

## Health Stones 11

### UK Health and Learning Disability Network

For information, queries and to contribute to FPLD Health Stones contact Janet Cobb [jcobb@learningdisabilities.org.uk](mailto:jcobb@learningdisabilities.org.uk) or [janet@jan-net.co.uk](mailto:janet@jan-net.co.uk)

Please copy me into any replies.

Thanks

Janet

#### 1. Joint health and social care eligibility screenings

As part of an integrated health and social care Learning Disability team we undertake joint health and social care eligibility screenings (for people referred to and not known to our service).

I was wondering if anybody had any health screening tools you use to see whether somebody would be eligible for Learning Disability services, which you would be happy to share with us?

*Louise Stockdale*  
Community Nurse  
Greenwich Learning Disability Team  
[louise.stockdale@oxleas.nhs.uk](mailto:louise.stockdale@oxleas.nhs.uk)

#### 2. Easy Read Serious Case Review

I am undertaking a Serious Case Review regarding a learning disabled mother and her child.

I would like to provide an easy read version of the report and some information about serious case reviews.

I wondered if anyone knows of a leaflet for Learning Disabled Adults regarding serious case reviews?

[usat@bristol.ac.uk](mailto:usat@bristol.ac.uk)

#### 3. Medication record sheet

I am in the process of designing a medication record sheet for medication administration records. I was wondering if there are any examples or templates I could look at in order to get an idea.

*Zuzana Matousova-Done*  
[zuzana@glendalehome.co.za](mailto:zuzana@glendalehome.co.za)

#### 4. Easyread Urinalysis

Has anyone developed easy read documents or leaflets for urinalysis, using dip testing sticks and the purpose of the use of this type of testing?

*Robert Jenner*  
[Robertjenner@nhs.net](mailto:Robertjenner@nhs.net)

#### 5. Use of noise limiting headphones

I would be interested in hearing from other OTs working with adults with severe autism and learning disability regarding the use of noise limiting headphones. Has anyone successfully used headphones with individuals with hypersensitivity to noise

either on their own or in combination with suitable relaxing music through an ipod? In a quick look for research I have found one American case study reported in J of OT Schools, & Early Intervention where favourable results were reported in improving attention on task in an 11 year old with use of a Peltor Headphone with noise reduction rating to 22dB. I would be interested if there is anecdotal information of the use of these devices in the adult learning disability population the UK and if so how the wearing of the headphones was managed.

***Eveline Milne***

*Clinical Lead Occupational Therapist*

*Adult Learning Disability Service*

[Eveline.Milne@southerntrust.hscni.net](mailto:Eveline.Milne@southerntrust.hscni.net)

**6. Administering medication to an individual on the autistic spectrum**

Anonymous query please reply to [janet@jan-net.co.uk](mailto:janet@jan-net.co.uk)

Has anyone developed any system for administering medication to an individual on the autistic spectrum who has developed diabetes? This medication is administered through the subcutaneous area of the abdomen. The individual has a difficulty with the needle and proximity issues. Social stories and picture schedules are being used at present. Any suggestions welcome.

*Clinical Nurse Specialist.*

**7. 22Q deletion**

Anonymous query please reply to [janet@jan-net.co.uk](mailto:janet@jan-net.co.uk)

I am supporting a young man with this condition and wondered if there is anyone else in a similar position. I am particularly keen to learn about the physical and mental health issues associated with the condition. Thanks

**8. The Bradley Report five years on**

[http://www.centreformentalhealth.org.uk/news/2014\\_Bradley\\_report\\_five\\_years\\_on\\_a\\_spx](http://www.centreformentalhealth.org.uk/news/2014_Bradley_report_five_years_on_a_spx)

Five years of solid progress since Bradley Report must be sustained by local and national action, says Independent Commission

**9. Joint Health and Social Care Self-Assessment Framework 2013**

The first Joint Health and Social Care Learning Disability Self-Assessment Framework was announced in *Transforming Care Action* as Action 38.

All 154 Learning Disability Partnership boards registered to report their local conclusions. All but one provided at least some details of local services.

Reports on the self-assessment ratings and the numerical information submitted have now been published along with a collection of personal stories.

