

Health Stones 2

UK Health and Learning Disability Network

For information, queries and to contribute to FPLD *health stones* contact Janet Cobb

jcobb@learningdisabilities.org.uk

janet@jan-net.co.uk

Please find attached the **second** edition of Health Stones

1. Request for evidence of Dual Diagnosis [alcohol /substance misuse and mental health] interventions in learning disability clients

I am Learning disabilities nurse working in Neuropsychiatry and Mental Health.

Can anyone offer any evidence or project working involving persons with LD and dual Diagnosis?

Can they email me on holly.zephrine@slam.nhs.uk

2. Easy read employment documentation

I am looking for any examples of easy read employment documentation for People with learning disabilities, i.e. wage slips, contracts of employment etc. If you can sign post me I would be very grateful if not can you ask the network please ?

Kaye.Jones@oxleas.nhs.uk

Kaye Jones - Specialist Day Services Manager & Staff Governor

3. Easyread leaflet on Section 117 Aftercare

I am looking for an easyread leaflet on Section 117 Aftercare - can anyone help?

Many thanks

Nicola Armstrong

Advanced Clinical Specialist (LD) 01206 228549

NiArmstrong@nepft.nhs.uk

4. Courses available in learning disabilities (a module at post grad level)?

Does anyone know about any courses available in learning disabilities (a module at post grad level)?

I have a nurse that has many years experience in L/D as a carer and is now a general nurse - but works as an acute liaison nurse he would like to complete some academic work in this area...

Daniella Rubio-Mayer

Acute Liaison Nurse Manager

Daniella.Rubio-Mayer@rcht.cornwall.nhs.uk

5. PARENTS Research project: Providing online information on challenging behaviour for parents of children with a Learning Disability

I am a Trainee Clinical Psychologist in NHS Lothian completing my Doctorate in Clinical Psychology with the University of Edinburgh. I work with children and young people with a Learning Disability and their families. As you are aware these families have to manage many types of behaviour, some of which may be challenging. I am conducting a research project which aims to explore how online materials can help provide information to parents to support their understanding and management of these behaviours.

The online activity aims to help parents think about:

- Common reasons behind of behaviours

- Why some behaviours might continue
- Some strategies to manage behaviour

Please click the link below for further information and access to the study. If there are other parents you think would be interested in this project, please pass on this information.

<https://www.survey.ed.ac.uk/cbldgiapre/>

*Louise McCool
Trainee Clinical Psychologist
University of Edinburgh*

6. Annual Health Check Survey

Learning Disability Carers Community and Karen Tyson's Page have produced this survey to investigate the uptake of annual health-checks for people with learning difficulties and to investigate their quality. For this purpose it will be just as useful to us for the survey to be completed even if the person with learning disabilities that you care for does not attend for an annual health check.

We would appreciate you sparing a few minutes of your time to help us with our research. A full analysis of the given data and a report outlining our findings will be published in due course.

If anyone has any difficulty with the survey please do not hesitate to contact us:

sue@ldcarerscommunity.org.uk or info@karentysonspage.org

Link to survey <https://www.quicksurveys.com/s/m4N2J>

7. Proposal for Blending the Skills of the Nurse with the Powers of the Police

Replies to Gareth Dowson

garethdowson1968@hotmail.co.uk

Regarding the introduction of the new Department of Health guidelines 'Positive and Proactive Care: Reducing the Need for Restrictive Interventions' (DH 2014), would it be an idea if nurses had the same powers of arrest as police officers? Quite often unlawful restraint occurs within our working environment and, for whatever reason, very little is either recorded or even reported. A smack from a healthcare professional on a client, a pinch on an ear, and so on, is now not permitted, although, I would imagine a lot goes on that is not even commented on because it is so commonplace. With these new guidelines on the use of force, any introduction of pain to the client is prohibited. Sadly, even today, too much goes unreported. However, if there were knowledge that a nurse on shift had the power to arrest anyone suspected of harming a client, I wonder if behaviours would significantly change.

It's worth thinking about. The Metropolitan Police Force is looking for new Specials mid April, (MET 2014), so there's time to consider this additional qualification and in situ-safeguarding measure to protect our vulnerable clients. Police Forces up and down the country are likewise looking for new recruits at various times of the year. There is full training, the Certificate of Knowledge for Policing is not necessary for those successfully completing the training (should anyone wish to consider a police career), and Special Constables enjoy free London travel.

At present, under Section 5 MHA 1983 a mental health or learning disability nurse can detain an informal (voluntary) patient who is having treatment "for mental

disorder” in hospital. The nurse can detain the person for up to six hours (MIND 2012, p.12).

