



# Inclusion North News

**Autumn 2009**



# Events and Training for Inclusion North Members

## Self Directed Support Information Days for Carers

Scunthorpe – 3<sup>rd</sup> November

### The day will:

- Tell you about government policy on Personalisation & Transforming Social Care
- Tell you about Self Directed Support & people having more control.
- Share some families direct experience of having an Individual or personal budget & how it has affected their lives.
- Help you think about what these changes could mean for you and your family.



## The Right Relationship – Learning Events with Dave Hingsberger

**Newcastle - 23<sup>rd</sup> November**

**Bradford - 25th November**

Dave Hingsberger's work is considered ground-breaking, and he has received lots of awards for his work in the area of sexuality and abuse prevention.

He gives talks around the world and works with lots of different groups in Canada, the United Kingdom, and the United States.



### **Both days are the same and will cover:**

- Ways and ideas on supporting people locally to get the friends and partners they want.
- Tools for making it happen and why it's really important that it does.

### **Who should come?**

3 people from each Inclusion North member area. You need to be a group of people that want to go back and make things better in your area for lots of people.

## Hate Crime Training

In April 2007 Inclusion North, Better Days & Coast 2 Coast were asked by the Home Office to find out what good work was happening around Hate Crime.

When they were finding out about the work that was happening they created a good practice guide and the Learning Together Training pack to stop hate crime.

Inclusion North has asked groups of people with learning disabilities to let us know if they would like to run the training sessions for other groups using the pack.

We now have a list of groups who can come to your area and train people with learning disabilities to use the Learning Together Training Pack.

You can ask us to arrange for them to come to your area but it is first come first served to let us know soon if you think people will want to do this training.

We'll be sending more information out about this soon, but do get in touch if you are interested.



## Transport – Lets make things better!

We have been working with Partnership Boards & travel companies in West Yorkshire on some of the issues people with learning disabilities face when they travel on public transport

To look at:

- Working out what the problems are with public transport in each area
- Help the group to work out a plan for solving the problems
- Help find the right people to work with in Transport
- Help local groups work together to solve problems with the transport people

If you would like us to support you and your neighbouring Partnership Boards to work with transport services where you live get in touch.

You can find out more about this by calling Scott on 07767 776125



## He Who Dares, Wins! – An Event about Risk

### Leeds - 10<sup>th</sup> February

Being healthy and safe is important to all us all.

Lots of people with learning disabilities have said that they can't do everything they want to because it might mean taking a risk.

This event is a chance to hear from people & organisations on how they have supported people to lead full lives and are enabled to do the things they want, including taking risks.

#### Who should come?

Up to 3 service managers or commissioners from Inclusion North member areas.

#### Speakers include:

##### **Fiona Ritchie**

Adults Senior Policy Lead, Learning Disabilities, Care Quality Commission.

##### **Doreen Kelly**

Director - Partners for Inclusion. Supported Living, Ayrshire & Renfrewshire.

##### **KeyRing**

Supported Living Networks

##### **Richard Parrott**

Commissioner – Sheffield City Council



## Events we are organising with other people

### Yorkshire & Humber Health Check Group

**1<sup>st</sup> December – Sheffield**

Inclusion North organise this meeting for Valuing People.

This group meets to find out what different areas in the region said on their Local Health Check Assessment.

This is a chance to hear about what the Strategic Health Authority and other people are doing to make health services better.

This is your chance to have your say about how the Health Check assessment worked last time and what could be better in the future!

Self Advocates, family members, people from health sub groups from Yorkshire & Humber should attend this meeting.



## **Greenlight Session 3: New Horizons New Opportunities**

**Newcastle – 19<sup>th</sup> January**

**York – 22<sup>nd</sup> January**

Inclusion North & Debra Moore Associates are organising & running these sessions on behalf of Valuing People.

The Greenlight toolkit helps paint a picture of what good mental health services should look like.

The Department of Health has been asking people what they think great mental health services should look like by 2020 in the New Horizons consultation.

This 3<sup>rd</sup> Greenlight session will look at the New Horizons consultation and the opportunities it will offer us to make things better.



### **Who should come?**

3 from each area to include professionals from:

- Learning disability services
- Mental health services
- Provider Trusts

## Missed a Meeting?

If you couldn't get to a meeting or training session contact us and we can share the notes and learning from the day with you.

Meetings we've had recently:

- Advocacy Commissioning Sessions 1 – 4
- Training for Partnership Board Reps & Co Chairs
- Changing Places – how to get more accessible loo's in your area.
- Postural Care information Sharing Day
- Self Directed Support & Personalisation info sharing days
- This is me – supporting people to use film to communicate
- Valued in Public – Action Learning Events to support people into employment
- Valuing People Workforce Development Networks



## Members Vouchers – How does it work?

As a member of Inclusion North your area gets free access to our events and training.

You also get vouchers to use for extra training or support your area might need.

Each area can ask Inclusion North to help with a piece of work or project.

This would be at least 4 days work from Inclusion North or someone with special skills that we pay to come and do it with us.

If we pay someone else it might mean we have less Inclusion North time to offer your area.

Here's some things members have used their vouchers for this year:

- Training for a group of people with learning disabilities who are paid to champion the rights of people in their local area on the Partnership Board
- Ongoing support on the Health Self Assessment Framework
- Training for Self Advocates on the Partnership Board
- Reviewing how a Partnership Board works
- Support for a Self Advocacy group to plan how to become independent
- Graphic facilitation training for professionals
- Support planning training for professionals



Get in touch to talk to us about any local support we can provide.

## Advisory Council Update

Thank you to everyone that has put themselves forward to be a member of Inclusion North's Advisory Council.

We are now taking the information about this to the regional forums. We are asking these groups to vote on who should be a member.

Once we have heard back from the forums we will let you know who the new council members are.



## Skills Bank Update

### What does your area need?

Are you struggling to know where to start with a new project?

Would talking to someone in the same boat help?

If so then the Skills Bank is for you!

Don't forget, for every hour of time you give helping someone you will get one time credit! You can then swap your time credits when you or someone else in your area needs help from someone else.

Contact Angela on 07876 145390 who can explain more about how it works.



## Contact Inclusion North



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