These can be found on the Improving Health and Lives website at:

<https://www.improvinghealthandlives.org.uk/projects/hscldsaf>

**10. Putting Patients First: The NHS England business plan for 2014/15 – 2016/17**

<http://www.england.nhs.uk/wp-content/uploads/2014/04/ppf-1415-1617-wa.pdf>

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**11. CQC Transition arrangements for young people with complex health needs from children's to adult services**

<http://www.cqc.org.uk/content/transition-arrangements-young-people-complex-health-needs-children%E2%80%99s-adult-services?cqc=>



**12. Guidance Implementing the 0 to 25 special needs system**

<https://www.gov.uk/government/publications/implementing-the-0-to-25-special-needs-system>

**13. TAC News Bulletin**

<http://www.teamaroundthechild.com/bulletin/index.html>

**14. SCOTLAND Child Protection and Disability Toolkit**

The Child Protection and Disability Toolkit has been produced in partnership by WithScotland and the Scottish Government's Ministerial Working Group on Child Protection and Disability. It is aimed at practitioners and managers in child and family and disability services and it's the only toolkit of its kind available to practitioners in Scotland.

<http://withscotland.org/resources/child-protection-and-disability-toolkit>

**15. Update on Accessible Information Standard Development**

As you will be aware, the engagement phase closed on 21<sup>st</sup> February 2014. Unfortunately, it is taking longer than we thought to analyse all of the responses and publish a report. This is partly because of the large number of responses we received – over 1000 surveys were completed – but also because of the detail of some of the experiences and opinions shared.

Please be assured that we value all of the contributions and they are being used to inform the standard, which we are currently drafting.

We have written a short summary and update on the standard which we have published at [www.england.nhs.uk/accessibleinfo](http://www.england.nhs.uk/accessibleinfo)

This update is available from this website in a range of accessible formats including as a Word document, in easy read and as a British Sign Language (BSL) video.

If you would like a copy of this update sending to you in any of the above formats, or in braille or large print, please do not hesitate to contact us.

We hope to be able to share the engagement report with you in the coming weeks.

Notes from the workshops which were held as part of the engagement phase have already been published at [www.england.nhs.uk/accessibleinfo](http://www.england.nhs.uk/accessibleinfo)

Please share this email document with anyone else who you think may be interested in this update

**16. Beyond Words**

<http://www.booksbeyondwords.co.uk/>

**17. LD Nurse research**

<http://ldnurseresearch.wordpress.com/about/>

**18. Please watch our 'Help Stop Choking' song on YouTube**

<http://youtu.be/AEwDb3ZNkAc>

to help raise awareness of the risk of choking for adults with a learning disability. The video features stills from the 'Help Stop Choking' DVD which has been shortlisted in the prestigious Patient Safety and Care Awards 2014. You can also follow us on twitter #HelpStopChoking

'Help stop Choking' is an accessible DVD based on a service users experience to help increase awareness of choking, promote safe eating strategies and reduce avoidable mortality and adverse harm effects from choking. Choking has been identified by the National Patient Safety Agency as one of the leading causes of preventable death in people with learning disability. John, a service user with a

learning disability, worked in partnership with a Speech and Language Therapist to develop the DVD and other educational resources. He hopes, by sharing his story, to improve service user experience and help other people reduce their risk of choking

- 19. Managing medicines in care homes: checklist for care home medicines policy**  
<http://www.nice.org.uk/guidance/sc/SC1.jsp?domedia=1&mid=FF4E69C6-FBAC-B540-A54A862CFD759B28>

- 20. At a glance 65: Better Life for older people with high support needs: the role of social care**  
<http://www.scie.org.uk/publications/ata glance/ata glance65.asp>

**21. Rare Chromosome Disorder Support Group**

The Rare Chromosome Disorder Support Group has recently published its education guide which can be found on their website at:

[www.rarechromo.co.uk/html/FamilyGuides.asp](http://www.rarechromo.co.uk/html/FamilyGuides.asp)

It is UK centric and as there will be big changes happening in September with the new EHC plan coming into force.