However, Section 136 gives a police officer the power to remove a person from a public location to a place of safety, (which would usually be a hospital), if it appears that the person is suffering from “mental disorder” and “in immediate need of care or control”, whilst not necessarily having committed a crime (MIND 2012, p.13). The aim is for the person to be examined by a doctor and interviewed by an approved mental health professional as quickly as possible. What would you say if a nurse had the same powers of detention to protect members of the public if they were of poor mental health?

I just wonder if combining the role of the nurse with that of a police officer would make the working and public environments of the vulnerable client a little easier and safer to live in. What do you think?

REFERENCES

Department of Health (2014) Positive and Proactive Care: Reducing the Need for Restrictive Interventions. Social Care, Local Government and Care Partnership Directorate. London.

MET (2014) <http://www.metpolicecareers.co.uk/specials/index.html> [Accessed 4th April 2014]

MIND (2012) MIND’s Guide to the Mental Health Act 1983. Taken from: <http://www.mind.org.uk/information-support/legal-rights/mental-health-act-the-mind-guide/#.Uz7ayPldWSo> [Accessed 4th April 2014]

8. All about epilepsy - a new programme from Epilepsy Society

All about epilepsy is in two parts.

- *Part 1 - the facts about epilepsy* - focuses on the medical condition (what it is, diagnosis, treatment etc). It also has acted seizures and seizure management, details of when to call for help, and how to put someone into the recovery position.
- *Part 2 - people’s experiences of epilepsy* - has interviews with five individuals about their experiences (four individuals with epilepsy and one mother whose son has epilepsy).

Both programmes are introduced by Dr Arjune Sen - a neurologist from Oxford.

The programme is available in: English, and dubbed into other languages

You can see the programme on Epilepsy Society’s YouTube channel via www.youtube.com/epilepsysociety and look for the 'All about epilepsy' playlist link.

9. Open consultation - Ill-treatment or wilful neglect in health and social care

<https://www.gov.uk/government/consultations/ill-treatment-or-wilful-neglect-in-health-and-social-care>

10. Cyberbullying

<http://anti-bullyingalliance.org.uk/schools-the-wider-sector/cyberbullying.aspx>

11. Parents with disabilities

<http://www.bestbeginnings.org.uk/parents-with-disabilities>

12. A new settlement for health and social care

<http://www.kingsfund.org.uk/publications/new-settlement-health-and-social-care>

13. Driving Up Quality Website

www.drivingupquality.org.uk

14. NDTi Screening Services Strategy and Toolkit

Improving the uptake of screening services by people with learning disabilities across the South West Peninsula

<http://www.ndti.org.uk/publications/ndti-publications/screening-services-strategy-and-toolkit>

15. Autism and perinatal mental health amongst new clinical priorities announced by RCGP

<http://www.rcgp.org.uk/news/2014/april/autism-and-perinatal-mental-health-amongst-new-clinical-priorities-announced-by-rcgp.aspx>

16. Improving wheelchair services

<http://www.england.nhs.uk/2014/03/28/wheelchair-services/>

17. Fetal Alcohol Spectrum Disorders BOOK

Interdisciplinary perspectives

Edited by [Barry Carpenter OBE](#), [Carolyn Blackburn](#), [Jo Egerton](#)

<http://www.routledge.com/books/details/9780415670166/>

18. In patient care for people with behaviour that challenges

<http://www.improvinghealthandlives.org.uk/projects/ipbch>

19. IHaL Making reasonable adjustments to primary care services: supporting the implementation of annual health checks for people with learning disabilities
http://www.improvinghealthandlives.org.uk/publications/1224/Making_reasonable_adjustments_to_primary_care_services_supporting_the_implementation_of_annual_health_checks_for_people_with_learning_disabilities

IHaL Health Checks Factsheets

IHaL have written three fact sheets on health checks:

Health checks: identifying health issues in people with behaviour that challenges

The effectiveness of health checks for people with learning disabilities

What makes health checks for people with learning disabilities work better

They can be downloaded from:

www.improvinghealthandlives.org.uk/projects/annualhealthchecks/detail

IHaL have also written a report on the reasonable adjustments primary care can make to support the implementation of health checks.

The report can be accessed from the above link or from:

www.improvinghealthandlives.org.uk/publications/1224/Making_reasonable_adjustments_to_primary_care_services_supporting_the_implementation_of_annual_health_checks_for_people_with_learning_disabilities

