

# WHAT REALLY LIMITS ACCESS?

Exploring barriers to thinking and engaging with  
people with learning and complex disabilities

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**Friday 14 November 2008**

Tavistock Centre, London

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**Fee** £150

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This conference explores the themes raised by the Government report "Valuing People Now" which highlights the inequality of services for this patient group. Through clinical presentations we will examine which factors play a role in inhibiting and undermining professional capacities to provide adequate services. These themes will be examined further in work discussion groups, in the context of the participants' own work settings.

The Learning and Complex Disabilities Service (LCDS) was founded in 1995, following on from the pioneering work of Valerie Sinason, our guest speaker, and others in the Tavistock Clinic who initiated the provision of psychoanalytic psychotherapy to adults with learning disabilities - a group who until then had been denied access to this form of treatment. In this conference we will explore the barriers which still very much exist today, as evidenced in the paucity of therapeutic services for the learning disabled.

The LCDS offers psychotherapy to children, adolescents and adults with learning and complex disabilities, broadening access across the age range and, in addition, provides consultation to professional networks. Members of the clinical team will be presenting papers which reflect the range of work of the LCDS, including therapy with people with complex disabilities such as autism and Asperger's syndrome alongside learning disabilities.

This conference will be of interest to professionals across the mental health field and related disciplines such as psychiatrists, clinical psychologists, psychotherapists, counsellors, social workers, teachers, keyworkers and carers who work with people of all ages who have learning and complex disabilities.

#### FURTHER INFORMATION

Conference, Events and Marketing Unit,  
Tavistock Centre, 120 Belsize Lane,  
London NW3 5BA

TELEPHONE  
020 8938 2548

FAX  
020 7447 3837

EMAIL  
events@tavi-port.org

WEBSITE  
www.tavi-port.org/conferences

## PROGRAMME

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### 9.30 Registration and coffee

### 10.00 Welcome and Introduction

Lynda Miller, *Consultant Child and Adolescent Psychotherapist, Joint Head, LCDS*

### 10.05 Organisational Issues and Barriers to Engagement

Elisa Reyes-Simpson, *Consultant Social Worker and Adult Psychotherapist*  
Nancy Sheppard, *Consultant Clinical Psychologist*

**CHAIR:** Lynda Miller

### 11.00 Coffee break

### 11.20 The Growth of Emotional Intelligence in a Girl with a Learning Disability

Sue Chantrell, *Child and Adolescent Psychotherapist*

**CHAIR:** Judith Usiskin, *Child and Adolescent Psychotherapist*

### 12.10 Murderous Hatred in a Young Diabetic Adolescent

Hsueh-Mei Fan, *Child and Adolescent Psychotherapist*

**CHAIR:** Judith Usiskin

### 1.00 Lunch

### 2.00 Work Discussion Groups

Led by senior staff of the LCDS

### 3.30 Tea break

### 3.45 When Thoughts Can Kill: Trying to think in a dangerous situation - psychotherapy and disability

Valerie Sinason, *Consultant Child and Adolescent Psychotherapist and Psychoanalyst and Founder, Clinic for Dissociative Studies*

**CHAIR:** Lynda Miller

### 4.30 Close and Wine Reception

# APPLICATION FORM

## WHAT REALLY LIMITS ACCESS? EXPLORING BARRIERS TO THINKING AND ENGAGING WITH PEOPLE WITH LEARNING AND COMPLEX DISABILITIES

14 November 2008

Fee: £150 (group discounts available on request)

### PERSONAL DETAILS

Please complete clearly in block letters

TITLE

FIRST NAME

SURNAME

JOB TITLE

DEPARTMENT

ORGANISATION

ADDRESS

CITY

COUNTY

POSTCODE

COUNTRY

TEL

FAX

EMAIL (please print clearly)

SIGNATURE

DATE

### PAYMENT DETAILS

I enclose a cheque for £150 made payable to The Tavistock and Portman NHS Trust

Please debit my Credit/Debit Card for £150

Visa / MasterCard / Switch/Maestro / Delta  
(Delete as appropriate)

Card Number

Expiry date

Issue No/Start Date

(Switch/Maestro only)

Security code

(Last 3 numbers on the back of the card)

### SPECIAL REQUIREMENTS

Please indicate here if you have any special dietary or any other requirements:

### WHERE DID YOU HEAR ABOUT THIS COURSE?

- Flier  
 Email  
 Advert (please state)

- Trust website  
 Other website (please state)

- Flier passed on by colleague  
 Personal Recommendation  
 Tavistock event/notice board  
 Other events (please state)

None of the above

### TERMS AND CONDITIONS

#### HOW TO BOOK

- Please complete this form, using BLOCK letters (photocopy this form if more than one is required, one form per person)
- Return the completed form and payment to the address below

#### PAYMENT TERMS

- Payment must be made in full and before the event
- Payment can be made by cheque or credit card, receipts will be issued
- Payment can also be made by BACS transfer, please contact the Conference Unit for details
- Invoices can be issued to organisations for payment, on request and on receipt of an official purchase order. Invoices will not be issued without the appropriate paperwork
- Invoices cannot be issued within 14 days prior of the conference date. All bookings made in this time must be paid in full at the time of booking

#### CONFIRMATION

- Bookings will be confirmed on receipt of a completed application form and full payment of the conference fee
- Joining instructions will be sent to you by email if an email address is given, otherwise will be sent in the post

#### CANCELLATION POLICY

- All cancellations must be made in writing to the address below
- All cancellations are subject to an administration charge of 10% of the conference fee
- Cancellations made no later than 14 days prior to the conference are eligible for a full refund minus the administration charge
- No refunds will be given for cancellations made within 14 days of the conference date
- The Tavistock and Portman NHS Foundation Trust reserves the right change the conference content, timing, speakers or venue without notice

#### DATA PROTECTION

The Trust does not make your details available to any external organisations. Your details will be added to our database to process your request and to keep you updated with relevant training and events. If you do not wish to receive this information, please tick the box

#### FURTHER INFORMATION

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