



skills for care and
the valuing people
team need you!



We are working out what workers who support people need to know to do their jobs well. We are thinking about workers who support people who have a learning disability or an autistic spectrum condition. These lists of what people need to know are called knowledge sets.

The knowledge sets could also be used by other people who support people with learning disabilities, like people in the community.

The knowledge sets can help trainers to make qualifications so that these workers can get qualified. The knowledge sets will only be good if we get the opinions of other people. This is called consultation.

We would like to invite people to tell us what they think about one of these subjects:

supporting people positively with their behaviour

This knowledge set will help people understand the best way to support someone who find it hard to manage their behaviour, or who might behave in a way that other people think is odd or unusual. This is a very important subject because there are ways people can be told off, or given medicine to make them behave a certain way – this is not positive. It's very important to make sure this knowledge set helps people learn positive ways to support someone.

supporting people to be part of society

This knowledge set helps workers learn how to support a person who has a learning disability to be a full citizen and have an active role in their community. We know that in the past, people with learning disabilities have been kept apart from their communities (and some still are). So workers today need to understand how important it is to behave in the right way so they are not getting in the way of someone being part of their community.

working in partnership with family carers

This knowledge set will help workers learn about working with family and friends. Just because someone needs support, doesn't mean they don't need their family and friends too. Sometimes, relationships with family can become complicated. The worker needs to understand how best to work with family and friends in the way that is right for the person they support.

supporting people who have an autistic spectrum condition

This knowledge set will help workers learn about how to support people who have an autistic spectrum condition (sometimes people call this an 'ASD' or 'autism'). People with autism might have difficulties with communicating and relating to other people and making sense of the world around them. 'Spectrum' means that some people with have little difficulty and some people will have more difficulty. Supporting people in the right way at the right time means they can be more independent for more of their life.



how to get involved

Once you have decided which subject you are interested in, there are two ways to get involved:

1. Come to the workshops (there are two workshops for each subject and we'd like you to come to both of these)
2. Fill in a questionnaire

The people we need to talk to are:

- People with a learning disability
- The family and carers of people with learning disabilities
- Support workers and personal assistants (or PA's)
- Employers (managers) in services for people with learning disabilities
- Trainers and 'professional experts' in learning disability

We will make sure we have an even mix of people. Each subject will have groups of about 20 people. Five people will have a learning disability, five will be family carers, five will be employers and five will be trainers and 'professional experts'. To help us choose a good mix of people you need to fill in an application form and we might need to choose some people to come and some people to do questionnaires.

The workshops will be in March and April 2009:

date	day	workshop	location
02/03/09	Monday	supporting people positively with their behaviour (1)	Birmingham
03/03/09	Tuesday	supporting people who have an autistic spectrum condition (1)	Taunton
05/03/09	Thursday	supporting people to be part of society (1)	London
10/03/09	Tuesday	working in partnership with family carers (1)	Gateshead
20/04/09	Monday	supporting people positively with their behaviour (2)	Birmingham
23/04/09	Thursday	working in partnership with family carers (2)	Gateshead
24/04/09	Friday	supporting people who have an autistic spectrum condition (2)	Taunton
30/04/09	Thursday	supporting people to be part of society (2)	London