- 22. Supporting people with intellectual disabilities Cochrane Library**  
<http://intellectual-disabilities.blogspot.co.uk/search/label/Cochrane>

**23. National launch of the Quality of Life standards**

Following the national launch of the Quality of Life standards yesterday by Norman Lamb, you can now find the standards, the film and the power point from yesterday on our website which is [www.changingourlives.org](http://www.changingourlives.org)

Quality of life standards – the people decide

<https://socialcare.blog.gov.uk/2014/06/12/quality-of-life-standards-the-people-decide/>

*Jayne Leeson  
Chief Executive*

[jayne@changingourlives.org](mailto:jayne@changingourlives.org)

- 24. Expanded partnership pledges greater personalisation of care services**  
<https://socialcare.blog.gov.uk/2014/06/04/expanded-partnership-pledges-greater-personalisation-of-care-services/>

**25. Patients First - Supporting Nurse-led Innovation in Practice: A Programme of Support for Clinically Based Nurse-led Teams**

Call for Applications: June 2014

<http://www.fons.org/programmes/patients-first.aspx>

- 26. Government wants all qualified social workers trained in Mental Capacity Act**  
<http://www.communitycare.co.uk/2014/06/10/government-wants-qualified-social-workers-trained-mental-capacity-act/#.U5mlHkBxeFB>

**27. Government rejects call to scrap Deprivation of Liberty Safeguards**

<http://www.communitycare.co.uk/2014/06/10/government-rejects-call-scrap-deprivation-liberty-safeguards/#.U5lcikBxeFB>



## 28. Lorna Wing - obituary

[http://www.telegraph.co.uk/news/obituaries/10886838/Lorna-Wing-obituary.html?utm\\_source=dlvr.it&utm\\_medium=twitter](http://www.telegraph.co.uk/news/obituaries/10886838/Lorna-Wing-obituary.html?utm_source=dlvr.it&utm_medium=twitter)

## 29. LD Nurse RCN member joins prestigious nursing list at Nursing Times reception

This week, Monday 9 June 2014, saw the Nursing Times, announce its inaugural Leaders list at the Haymarket Hotel, London where around 120 nursing leaders and guests attended a private reception to network and celebrate their success. At the reception it was announced that RCN member Daniel Marsden, practice development nurse, learning disabilities, from East Kent Hospitals University NHS Foundation Trust made the list.

Commentating on his inclusion in the Leaders list **Daniel Marsden** said:

*"I was honoured to be recognised in the Nursing Times Leaders list this week. To be nominated and judged by a group of peers in this way is humbling.*

*I'm proud to be one of four learning disability nurses on the list. Our field of nursing brings significant value to society ensuring community inclusion, reducing health inequalities, and facilitating person centred, safe and effective care and support for people with learning disabilities and their families."*

The nursing profession has undergone huge changes over recent decades, extending the scope of the nursing role and the complexity of practice. Its influence on healthcare policy and practice has grown to the extent that senior nurses advise government ministers and nursing numbers are seen as the key factor affecting the quality of care. None of this would have been possible without the work of some extraordinary nurse leaders.

The Leaders list celebrates their contribution and demonstrates just what nurses can achieve. It is hoped the 2014 Nursing Times Leaders will inspire other nurses to follow their example.

A list of over 200 individuals was put before the judging panel and through debate they collectively decided on those individuals who have demonstrated strength across the five key areas outlined by the NHS Leadership Academy's Healthcare Leadership Model. The five key areas are: leadership, influence, impact, role model and legacy. In total forty six individuals from all areas of nursing made the inaugural list.

## 30. SCOTLAND NHS Grampian: Job Advert for a Band 5 Learning Disability Nurses in Elmwood

Qualification: RNLD or RNM with extensive and proven experience of working with people with learning disabilities and complex needs.

Base: Fern Close Supervision Unit and Bracken Assessment & Treatment Unit, Elmwood, Aberdeen

Hours: 37.5 hours per week.

The Learning Disability Directorate is looking for a number of skilled and motivated Band 5 Nurses to work within our Specialist Learning Disability Service.

The Fern nursing Team work to achieve positive and effective health and risk management outcomes for people with learning disabilities who have come into contact with the Criminal Justice Service or have risk management needs. The Bracken Team support Assessment and Treatment for people with learning disabilities and complex needs who are experiencing acute phases of mental ill health.

Both Teams work collaboratively with multi disciplinary and multi agency colleagues and knowledge of both inpatient and community services will be of advantage to the successful applicants.

