
Continuing Professional Development

Further suggestions for activities/time outs in relation to CPD activities

There are three types of activities:

1. Formative activities, integral to the text and part of the learning process.
2. Summative checking activities at the 'stopping points' in the material.
3. Portfolio activities - ie activities that cause them to reflect on what they have learned that they can apply to their practice.

All formative and summative activities need to be achievable by someone working at home without access to other resources.

You can use several different types of activities, for example.

- * True/false or yes/no
- * Matching lists
- * Brief written answers to open questions
- * Rating scales
- * Interpretation of a diagram or chart
- * Supplying own examples
- * Responses to a case study
- * Prioritising a list of points

Useful verbs to think about when writing activities are:

- * Analyse
- * Break down
- * Differentiate
- * Illustrate
- * Infer
- * Outline
- * Point out
- * Select
- * Separate
- * Sub-divide

Activities should be:

- * Frequent
- * Varied
- * Interesting
- * Useful
- * Challenging - but do-able