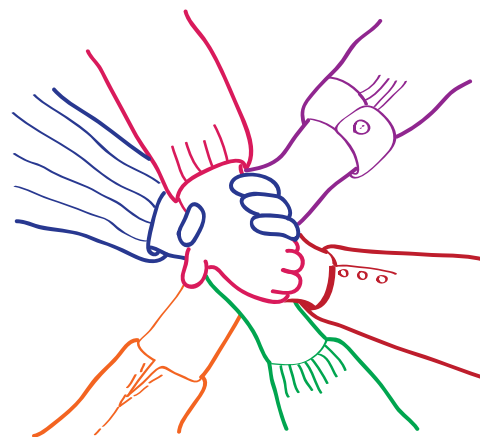


By the People, For the People



Tuesday 18 October 2011, Swansea

Learning Disability Wales' conference this year is all about the empowerment of people with learning disabilities.

The day will explore how people with learning disabilities can:

- be involved in the decisions that affect their lives
- make a real difference in their lives and communities
- bring about positive change.

It will look at ways that people with learning disabilities and their families can be included so that their voices are heard.

The day will include:

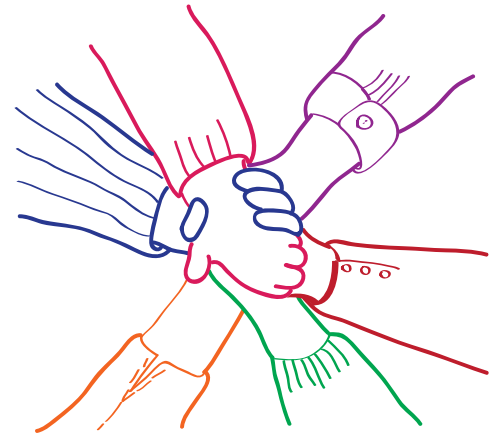
- Tools to help make a change or campaign
- The launch of Easy Health Wales website
- People with learning disabilities training nurses and shaping learning disability research
- Individual Service Design
- Including people with learning disabilities when recruiting new staff
- A Toolkit for participation
- How the commissioning process can include people that use services.



For more information or to book your place call Rebecca Watkins on 029 2068 1160 or email rebecca.watkins@learningdisabilitywales.org.uk
www.learningdisabilitywales.org.uk



Gan y Bobl, Dros y Bobl



Dydd Mawrth 18 Hydref 2011, Abertawe

Mae'r cynhadledd Anabledd Dysgu Cymru eleni yn sôn am rymuso pobl gydag anableddau dysgu.

Bydd y diwrnod yn edrych ar sut y gall pobl ag anableddau dysgu:

- gymryd rhan yn y penderfyniadau sydd yn effeithio ar eu bywydau
- gwneud gwahaniaeth go iawn i'w bywydau mewn cymuned
- creu newid cadarnhaol.

Bydd yn rhoi sylw i ffyrdd y gellir cynnwys pobl gydag anableddau dysgu a'u teuluoedd, fel bod eu lleisiau'n cael eu clywed.



Bydd y diwrnod yn cynnwys:

- Teclynnau sydd eu hangen i helpu creu newid neu ymgyrchu
- Lansio gwefan Iechyd Hawdd Cymru
- Mae pobl ag anableddau dysgu yn hyfforddi nyrsys ac yn llunio ymchwil anabledd dysgu
- Dylunio Gwasanaeth Unigol
- Cynnwys pobl ag anableddau dysgu wrth recriwtio staff newydd
- Offer am gyfranogi
- Sut y gall y broses gomisiynu gynnwys pobl sydd yn defnyddio gwasanaethau.



Am ragor o wybodaeth neu i gadw'ch lle ffoniwch Rebecca Watkins ar 029 2068 1160 neu e-bosti rebecca.watkins@learningdisabilitywales.org.uk
www.learningdisabilitywales.org.uk