Post holders should be flexible to working across all service areas. Applicants should be a 1<sup>st</sup> level Registered Learning Disability nurse or hold a second level Registration with significant experience of supporting people with learning disabilities. Consideration will also be given to applicants from other parts of the NMC Register who have extensive and proven experience of supporting this client group. You should have good knowledge and understanding of the legislation relevant to this client group and evidence advanced communication skills. Post holders will be offered development opportunities including: flying start programme for newly qualified nurses, additional training opportunities as relevant to the practice area and management of a small staff team. The post holder will be expected to work rotational shifts across both day and night duty.

Informal inquiries to Lynn Gill, Senior Charge Nurse on 01224 557135 or Kerry Anderson, Senior Charge Nurse on 01224 557133,  
Closing date Friday 20<sup>th</sup> June 2014

### **31. NOTTINGHAM Autism, puberty and relationships conference, 9 July 2014**

For people with autism negotiating the 'minefield' of more intimate relationships can be much harder, and the support of professionals, parents and carers can be crucial. This conference, organised by The National Autistic Society, will give you tools and strategies to use at home, in the classroom or in other learning environments so that you can offer information and support, and help people with autism to make the right choices for them. As well as keynote presentations discussing inappropriate behaviour and viewing relationships from both male and female perspectives, the conference will feature interactive seminars focused on key issues such as health, puberty, awareness and identity.

We are delighted to announce that [Dr Stephen Shore](#), Assistant Professor of Special Education at Adelphi University and author of *Beyond the wall: personal experiences with autism and Asperger syndrome* will be giving a keynote presentation at our upcoming conference. Dr Shore's presentation will cover: Relationships and sexuality for people with autism: a lifespan approach to reaching a greater understanding.

Additional speakers include:

- Sarah Hendrickx, Hendrickx Associates  
as seen on BBC TV's *Horizon - Living with Autism*
- Dr Catherine Tissot, University of Reading and Institute of Education
- Zaffy Simone, Autistic Trainer, Consultant and Advocate
- Lynne Moxon, ESPA (Education and Services for People with Autism).

Book today [www.autism.org.uk/conferences/relationships2014](http://www.autism.org.uk/conferences/relationships2014)

### **32. Kent, Surrey and Sussex Workforce Event - Employers of RNLD's needed**

The final report from the ID workforce project has not yet been published; but in the meantime HEKSS have decided to move forward with some of the recommendations starting with inviting all employers of RNLD's from across Kent Surrey and Sussex to a workforce event.

I have posted a brief background and summary regarding the forthcoming Health Education Kent, Surrey & Sussex Workforce Event on the 9th of July 2014 on [www.IDHEKSS.wordpress.com](http://www.IDHEKSS.wordpress.com)

The direct link is:

<http://idhekss.wordpress.com/2014/06/10/workforce-event-employers-of-all-rnlds-needed-from-across-kent-surrey-and-sussex/>

George Matuska  
Nurse Lecturer Practitioner RNLD  
[george.matuska@huntercombe.com](mailto:george.matuska@huntercombe.com)

### **33. A FREE EXPERT EDUCATIONAL WEBCAST WITH ON DEMAND VIEWING**

Practical, Professional Steps to Identifying and Managing Adults with Learning Disabilities

Any enquires please email: [lynette@vital-healthcare.co.uk](mailto:lynette@vital-healthcare.co.uk)

I am delighted to invite you to participate in an educational webcast, where an expert panel will be discussing and reviewing Medicines Management and Best Practice Guidance in Adults with Learning Disabilities.

This webcast is available to view at your convenience, so you can log in and out when it is appropriate for you.

The webcast is highly educational and is supported by the RCGP Intellectual Disability Special Interest Group and accredited by both the RCGP and the RCN, post registration you will therefore be eligible for CPD points and study hours. All non CCG healthcare professionals do please now register.

During the webcast, you will see us addressing key areas of topical interest for GPs and Commissioning Groups such as poly pharmacy, multiple comorbidities & long term condition strategies essential in meeting QIPP targets, reduction of inappropriate referrals & inappropriate admissions, appropriate prescribing and protection of our GMC registration by looking at how best to identify and manage this vulnerable group of patients.

