25

Weeks

Stop Smoking

20

Weeks

- Measure and plot
- Blood pressure
- Urinalysis
- Review results from
- previous blood tests

31

Weeks

Stop Smoking

36 38 Weeks Weeks

plot SFH Blood pressure

Measure and

Urinalysis

40

Weeks

41

Weeks

Measure and

plot SFH

pressure

. Urinalysis

membrane

Plan induction

Stop Smoking

Blood

Offer

IOL for women over 41⁺³

weeks pregnant

sweep

of labour

(IOL) date

Stop Smoking

First point of contact / direct access to midwife

- Antenatal care & place of birth choices discussed
- Assess any vulnerability issues
 - o Routine enquiry
 - Safeguarding children and young adults
 - CAF Form
- Genetics screening
- Haemoglobinopathies (HBO) counselling
- Emergency contact numbers

Routine bloods

11-15

Weeks

- o Group & RhD status
- o HBO screening
- o Infectious disease screening
- **Body Mass Index** (BMI)
- Blood pressure
- Urinalysis
- Dating ultrasound
- Stop Smoking

- Review screening tests to date
- Offer serum screening 14-20 weeks

information about Anti-D

Emotional well being

Infectious diseases

Back care

Exercise in pregnancy

Pelvic floor exercises

NHS breastfeeding leaflet

- Structural anomaly ulstrasound scan (USS)
- Blood pressure
- Urinalysis
- Invite to parent
- education programme Stop Smoking

Full blood count

28

Weeks

- Offer first Anti-D for RhD negative women
- Measure and plot SFH Blood pressure
- Urinalysis
- Review parent
- education needs
- Mat B1 Form
- Infant feeding checklist completed by 32

in labour

weeks Stop Smoking

Offer second Measure and plot SFH Anti-D to RhD Blood pressure

- negative women Urinalysis Measure and Position of baby
- Breech presentation plot SFH

34

Weeks

- Blood pressure offer ECV Urinalysis
- Review USS report for Stop Smoking
 - placenta localisation Consent for disposal of
 - placenta
 - Stop Smoking

- Promotion of BFI
 - Skin to skin Skills for breastfeeding
 - Rooming in
- Promoting physiological birth
- Transitions to parenthood
- Emotional well being

Ca

Additional

9

Signposts

throughout pre-birth pathway considering:

- Pre-eclampsia and PreCOG auidelines
- on every contact for ongoing medical/social conditions
- other carers are receiving the appropriate support and advice to prepare for birth and parenthood

Individual & ongoing assessment of need

- NICE antenatal care guidelines
- NSF Children, Young People and Maternity Services
- Risk assessment and raise awareness
- Consider if the mother, father and/or

Jessop Wing maternity information book

- Pregnancy care services and options available
- Options for place of birth
- All screening tests
- Routine blood tests Minor disorders in pregnancy
- Parent education programmes available in Sheffield
- Feeding your new baby
- Pregnancy, childbirth and sexuality
- Smoking cessation/interventions Healthy and safe eating
- Healthy start
- Safety at work
- Domestic abuse advice and support

Complex Medical Needs

RhD negative women receive RhD factor and

Father-to-be information/day course

Giving supplements to breastfed babies

- Cardiac
- Complications of Pregnancy
- Congenital Abnormalities

Low Birth Weight

- Diabetes
- Early Pregnancy Assessment Unit
- Endocrine
- **Epilepsy**
- Female Genital Mutilation (FGM)

- Maternal Mental Health
- Maternal Obesity
- Multiple Births
- Pre-disposing medical & surgical conditions Physiotherapy
- Premature Birth

Renal

- Surgical Interventions
- Thromboembolytic Disease

Additional Family Support

- Advice on Sexual Health, e.g. Chlamydia screening
- Asylum Seekers

Coping strategies and options for pain relief

Disposal of placenta and umbilical cord

Discharge home after a hospital birth

Reduce the risk of cot death

- Children's Centres
- Contraception
- **Domestic Abuse**
- **Emotional Attachment** Father Figures Project
- Healthy Start
- Homeless People Interpreter
- Learning Disabilities Looked After Children

- Access to services to reduce health inequalities
 - Maternal Mental Health Occupational Health Advice Information (Safety
 - at work) Parent Education
 - Preconception
 - Physical Disabilities
 - Reducing hospital admissions
 - Safeguarding Children
 - Sexual Exploitation
 - Social Care
 - Substance Misuse Surestart
 - Teenage Pregnancy

 - **Travellers**