20. IHaL Annual health checks

<http://www.improvinghealthandlives.org.uk/projects/annualhealthchecks>

21. IHaL Gaps in what the NHS counts

<http://www.improvinghealthandlives.org.uk/projects/datagaps>



22. **IHaL Joint Health and Social Care Self-Assessment Framework 2013**
<http://www.improvinghealthandlives.org.uk/projects/hscldsaf>
23. **IHaL How effective are health checks?**
<http://www.improvinghealthandlives.org.uk/projects/annualhealthchecks/evidence>
24. **IHaL Matt Houghton Presentation**
<http://www.improvinghealthandlives.org.uk/projects/annualhealthchecks/presentation>
25. **PAMIS Invasive Procedure work**
http://www.pamis.org.uk/20_invasiveprocedures.html
26. **Clinical Guidelines and Integrated Care Pathways for the Oral Health Care of People with Learning Disabilities**
http://www.bsdh.org.uk/guidelines/BSDH_Clinical_Guidelines_PwaLD_2012.pdf
27. **Easy Read oral health**
<http://www.easyhealth.org.uk/listing/teeth-%28leaflets%29>
<http://www.easyhealth.org.uk/listing/teeth-%28videos%29>
28. **Collis Curve Toothbrushes**
<http://www.colliscurve.co.uk/site/1.asp>
29. **PAMIS Oral Health Care for People with Profound and Multiple Learning Disabilities**
<http://www.ldhealthnetwork.org.uk/docs/ohl.pdf>
30. **Jake Hardy's death in custody is nothing less than a state-committed crime**
The vulnerable and bullied are being let down too often in prisons and young offender institutions
<http://www.theguardian.com/commentisfree/2014/apr/07/jake-hardy-death-in-custody>
31. **FPLD blog Laughing Boy's Fight**
<http://www.changingmindschanginglives.com/2014/04/laughing-boys-fight/>
32. **One year on, new commissioning groups are an improvement on their predecessors but do not reflect the views of members, say GPs**
<http://www.nuffieldtrust.org.uk/media-centre/press-releases/one-year-new-commissioning-groups-are-improvement-their-predecessors-do->
33. **In Control webinar on postural care with guest presenter Sarah Clayton.**
<http://www.in-control.org.uk/events/in-control-webinars/webinar-recordings/postural-care-2nd-april-2014.aspx>
You can also find out more about postural care on the Postural Care website at www.posturalcareskills.com or contact Sarah direct at sarah@posturalcareskills.com
34. **LEICESTER What works? User and Carer Perspectives on Mental health and Disability Services, 11 June 2014, De Montfort University**
As part of the National Carers Week, De Montfort University, Leicester is organising a National Conference on What Works for User and Carers.
User and Carer perspectives are central to the planning and commissioning of mental health and disability services. In this conference

users and carers will be presenting their experiences of what works for them and their involvement in planning and developing services

Please see link for booking form

<http://www.dmu.ac.uk/about-dmu/schools-and-departments/school-of-nursing-and-midwifery/national-conference-what-works.aspx>

35. BELFAST Study Visits, Seminars and Conferences organised by Inclusion Europe

Europe in Action 2014: Growing up with an intellectual disability Belfast, 15-17 May 2014

<http://inclusion-europe.org/en/icon-selection-get-involved/events>

36. GLASGOW NAS Understanding and managing challenging behaviour, 10 June 2014

One of our most popular conference topics, the programme will discuss the causes of anxiety for people with autism and the types of behaviour which can be used to express this anxiety.

As well as keynote presentations discussing approaches to supporting the behaviour and looking at sleep difficulties that people on the spectrum face, the conference will feature

three seminar streams: Adult services, Family support and School support. They will focus on issues such as physical restraint, challenging behaviour in schools, using sensory understanding for classroom intervention and support, toileting issues and communication challenges.

www.autism.org.uk/conferences/behaviour2014

37. MANCHESTER NAS Autism and mental health conference, 17 June 2014

This conference will give you the tools and strategies you need to identify and provide targeted support for children and adults with an ASD who have mental health difficulties. Our keynote presentation will look at the complex relationship between autism and mental health, discussing why differential diagnosis and treatment may be necessary in these cases.

There are three different streams to choose from. The first stream will look at diagnostic challenges where there are overlapping or similar presentations, including anxiety disorder and OCD. Our second stream will discuss how to adapt therapies and interventions to make them appropriate for people with autism. The third stream will address how to support and help with mental health difficulties for young people in school environments, to avoid issues reaching a crisis point.

www.autism.org.uk/conferences/mentalhealth2014

38. LONDON Advances in research in intellectual and developmental disorders conference, 27 May 2014

Flyer <http://www.ldhealthnetwork.org.uk/docs/adir.pdf>

Event and date: Advances in research in intellectual and developmental disorders:

The effectiveness of complex interventions, Tuesday 27 May 2014

Venue: Royal Society of Medicine, 1 Wimpole Street, London, W1G 0AE

Website address: [Advances in research in intellectual and developmental disorders - Programme link](#) (please click link)

Contact information: Event coordinator; Chanel Roachford, Royal Society of Medicine, 1 Wimpole Street, London, W1G 0AE. Tel: 0 20 7290 3942,

Email intellectualdisability@rsm.ac.uk