We will also be discussing the merits of guidelines developed by a multi-disciplinary working party originally published in October 2012 and recently updated to reflect new practice

The guidance covers:

- Diagnosis, Treatment & Management
- Medicines Administration & Medicines Patient Care Pathways
- The Mental Capacity Act
- The IHAL/RCGP Commissioning guide
- Professional Liability

As Chair for the RCGP Intellectual Disability Special Interest Group, I hope you find this to be an informative event which brings you right up to date with the issues surrounding medicines management and Best Practice Guidance in Adults with Learning Difficulties.

Invitation <http://www.ldhealthnetwork.org.uk/docs/ldweb.pdf>

Please see the attached invitation, log in and register now at:

<http://microsites.streamuk.com/rosemont/login/>

On behalf of our sponsors, Rosemont Pharmaceuticals, we look forward to you joining us on this highly educational webcast.

*Dr Jill Rasmussen,  
Chair RCGP Intellectual Disability Special Interest Group Mental Health, Dementia & LD Commissioning Lead for East Surrey CCG*

**34. FREE ONLINE COURSE Forensic psychology: witness investigation**

[https://www.futurelearn.com/courses/forensic-psychology?utm\\_source=FL\\_database&medium=crm&campaign=04\\_06\\_2014\\_FL\\_newsletter\\_list&content=forensic\\_psychology1](https://www.futurelearn.com/courses/forensic-psychology?utm_source=FL_database&medium=crm&campaign=04_06_2014_FL_newsletter_list&content=forensic_psychology1)

This course is intended for those with an interest in psychology and/or criminal investigation, and does not require any previous experience of studying either subject.

**35. Webinar for professionals who are introducing personal health budgets to people with learning disabilities**

<http://www.thinklocalactpersonal.org.uk/News/PersonalisationNewsItem/?cid=10080>

**36. Webinar for commissioners and providers offering employment support to people with learning disabilities and mental health problems**

<http://www.thinklocalactpersonal.org.uk/News/PersonalisationNewsItem/?cid=10161>

**37. An invitation to join 6Cs Live! Webinar on 20th June 2014 1.30pm**

Using the 6Cs to encourage and develop recovery-focused behaviours

- Using the 6Cs in recruitment and induction
- How to invest for performance
- How pathways can improve even high risk settings
- How to learn from feedback
- How a team can measure its success
- How to embed culture

All these themes and more will be explored in this webinar.

The team presenting this webinar will look at designing induction programmes for staff working within the Forensic Division of a secure service, ensuring that the programmes incorporated the 6Cs and supported the goal of embedding a compassionate and recovery focused approach throughout the workforce.

They will be showing how these principles can be taken and used in other health care settings.

Some users of the service who are keen to share their experiences of a move toward truly collaborative care planning and delivery will be joining the webinar.

The webinar will be led by David Grocott and Gary Riding. David Grocott RNM is a Ward Manager working in the Forensic Division of Tees, Esk and Wear Valleys (TEWV) NHSFT. Gary Riding RNLD is currently the Recovery Programme Manager, also for TEWV. Prior to taking this role, Gary was working on recovery-focused projects within the Forensic Division. Both David and Gary have many years of experience of working within secure services and recently achieved silver level certification in using the Kirkpatrick Model of Training Evaluation. They have been involved in NHS England's Investing in Behaviours work stream and David has recently been trained to deliver the Insights Discovery programme.

To register, go to: <http://www.eventbrite.co.uk/e/using-the-6cs-to-encourage-and-develop-recovery-focused-behaviours-webinar-tickets-11266439223>

New to webinars?

Are you new to webinars and not sure what to expect? It really is simple, all you need to join is access to the internet and a telephone. Upon registering you will be sent an email that contains a weblink. When it comes to the time of the event, simply click on the weblink and follow the onscreen instructions. Please note the

teleconference part of the webinar is free of charge. However, if you would like any support on webinars, please contact us at [england.sixcslive@nhs.net](mailto:england.sixcslive@nhs.net)  
6Cs Live! Team  
Don't forget! Join the 6Cs Live! online network and make your 6Cs Live! Pledge today [www.6cs.england.nhs.uk](http://www.6cs.england.nhs.uk)

**38. No greatness without goodness**

<http://www.bbc.co.uk/programmes/b0460k85>

1 hour 28 minutes in

