

Health Stones 3

UK Health and Learning Disability Network

For information, queries and to contribute to FPLD *health stones* contact Janet Cobb

jcobb@learningdisabilities.org.uk

janet@jan-net.co.uk

Please find attached the **third** edition of Health Stones

1. IHaL: People with Learning Disabilities and epilepsy

The Improving Health and Lives (IHaL) team are preparing their next 'reasonable adjustments' report and the focus is People with Learning Disabilities and epilepsy. The aim of the report, as with our previous 'reasonable adjustments' reports, is to share information, knowledge and best practice throughout the country which will support people in improving services and care. We would like to include as many good case studies as possible in this report so that other people can benefit and use this information to improve the management of epilepsy for people with learning disabilities.

Please can you send your stories and best practice news to us at

anna.marriott@ndti.org.uk

2. Existing staffing tools in Learning Disability services

As part of the implementation of the national 'Compassion into Practice Programme' a project was initiated through NHS England to develop solutions to 'ensure we have the right staff with the right skills in the right place: Learning Disabilities'. As some of you are aware, a 'task and finish group' are working on this important area of safe staffing in learning disabilities and part of this is to establish the existing staffing tools that people across our networks may be currently using.

We would be keen to hear about the staffing / dependency or population based tools you may be using in your organisations and your experience of these. Your feedback is important to us. Please let us know by emailing

lindsey@origindevelopmentsolutions.co.uk

Many thanks in advance

Oliver Shanley

Executive Director Quality and Safety, Deputy Chief Executive
Hertfordshire Partnership University NHS Foundation Trust

3. Service improvement.

Can anyone help me, for my last assignment for my nursing degree it is based on service improvement?

For this I am proposing to incorporate a training day within a specific LD service with little knowledge of mental health problems.

I was wondering whether you had an evidence based information regarding the benefits of training new concepts both for staff and patients?

I am also required to make a poster about the service improvement proposal, so I am also asking whether you have any specific posters which promote new training ideas so I could gather an idea as to what information they have on posters which 'catches the eye' and makes people want to be involved.

Any help would be greatly appreciated

Laura Cook laura.e.cook@uea.ac.uk

4. Survey annual health-checks

For Carers of adults with learning disabilities Learning Disability Carers Community and Karen Tyson's Page have produced a survey to investigate the uptake of annual health-checks for people with learning difficulties and to investigate their quality. For this purpose it will be just as useful to us for the survey to be completed even if the person with learning disabilities that you care for does not attend for an annual health check.

We would appreciate you sparing a few minutes of your time to help us with our research. A full analysis of the given data and a report outlining our findings will be published in due course.

The reason for not doing an easy read survey for people with learning disabilities is due to issues of recall and presenting invalid information.

For the results of such to be reliable the survey would need to be completed immediately following the health check and this is not a viable option for us.

If anyone has any difficulty with the survey please do not hesitate to contact us:

sue@ldcarerscommunity.org.uk or info@karentysonspage.org

Link to survey

<https://www.quicksurveys.com/s/m4N2J>

Susan Kellett

www.ldcarerscommunity.org.uk

5. Experiences of duty work within an integrated health and social care LD team

Anonymous query please reply to janet@jan-net.co.uk

Is anyone willing to share their models / experiences of duty work within an integrated health and social care LD team? We are currently exploring ways of improving ours. Thank you in advance.

6. Easy read information on myotonic dystrophy

Hi there. I wondered if anyone on the network could recommend some easy read information on myotonic dystrophy? Much appreciated

Best wishes

Steve Hardy

Consultant Nurse in Learning Disabilities

Steve.Hardy@oxleas.nhs.uk

7. Sexual Health Promotion Group

I have recently taken up a post as a Community Learning Disability Nurse in the Learning Disability Health Team within the London Borough of Hillingdon.

As part of my role I have been tasked to devise a Sexual Health Promotion Group for residents with LD who live in the borough, there is no provision at present & I hope to address this. I have already identified the potential target group and I am currently in the process of promoting the group to ascertain interest for the pilot.

With this in mind I was wondering if anyone had had experience of setting up such a group in their area, if so do they have and advice they can offer me to run the pilot successfully. I think I generally have a good grasp of what to offer and which direction to take the group but any support will be appreciated.

The other main aspect that I would appreciate advice on is the issue of capacity. The aim of the pilot is to offer the group to individuals with LD who live independently, may not access any services and are sexually active.



My thoughts are that these people will not lack capacity when it comes to engaging in sexual activity but has anyone had experience of providing sexual health promotion services when this is not the case.

Paul Hedges (CLDN)
phedges2@hillington.gov.uk

From Janet Cobb e-mail: jcobb@learningdisabilities.org.uk
Some resources from archives that may be useful.

- *Friendships and Taboos* <http://www.ldhealthnetwork.org.uk/docs/frat.pdf>
- *Sexual Health Resources Review*
<http://www.ldhealthnetwork.org.uk/docs/shrer.pdf>
- *Scottish sexual health easy read*
<http://www.ldhealthnetwork.org.uk/docs/scher.pdf>
- *Sexual Health LD Needs Assessment*
<http://www.ldhealthnetwork.org.uk/docs/shlda.pdf>
- *Sexual Needs Assessment Report*
<http://www.ldhealthnetwork.org.uk/docs/snar.docx>
- *Sexual Health Policy* <http://www.ldhealthnetwork.org.uk/docs/sshp.pdf>
- *The Sexual Health Needs of Young People with Learning Disabilities*
<http://www.ldhealthnetwork.org.uk/docs/shnld.pdf>
- *Capacity to Consent Publication Order Form*
<http://www.ldhealthnetwork.org.uk/docs/ctc.doc>

8. Free webinar for people responsible for implementing, or supporting the implementation of NHS CHC and Personal Health Budgets for people with learning disabilities.

Think Local Act Personal commissioned NDTi and Alison Giraud-Saunders to write this guide, which has been developed from work with three sites and a network of individuals and organisations who are supporting the roll out of personal health budgets to people with learning disabilities.

Think Local Act Personal and NDTi are offering a free webinar for people responsible for implementing, or supporting the implementation of NHS CHC and Personal Health Budgets for people with learning disabilities.

To view the guide and find out more information, please see
<http://www.ndti.org.uk/how-we-do-it/events/upcoming-events/webinar-on-personal-health-budgets-on-25th-june-at-2pm/>

9. Policy paper :Helping health and care services manage difficult patient behaviour

<https://www.gov.uk/government/publications/positive-and-proactive-care-reducing-restrictive-interventions>

10. NHS foundation trust directory

<https://www.gov.uk/government/publications/nhs-foundation-trust-directory/nhs-foundation-trust-directory>

11. CBF Planning for the future - updated

The Challenging Behaviour Foundation has recently updated the 'Planning for the Future' information sheet.

This resource is for families who may be thinking about what opportunities and support their relative would like in the future.

Planning for the future aims to help families put plans in place. It provides information on person centred plans, community care assessments, and help in finding the right support. It also offers a range of questions to help in deciding if a service provider is suitable for your relative.

You can download a copy on our website: www.challengingbehaviour.org.uk or email info@thecbf.org.uk for a hard copy priced at £1 (free for family carers).

<http://www.challengingbehaviour.org.uk/cbf-articles/latest-news/planningforthefutureinfosheet.html>

12. FPLD Building Community Through Circles Of Friends

<http://www.learningdisabilities.org.uk/publications/building-community/>

13. FPLD Circles Of Support And Mutual Caring

<http://www.learningdisabilities.org.uk/publications/circles-of-support/>

14. FPLD Getting a Job - This booklet provides advice for family carers of adults with a learning disability

The Foundation for People with Learning Disabilities, in partnership with The National Valuing Families Forum is today launching Getting a Job, a guide to help adults with learning disabilities into employment.

Fewer than 10% of adults with a learning disability living with their family have a paid job, when the truth is an increasing number of people with learning disabilities would like to work. The impact of employment on an individual's self-esteem, independence and sense of purpose is well known, and this guide will allow family carers to help their relatives overcome the barriers and secure a rewarding working life.

Getting a Job, written by Dave Barker, a family carer at the National Valuing Families Forum, provides vital information on where to find support, simple and achievable top tips and a practical action plan to get started.

Download the guide for free at <http://fpld.org.uk/publications/getting-a-job/>

15. Mental health service users launch Healthwatch guide

<http://www.nsun.org.uk/news/mental-health-service-users-launch-healthwatch-guide/>
learning disability gets a mention on page 24.

16. Appropriated landscapes: the intrusion of technology and equipment into the homes and lives of families with a child with complex needs

Andrew J. Moore, Christine Anderson, Bernie Carter and Jane Coad

J Child Health Care 2010 14: 3 DOI: 10.1177/1367493509360275

<http://chc.sagepub.com/content/14/1/3>

17. Films promote information sharing to protect children

<https://socialcare.blog.gov.uk/2014/04/15/films-promote-information-sharing-to-protect-children/>

18. Revision of the 'SEND code of practice: 0 to 25 years'

Summary: We're seeking views on specific amendments to the 'Special educational needs and disability (SEND) code of practice: 0 to 25 years'.

<https://www.gov.uk/government/consultations/revision-of-the-send-code-of-practice-0-to-25-years>

closes on 6th May.

19. Personal Health Budgets and the left – less heat more light please

<http://www.sochealth.co.uk/2013/12/10/personal-health-budgets-left-less-heat-light-please/>

20. BIRMINGHAM Transition Event

<http://www.progressmagazine.co.uk/events.html>

Thursday 22nd May 2014

9.30am - 4.15pm

The National Motorcycle Museum, Birmingham

